

Thinking On Your Feet

At a recent seminar of chief learning officers, the question was posed, “What are the critical workplace skills/competencies your organizations would be requiring of employees in the foreseeable future?”

The responses were: learning agility, adaptability, curiosity, anticipating and adapting to the future, comfort with ambiguity, resilience. All of these competencies are used regularly by people who are skilled at the art of improvisation. Improvisation is a “right brain” activity that can support a leader’s ability to craft strategy, foster teamwork and assess organizational culture.

Thinking On Your Feet is a highly interactive program in which the activities are delivered in a safe and thoughtful way to support all comfort levels in the training room. It also has a theoretical foundation in both academic research and neuroscience.

Learning Objectives:

Participants who complete this program will be better able to...

- Think faster on their feet
- Increase comfort with spontaneity, ambiguity and collaboration (right brain activities)
- Connect improvisation to the work environment

Target Audience: Leaders and emerging leaders who need to develop and hone the skills of comfort with ambiguity, creative problem solving, resilience and adaptability to change or the unexpected.

Content:

- Improvisation and improvisational theater
- Competencies improv can improve
- Physical and vocal warm-up
- Storytelling and creative narrative exercises
- Using “yes, and...” to change organizational communication
- Apply strategic agility to real-life workplace scenarios