



# Where can I buy local & seasonal fruit and veggies?

## Adams Farms

Products available:

- Brussels Sprouts

681 Maroondah Highway, Coldstream

Phone: 0419 501 528

Email: sprouty1@bigpond.com

Open 7:30am – 4:30pm, Mon to Fri, March until September.

## Benny's Berries

Products available:

- Strawberries
- A variety of seasonal fruit and vegetables
- Frozen Berries (by appointment only)

229 Cardigan Road, Mooroolbark

Phone: 0409 490 127

Email: maria.dangelo@live.com

www.bennysberries.com.au

Open 8:00am – 8:00pm, 7 days per week, October until June.

## Blue Hills Berries & Cherries

Products available:

- Cherries
- Strawberries, Raspberries, Blackberries, Blueberries, Boysenberries, Youngberries, Loganberries
- Frozen Berries

27 Parker Road, Silvan

Phone: (03) 9737 9400

Email: info@upickberries.com.au

www.upickberries.com.au

Open 9:00am – 5:00pm, 7 days per week, November until April. Phone or check website for opening times from April until October.

## Calulu Park

Products available:

- Strawberries, Raspberries, Blackberries
- A variety of seasonal fruit
- Frozen Berries

1800 Warburton Highway, Woori Yallock

Phone: (03) 5964 7450

Open 9:00am – 5:00pm, 7 days per week, November until April. Frozen berries also available May until October (phone for opening hours).

## Chappies

Products available:

- Cherries, Sour Cherries
- Raspberries, Boysenberries, Blackberries
- Persimmons (Farm Gate only)
- Frozen Berries

21-23 Parker Road, Silvan

Phone: (03) 9737 9534

Email: enquiries@upick.com.au

www.chappies.com.au

Open 8:30am – 5:00pm, 7 days per week, November until January (closed Christmas and New Year's Day).

Open 9:00am – 5:00pm, Sun to Fri, throughout May for Sweet Persimmons.

## Cherrybomb Cherries

Products available:

- Cherries

120 Wandin Creek Road, Wandin East

Phone: (03) 5964 2841; 0411 260 465;

0411 586 933

Email: enquiries@cherrybomb.net.au

www.cherrybomb.net.au

Open 9:00am - 5:00pm, Thurs to Sun, mid-November until early January.

## Cherryhill Orchards

Products available:

- Cherries

474 Queens Road, Wandin East

Phone: 1300CHERRY (1300243779)

Email: 1300cherry@cherryhill.com.au

www.cherryhill.com.au

Open 9:00am – 5:00pm, 7 days per week, November until mid-January (closed Christmas Day).

## Cobradah

Products available:

- Sour Cherries

85 Monbulk-Seville Road, Wandin East

Phone: 0419 395 420

Email: info@cobradahorchards.com.au

www.cobradahorchards.com.au

Open 10:00am – 7:00pm weekdays, 8:00am – 7:00pm weekends, 26th December until 2nd week of January.

## CountryWorld Hydroponics

Products available:

- Strawberries
- Tomatoes

268 Warburton Hwy, Wandin North

Phone: (03) 5964 3476

Open 9:30am – 5:00pm, 7 days per week, mid-October until late April (closed Christmas Day, Good Friday and sometimes other public holidays). Phone for opening times from early October and from late April until May.

## Fairview Hill

Products available:

- Raspberries, Blackberries, Blueberries
- Cherries
- Persimmons (Farm Gate only)
- Lemons (Farm Gate only)
- Frozen Berries

88 Monbulk-Seville Road, Wandin East

Phone: (03) 5964 4388; 0407 858 590

Email: fairviewhill@bigpond.com

www.fairviewhillberries.com.au

Open 7 days per week, November until February (phone for opening hours). Open by appointment March until October.

## Folly Farm Blueberry Growers

Products available:

- Blueberries

192 Falls Road, Olinda

Phone: (03) 9751 2184

Email: follyfarm@iprimus.com.au

www.upickblueberriesolinda.com.au

Open January until February, by appointment only.

## Hillbilly Estate

Products available:

- Strawberries, Blueberries
- Raspberries (Farm Gate only)
- Frozen Berries

1 Parker Road, Silvan

Phone: (03) 9737 9539

Email: hillbilly.farms@hotmail.com

www.hillbillyfarms.com.au

Open 9:00am – 4:00pm, 7 days per week, summer months. Open 9:00am – 4:00pm, Wed to Sun, all other seasons.

## Jay Berries

Products available:

- Strawberries
- Blueberries, Raspberries, Blackberries (U Pick only)
- A variety of seasonal vegetables

140 Wandin Creek Road, Wandin East

Phone: (03) 5964 4451

Email: john@jayberries.com.au

www.jayberries.com.au

Open 8:00am – 4:00pm, Sun to Fri, November until May.

## Johnson Brothers Orchards

Products available:

- Cherries
- Peaches
- Plums
- Apples

605 Beenak Road, Seville

Phone: 0409 211 819

Email: alistairjohnson@bigpond.com

Open 9:00am – 5:00pm, Sun to Thurs, mid-November until early January. Open 7:00am – 6:00pm, 7 days per week, rest of the year.

## Kookaberry Berry Farm

Products available:

- Strawberries, Raspberries, Blackberries
- Figs
- Frozen Berries

25 Lewis Road, Wandin

Phone: (03) 9737 9586; 0415 768 222

Email: natcal@iprimus.com.au

www.kookaberry.com.au

Open 9:00am – 5:00pm, 7 days per week, mid-October until mid-June (closed Christmas Day and Easter Sunday). Off season open by appointment.

## Maroondah Orchards

Products available:

- Apples, Pears, Nashi
- Peaches
- Nectarines
- Plums

715 Maroondah Hwy, Coldstream

Phone: 0428 356 090

Email: maroondahorchards@bigpond.com

Open 10:00am - 5:00pm, Sat and Sun.

## Organic Empire

A wide variety of seasonal local fruit and veggies available including Kale, Celery, Broccoli

138 Monbulk Road, Mount Evelyn

Phone: (03) 9737 9677

Email: tastesbetter@organicempire.com.au

www.organicempire.com.au

Open 10:00am – 5:00pm Mon, Thurs and Fri. Open 10:00am – 2:00pm Tue, Wed and Sat.

## Parkview Farm

Products available:

- Red Currants

25 Chapman Road, Silvan

Phone: 0402 271 687

Email: coby@parkviewfarm.com.au

www.parkviewfarm.com.au

Open 7 days per week, December only (phone for opening hours).

## Phil Chapman

Products available:

- Raspberries
- Cherries (Farm Gate only)
- Strawberries (Farm Gate only)
- Peaches (Farm Gate only)

39 Parker Road, Wandin East

Phone: (03) 5964 4303; 0419 545 796

Email: pchapman001@iinet.net.au

Open 9:00am – 5:00pm, 7 days per week, November until January (closed Christmas Day). As available, rest of the year. (Phone for opening times).

## Rayners Orchard

A wide variety of seasonal local fruit available including Stone Fruit, Citrus, Kiwi Fruit

60 Schoolhouse Road, Woori Yallock

Phone: (03) 5964 7654

Email: len@raynerstonefruit.com.au

www.raynerstonefruit.com.au

Open 9:00am – 5:00pm, 7 days per week (closed Christmas Day).

## Strawberry Springs

Products available:

- Strawberries

35 McNamaras Road, Millgrove

Phone: (03) 5966 2070

Email: strawberrysprings@bigpond.com

www.strawberrysprings.com.au

Open 10:00am – 4:30pm, Thurs to Tue, November until April.

## T & C Burgi

Products available:

- Apples
- Pears
- Apricots
- Plums

235 Victoria Road, Wandin North

Phone: (03) 5964 4304

Email: tncburgi@bigpond.net.au

Open 8:00am - 12:00pm and 1:00pm - 5:00pm, Thurs and Fri (closed Public Holidays).

## The Big Berry

Products available:

- Blueberries, Raspberries, Blackberries
- Frozen Berries

925 Gembrook Road, Hoddles Creek

Phone: (03) 5967 4413; 0409 364 990

Email: paul@thebigberry.com.au

www.thebigberry.com.au

Open 10:00am – 4:00pm, Fri to Sun, mid-November until mid-March. Off season open by appointment.

## Victorian Strawberry Fields

A wide variety of seasonal local fruit and veggies available including Tomatoes, Stone Fruit, Berries

160-162 Monbulk Road, Silvan

Phone: (03) 9737 9549

Email: berryhappy@live.com.au

www.victorianstrawberryfields.com.au

Open 9:00am – 5:00pm, 7 days per week. During winter months, closed Mon.

## Yarra Farm Fresh

A wide variety of seasonal local fruit and veggies available including Cherries, Berries, Figs

Cnr Edward and Coldstream West Road, Coldstream

Phone: (03) 9739 0049

Email: info@yarrafarmfresh.com.au

www.yarrafarmfresh.com.au

Open 9:30am – 5:00pm, 7 days per week.

## Yarra Valley Gateway Estate

A wide variety of seasonal local fruit and veggies available including Capsicums, Tomatoes, Figs

667 Maroondah Hwy, Coldstream

Phone: (03) 9739 0568

Email: info@gatewayestate.com.au

www.gatewayestate.com.au

Open 9:00am – 5:30pm, 7 days per week.



## Farm Gate

A place where you can buy directly from a farm store



## U Pick

A place where you can pick your own fruit and veggies to buy

Please phone ahead before you visit.  
Local fruit and veggies are subject to  
seasonal availability and demand.





## How can I buy seasonal?

### Seasonal Guidelines for Yarra Ranges

#### Spring

- Apples
- Apricots: Nov
- Basil
- Blackberries: Nov
- Broccoli
- Brussels Sprouts: Sep
- Cabbage: Sep - Oct
- Cherries: Nov
- Capiscums: Oct - Nov
- Celery
- Garlic: Nov
- Guava: Sept - Oct
- Fennel
- Herbs
- Kale
- Kiwi Fruit: Sep
- Lemons
- Lettuce
- Limes
- Nashi
- Nectarines: Nov
- Peaches: Nov
- Pears
- Potatoes: Sep
- Pumpkin: Sep
- Raspberries: Nov
- Silverbeet
- Spring Onions
- Strawberries: Oct - Nov
- Tomatoes: Oct - Nov

#### Summer

- Apples
- Apricots
- Basil
- Blackberries
- Blueberries
- Broccoli
- Brussels Sprouts
- Capiscums
- Celery
- Corn: March
- Eggplant
- Fennel
- Figs
- Garlic
- Guava
- Herbs
- Kale
- Lemons
- Lettuce
- Nashi
- Nectarines
- Peaches
- Pears
- Potatoes: Feb
- Plums
- Raspberries
- Red Currants
- Silverbeet
- Spring Onions
- Strawberries
- Tomatoes
- Zucchini

#### Autumn

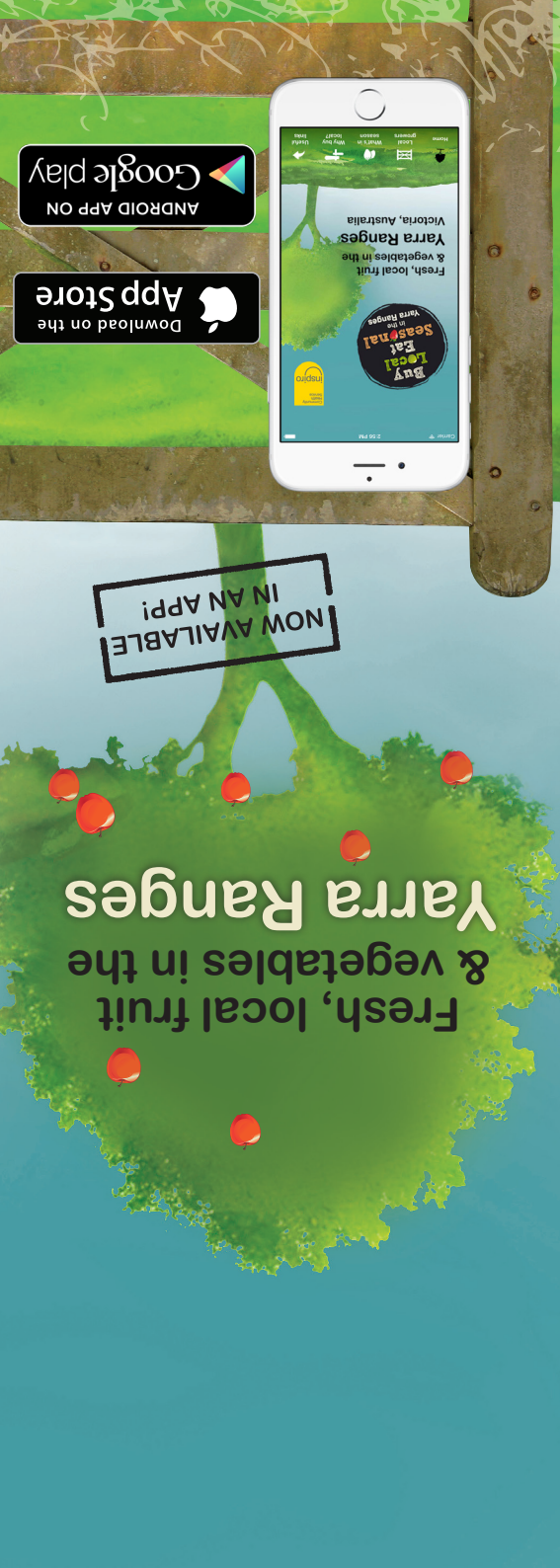
- Apples
- Apricots: March
- Basil
- Blackberries
- Blueberries
- Broccoli
- Brussels Sprouts
- Capiscums
- Celery
- Corn: March
- Eggplant
- Fennel
- Figs
- Garlic
- Guava
- Herbs
- Kale
- Lemons
- Lettuce
- Nashi
- Nectarines
- Peaches
- Pears
- Persimmons
- Plums
- Pomegranate: Apr - May
- Potatoes
- Pumpkin: Apr - May
- Raspberries
- Rhubarb
- Silverbeet
- Spring Onions
- Strawberries
- Tamarillo: May
- Tomatoes
- Zucchini: March

#### Winter

- Apples
- Broccoli
- Brussels Sprouts
- Cabbage
- Capiscum: June
- Celery
- Cucumbers: June - July
- Eggplant: June - July
- Fennel
- Herbs
- Kale
- Kiwi Fruit
- Lemons
- Lettuce
- Mushrooms
- Nashi: June
- Pears
- Persimmons
- Potatoes
- Pumpkin
- Raspberries: June
- Rhubarb
- Silverbeet
- Spring Onions
- Strawberries: June
- Tamarillo: June
- Tomatoes: June

This seasonal information is only a guide for fruit and vegetables grown in the Yarra Ranges. We recommend you phone before you visit to check the seasonal availability and stock of each product.

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- This is an emerging area. If you would like to be included in the future, please contact health.promotion@inspiro.org.au
- This content was true at time of printing; May 2015. ©



## Why buy local?

There is a variety of benefits of buying fruit and vegetables that are picked fresh, seasonal and grown near your home.

### It's good for us!

- Local fruit and vegetables are usually fresher
- They are high in vitamins and minerals that provide many health benefits
- Eating fruit and vegetables improves our immune system, helps to fight disease and maintain a healthy weight
- Buying locally increases connections between the buyer and grower

### It's good for local business!

- It supports the local grower and local economy

### It's good for the environment!

- Less transportation from the paddock to the plate reduces carbon emissions
- Locally grown can also mean less packaging

Check out the **inside POSTER page** for Farm Gate and U Pick locations where you can buy seasonal and locally grown fruit and vegetables in the Yarra Ranges.

## Opening the gates to our backyard