

Aspen Hill Club Presents:

AMERICAN HERO CLASSIC

Powerlifting Meet supporting



**Paralyzed Veterans
of America**

November 11th, 11am

Test Your Strength, Support Our Veterans

- ◆ Limited Space
- ◆ Ages 18+
- ◆ Squat, Bench, Deadlift
- ◆ Spectators Welcome!
- ◆ Mandatory Powerlifting Clinic
(included with entry fee)

\$59

1lb lifted =
\$0.05 Donated

**Volunteers
Needed**



**John Kecman, Clinic Instructor,
Guest Lifter, USAPL coach,
Competitive Powerlifter**

Sign up in the [Fitness Center](#) today!

For more information contact: Dana.Shorb@aspenhillclub.com
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