

SPREAD OUT TO STOP THE SPREAD

- **Practice social distancing at all times** and stay six feet away from your colleagues.
- **Wear a surgical mask at all times**, unless in a room alone.
- In the reception, pharmacy, lab or radiology areas, **use a physical marker**, such as an “X” on the floor, **to indicate a six-foot distance** from where the patients should wait.

Additional protective measures:

- The majority of patients are using virtual visits. **Patients will only be seen in the clinics if it is medically necessary.**
- **Ensure that signs are posted discouraging patients with respiratory symptoms from entering the clinic.**
- Front desk staff should **wear surgical masks if receiving walk-ins.**
- **Walk-ins with respiratory symptoms should immediately be given a mask** and placed in a separate room.
- **Frequently disinfect areas that patients and staff have contact with**, including door handles, tablets, keyboards, exam beds, multi-use devices, desk and cell phones etc.
- **Practice hand hygiene often**; COVID-19 is destroyed by proper hand hygiene.
- **Avoid touching your face**, especially your mouth and mucous membranes.
- **Cover your cough.**
- **ALL direct patient care must be conducted wearing an N95 mask.**
- **Do not touch the inside of masks**; reuse until visibly soiled or structural integrity lost.
- COVID-19 testing is only conducted at designated sites, with staff in full PPE —**the best practice is drive-through, the only mechanism for testing at VM Houston locations.**
- Team member temperatures are taken daily upon arrival to work, and **anyone with a fever 100.0 degrees or greater will be sent home.**