

# Coronavirus COVID-19

BC Centre for Disease Control | BC Ministry of Health



COVID-19: Guidance for Essential Workers Returning to BC

April 10, 2020

## Federal Quarantine Act Order for Returning Travellers

On March 25, 2020, in response to the COVID-19 pandemic, the federal government announced an [Emergency Order under the Quarantine Act](#) that requires **everyone who enters Canada to self-isolate for 14 days upon their arrival**. This includes travel by land, air, and sea, and applies whether people have symptoms of COVID-19 or not.

**This Order does NOT apply to** people who are listed in Appendix A of this document, who have been identified by the federal government and Canada's Chief Public Health Officer as essential workers and that are coming into Canada **solely for the purpose of** providing an essential service.

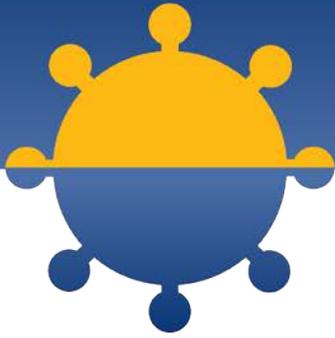
## Provincial Health Officer Order for Returning Travellers

As of March 12, 2020, people who return from travelling outside of Canada have been ordered by the Provincial Health Officer to self-isolate for 14 days. On April 10, 2020, the Provincial Health Officer updated this Order under BC's *Public Health Act* to add additional conditions for people returning to British Columbia.

This Order requires everyone who enters into British Columbia through the Vancouver International Airport or through a Canada/U.S. border crossing to provide the following information to a provincial information and support officer, if present at a point of entry, before they self-isolate at home, in a hotel, or other setting:

- Name, date of birth, and travel details including the country you arrived from
- Whether you or people travelling with you have symptoms of COVID-19
- Your plan for self-isolation
- If a provincial information and support officer is not at your border crossing, or you are told you are not required to immediately provide this information, you must provide your plan for self-isolation through [completing the online form at: www.gov.bc.ca/returningtravellers](http://www.gov.bc.ca/returningtravellers).





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Providing people are asymptomatic, those who are self-isolating may leave their home, hotel, or place of isolation **for the following reasons and conditions only:**

- To obtain medication and groceries if it is not possible for these items to be delivered;
- To attend critical appointments if they cannot be held electronically, informing the person you are meeting of your self-isolation status and ensuring you maintain a two-metre distance; and
- That you carry a mask or tissues at all time and if you develop symptoms while out, you put on the mask or cover your nose and mouth with tissues and return immediately and call 8-1-1.

## Returning Travellers who are Essential Workers

**For people who are “essential workers”, the provincial Orders applies slightly differently.**

Broadly, essential workers are people who provide services that are needed to preserve life, health, public safety, and the basic function of society (see Appendix B for a list of these services in British Columbia). For this provincial Order, essential workers are people who are identified individually by their organization to be critical in delivering these services. This means **not every single person who works for an organization that provides essential services is an essential worker.**

**If your employer deems you are an essential worker, and you are returning to BC from outside of Canada, and you are not sick, you are considered an exempted person from these federal and provincial Orders. You must adhere to the following:**

**At home, a hotel, or other place where you can self-isolate:**

- Self-isolate when you are not working
- Monitor yourself daily for symptoms of illness, such as a new fever, cough, sore throat, or gastrointestinal issues using [this form](#)
- If you develop symptoms, use the [BC COVID-19 Self-Assessment Tool](#) to determine if you need further assessment or testing for COVID-19; and
- Stay home if you are sick; if your illness is mild enough to treat at home, stay home for 10 days starting with the day your symptoms started.
- Family members who have travelled with you are required to self-isolate for 14 days.

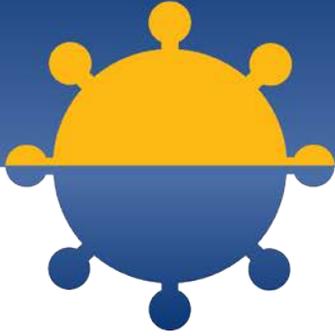


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**If you have fever, a new cough, or are having difficulty breathing, call 8-1-1.**



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## At work:

- Follow the infection prevention and control protocols of your employer to prevent the spread of COVID-19;
- Wash your hands frequently and avoid touching your face;
- Try to maintain a two-metre distance from customers and fellow workers as much as possible (do not shake hands or congregate in lunch rooms on breaks, for example); and
- If you become ill, call 8-1-1 or your health care provider and self isolate for 14 days unless instructed otherwise by your health care provider.
- Call 811 or your health care provider if you have come in contact with anyone who has tested positive for COVID-19 and who is self-isolating as instructed to do so by a health professional.

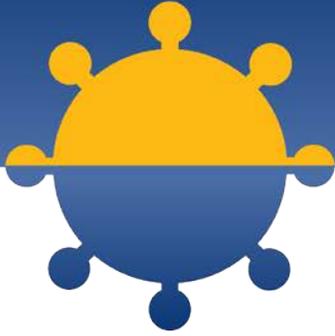
## Between your self-isolation location and work:

- Avoid unnecessary visits to public establishments except for basic needs (e.g., groceries, medications) – ask friends or family who have not recently travelled outside of Canada to help you get these items when possible;
- Maintain a 2-metre distance between yourself and others;
- You may be asked by public health officials to take medical tests to identify and control the transmission of COVID-19; and
- If you become ill, go home and start to self-isolate for 14 days; call 8-1-1 or your health care provider to receive further guidance.

## Organizations that provide essential services must establish protocols that:

- Prevent the risk of transmission of infection to co-workers by a worker with a history of travel outside Canada;
- Provide for a rapid response if a worker develops symptoms of illness while at work;
- Maintain high levels of workplace and worker hygiene.





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## Appendix A: List of People who are Exempt from the Provincial Health Officer “Travellers and Employers Order” of April 10, 2020

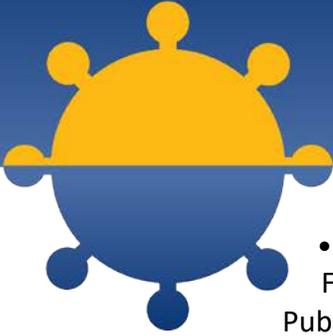
Per Dr. Theresa Tam, Chief Public Health Officer:

- Persons making necessary medical deliveries during or within a reasonable period of time the duration of the Order in Council Minimizing the Risk of Exposure to COVID-19 Coronavirus Disease in Canada Order (Mandatory Isolation) or within reasonable time after that, of cells, blood and blood products, tissues, organs, or other similar lifesaving human body parts, that are required for patient care in Canada;
- Asymptomatic persons in the trade and transportation sector who are important for the movement of goods and people, including truck drivers and crew on any plane, train or marine vessel, and that cross the border while performing their duties or for the purpose of performing their duties;
- Asymptomatic persons who have to cross the border regularly to go to work, including in the health care sector or critical infrastructure workers for the purpose of performing their duties; and
- Asymptomatic persons who have to cross the border to provide essential services, including emergency responders and personnel providing essential services to Canadians related to the COVID-19 outbreak.

And, per the *Quarantine Act Minimizing the Risk of Exposure to COVID-19 in Canada Order (Mandatory Isolation)* section 3(a) to (i):

- **(a)** a *crew member* as defined in subsection 101.01(1) of the *Canadian Aviation Regulations* or a person who enters Canada only to become such as crew member;
- **(b)** a *member of a crew* as defined in subsection 3(1) of the *Immigration and Refugee Protection Regulations* or a person who enters Canada only to become such as crew member;
- **(c)** a person who enters Canada at the invitation of the Minister of Health for the purpose of assisting in the COVID-19 response;
- **(d)** a member of the *Canadian Forces* or a *visiting force* as defined in section 2 of the *Visiting Forces Act*;
- **(e)** a person or any person in a class of persons who, in the opinion of the Chief Public Health Officer will provide an essential service while in Canada;





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- **(f)** a person whose presence in Canada, in the opinion of the Minister of Foreign Affairs, the Minister of Citizenship and Immigration or the Minister of Public Safety and Emergency Preparedness, is in the national interest;
- **(g)** a person permitted to work in Canada as a provider of emergency services under paragraph 186(t) of the *Immigration and Refugee Protection Regulations*;
- **(h)** a person who enters Canada for the purpose of providing medical care or transporting essential medical equipment, supplies, or means of treatment; or
- **(i)** a person who enters Canada for the purpose of receiving essential medical services or treatments, other than services or treatments related to COVID-19.

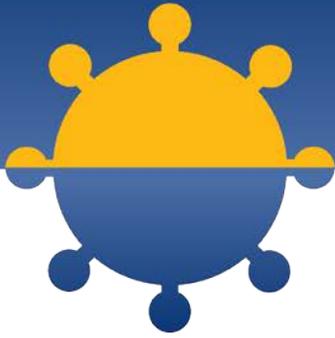


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## Appendix B: List of Essential Services / Workers in British Columbia April 10, 2020

### Health and health services

#### Direct-to-public health services

- All health-care services, including acute care (hospitals), secondary/long-term care, coroners' services, health-care providers working within and outside an acute care setting and other health services, including public health, detox facilities, safe-injection sites, COVID-19 testing, clinical research supporting the COVID-19 response, blood/plasma donation services and emergency pre-hospitalization services;
- Paramedics; and
- Other health services and caregivers (e.g., physicians, dentists, psychiatrists, psychologists, mid-level practitioners, nurses and assistants, infection-control and quality-assurance personnel, pharmacists, physical and occupational therapists and assistants, social workers, mental-health and substance-use workers, including peer support workers, speech pathologists, diagnostic and therapeutic technicians and technologists, counsellors, chiropractors, naturopaths, dentists, crisis centres, outreach workers, overdose and harm-reduction services, and meal programs.

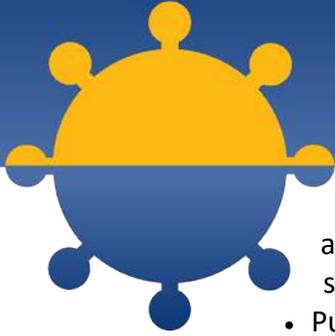
### Health service providers

- Pharmaceutical production, medical laboratories/research, medical testing, pharmacies, medical supply and equipment manufacturers, wholesale, distribution and stores, and analytical testing labs related to testing of finished product for pathogens and contaminants;
- Safety supply (e.g., work clothes, personal protective equipment, medical/pharmaceutical/laboratory supplies, etc.) stores, manufacturers, technicians, logistics and warehouse operators;
- Medical wholesale and distribution; and
- Health plans, billing and health information.

### Law enforcement, public safety, first responders, emergency response personnel

- First responders, including police, fire and those services providing for public safety, including commercial vehicle safety enforcement, corrections and detainment facilities, park rangers, security and protective services, court services, bylaw enforcement, as well





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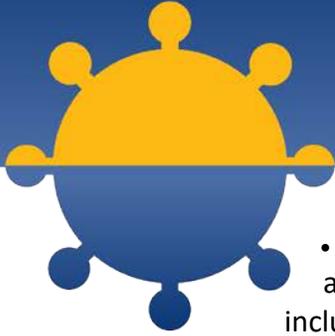


- as communications/dispatching support for first responders and volunteers, such as search-and-rescue and public-safety lifeline volunteers;
- Public-sector workers for peace, order and good government, and employees of contracted service providers in these fields, including maintenance of technical infrastructure to support this work and compliance with health and public-safety orders;
  - Businesses that provide support to police and correctional services;
  - operations and services in support of the Canadian Armed Forces and Canada Border Services Agency;
  - Emergency management personnel at local, regional and provincial levels;
  - Businesses that ensure global continuity of supply of aggregates to support critical infrastructure repairs and emergency response requirements (e.g., sandbags, armour stone barriers, etc.); and
  - Equipment and uniform suppliers for first responders.

## Vulnerable population service providers

- Businesses and non-profits that provide food, shelter, social and support services, and other necessities of life for economically disadvantaged or otherwise vulnerable individuals, such as:
  - food banks, community kitchens, and voluntary and community service providers;
  - residential health facilities, mental-health, substance-use and addictions services;
  - transitional, social and supportive housing, and single-room occupancy housing;
- Community services and outreach for immigrants, refugees, vulnerable populations and non-market housing, including businesses that sell, rent or repair assistive/mobility/medical devices, aids and/or supplies;
- Care for seniors, adults, children or individuals with disabilities;
- Child care services for those persons providing essential services;
- Caregivers for children in care and out of care;
- elder and disability care, including disabled service support for people with physical and cognitive disabilities;
- Residential care for individuals with mental health and substance use challenges, including licensed and registered treatment and recovery facilities;
- Government and non-profit service delivery staff who provide access to income supports for people in need of food and shelter;
- Residential and care facilities and shelters for seniors, adults, children and people with disabilities;
- Overdose prevention sites, clinical overdose prevention services or medical marijuana provision; and





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- Businesses that sell, rent or repair assistive/mobility/medical devices, aids and/or supplies, or other products/services that support the health sector, including mental-health and addictions/counselling supports.

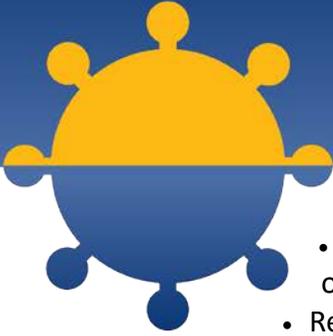
## Critical infrastructure service providers

- Infrastructure, drilling and production, refineries, processing, completion facilities, utilities, transportation, transmission, stations and storage facilities critical in supporting daily essential electricity needs, drinking water, waste water, electricity (including associated infrastructure), steam, alternative energy production, waste and hazardous management, industrial recycling, oil and natural and propane gas, fuel and other fuel sources, such as heating oil and wood pellets, as well as operating staff;
- Manufacturing of goods necessary for the continued and immediate operation of other essential infrastructure and businesses;
- Gas stations, diesel, propane and heating fuel providers including providers of motor vehicle, aircraft and water/marine fuels, and providers of charging stations for electric vehicles; and
- Operations and employees needed to operate and maintain drinking water and wastewater/drainage infrastructure, including:
  - operational staff at water authorities;
  - operational staff at community water systems;
  - operational staff at wastewater treatment facilities;
  - workers repairing water and wastewater conveyances and performing required sampling or monitoring;
  - operational staff for water distribution and testing;
  - operational staff at wastewater collection facilities;
  - operational staff and technical support for supervisory control and data-acquisition control systems;
  - chemical disinfectant suppliers for wastewater and personnel protection; and
  - workers who maintain digital systems infrastructure supporting water and wastewater operations.

## Food and agriculture service providers

- Food cultivation, including farming, livestock, aquaculture and fishing, and businesses that support the food supply chain, as well as community gardens and subsistence agriculture;
- Food processing, manufacturing, storage and distribution of foods, feed products and beverages;
- Workers essential to maintaining or repairing equipment in food processing and distribution centres;





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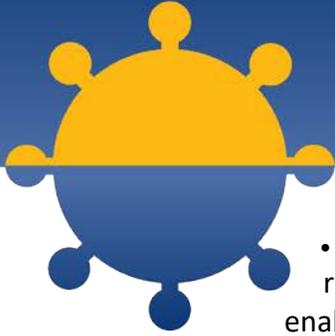


- Workers, including temporary foreign workers, to support agricultural operations to enhance food security;
- Retail: grocery stores, convenience stores, farmers markets and other establishments engaged in the retail sale or provision of food, pet or livestock supply, liquor, cannabis (including producers), and any other household consumer products, such as cleaning and personal care products.
  - includes stores that sell groceries and also sell other non-grocery products, and products necessary to maintaining the safety, sanitation and essential daily operation of residences. such as home supply, hardware, building material stores, pawn brokers, and garden centres and nurseries;
- Farming supply, including seed, fertilizer, pesticides, farm-machinery sales and maintenance;
  
- Inspection services and associated regulatory and government workforce and supporting businesses required for slaughter of animals, dairy production and food safety; and
- Businesses that provide for the health and welfare of animals, including veterinarians, farms, boarding kennels, stables, animal shelters, zoos, aquariums, research facilities and other service providers.

## Transportation, infrastructure and manufacturing

- Supply chain services needed to supply goods for societal functioning, including cooling, storing, packaging, transportation, warehousing and distribution;
- Workers who support the maintenance and operation of cargo transportation services, including crews, maintenance, operations and other facilities workers;
- Manufacturers and distributors (to include service centres and related operations) of packaging materials, pallets, crates, containers and other supplies needed to support manufacturing, packaging staging and distribution operations;
- Truck drivers who haul hazardous and waste materials to support critical infrastructure, capabilities, functions, and municipal and provincial services;
- Local, regional, and provincial delivery services, including but not limited to businesses that ship or deliver groceries, food, goods or services directly to business and residences and mailing and shipping services;
- Services to support and enable transportation, including highway, road, bridge maintenance and repair;





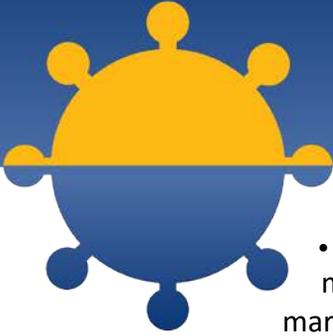
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- Employees who repair, maintain and overhaul vehicles, aircraft and parts, rail equipment, marine vessels, and the equipment and infrastructure that enables operations that encompass movement of cargo and passengers, as well as vehicle rentals and leasing;
- Services that facilitate the transportation of essential supplies, personnel and services, including port/waterfront operations, road, air and rail operations;
- Facilities supporting interprovincial and intra-provincial delivery of goods, including truck scales, commercial vehicle inspection stations, brokerages, truck towing and repair services, commercial cardlock fuel providers, truck and rest stops;
- Government-owned or leased buildings;
- Businesses that supply other essential businesses and people working from home with the support or supplies necessary to operate;
- Private transportation services, such as taxis, ride-hailing, helicopter, aircraft and marine vessels;
- Public transportation services under rules for physical distancing or other recommendations from the PHO;
- Workers supporting the chemical and industrial gas supply chains, including workers at chemical manufacturing plants, workers in laboratories, workers at distribution facilities, workers who
- Transport basic raw chemical materials to the producers of industrial and consumer goods and support the natural resource sector, as well as workers supporting safety at such facilities;
- Provision of public services that support the safe operation of regulated businesses and the provision of public services that support those businesses to meet other regulatory requirements;
- Workers who support the operation, inspection, and maintenance of essential public works facilities and operations;
- Workers who support the inspection and maintenance for ongoing safety at industrial facilities;
- Inspectors who ensure worksites are safe and health for workers, and who investigate serious workplace accidents;
- Workers who process and manage claims made by injured workers, including services related to their care and treatment, as well as the provision of workers' compensation benefits;
- Hotels and places of accommodation;
- Activities of the consuls general and staff who support the work of the consuls general;
- Landlords of buildings where the consulates are located and those who must guarantee access to consular offices as well as the operation of the consular offices;
- Storage for essential businesses;





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- Businesses that provide materials and services for the operation, maintenance and safety of transportation systems (road, transit, rail, air and marine) including delivery of maintenance services, such as clearing snow, response to collisions and completing needed repairs to transportation systems;
- Businesses that extract, manufacture, process and distribute goods, products, equipment and materials, including businesses that manufacture inputs to other manufacturers (e.g., primary metal/steel, blow moulding, component manufacturers, chemicals, etc., that feed the end-product manufacturer);
- Vegetation management crews and traffic workers who support environmental remediation/monitoring and who respond to environmental emergencies;
- Businesses providing staffing services, including temporary labour services; and
- Businesses that support the safe operations of residences, essential businesses and facilities/buildings.

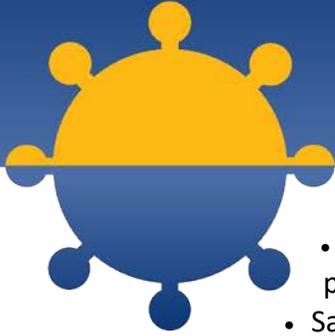
## Sanitation

- Cleaning services necessary to provide and maintain disinfection;
- Manufacturing of sanitary products, household paper products, chemicals, microelectronics/semi-conductor, including companies able to retrofit their production facilities to produce goods/services that can be used to address critical shortages of sanitary and protective goods;
- Businesses that support environmental management/monitoring and spill cleanup and response, including environmental consulting firms, professional engineers and geoscientists, septic haulers,
- Well drillers, pesticides applicators and exterminators, management of industrial sewage/effluent (e.g., for mining operations) and environmental laboratories; and
- Waste (garbage and organics) and recycling collection, processing and disposal.

## Communications, information sharing and information technology (IT)

- Workers maintaining IT and communications infrastructure for medical facilities, governments facilities, emergency response and command agencies, energy and utilities, banks and financial institutions, employees working from home, and other critical infrastructure categories and personnel, including managing information and cyber-security incidents;
- Newspapers, television, radio, online news outlets and other media services;





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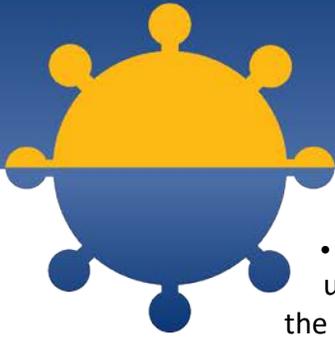


- IT, radio, cable providers and telecommunications services, including phone, internet, wireless communications and data centres; and
- Satellite operations, undersea cable landing stations, internet exchange points, and manufacturers and distributors of communications equipment.

## Non-health essential service providers

- Feed, water, bedding, veterinary care, veterinary supply, transport and processing services for livestock, animal shelters and pets;
- Coroners and workers performing mortuary services, including funeral homes, crematoriums and cemeteries, as well as workers supporting the appropriate handling, identification, storage, transportation and certification of human remains;
- Banks and their branches, credit unions and related financial institutions, as well as workers who support security and technical operations supporting financial institutions;
- Capital markets, including the British Columbia securities commission, self-regulatory organizations, exchanges, clearing agencies and investment-fund dealers, advisers and managers;
- Services related to bankruptcy/credit restructuring and non-bank sources of capital, cheque-cashing outlets, money sending and money remittance services, currency exchange services, pawn brokers;
- Accounting, payroll, translation services, legal services and insurance providers; insurance assessment and adjudication providers;
- Plumbers, electricians, elevator maintenance providers, exterminators, property management services, custodial/janitorial workers, cleaning services, fire safety and sprinkler systems, building systems maintenance and repair technicians, engineers, mechanics, smelters and other service providers who provide services that are necessary to maintaining the safety, sanitation and daily essential operation of residences and commercial buildings;
- Educational institutions — including public and private k-12 schools, and public post-secondary institutions — for purposes of facilitating remote learning or performing essential functions, including services that are needed to ensure the safety, security, welfare, integrity and health of the community, property and research and certain operational and contractual activities, if operating under rules for physical distancing or other recommendations from the PHO;
- In relation to research universities, services including covid-19-related research, residential housing and food services for students on campus, building operations and risk management, animal care services, health services for students, it including data security and infrastructure, finance/payroll/administration/hr/communications and child care for essential university staff;
- Laundromats, dry cleaners and laundry service providers;





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- Restaurants and other facilities that prepare and serve food, if operating under rules for social and physical distancing or other recommendations from the PHO;
- Towing services and other vehicle repair/maintenance operations;
- Schools and other entities that provide free food services to students or members of the public, if operating under rules for physical distancing or other recommendations from the PHO;
- Construction work, in accordance with PHO direction, construction firms, skilled trades and professionals, and construction and light industrial machinery and equipment rental;
- Businesses that ensure global continuity of supply of primary and value-added forestry/silviculture products (e.g., lumber, pulp, paper, wood fuel, etc.) Including soft-pulp products, such as protective masks, gowns, drapes, screens and other hospital supplies, as well as household paper products;
- Postal services, including both public and private mailing, shipping, logistics, courier, delivery services and post office boxes;
- Research services supporting essential sectors, including medical/clinical research and industrial research;
- All government (local, regional, provincial) functions or services;
- Businesses and non-profits that provide support services to citizens and businesses on behalf of government – these include but are not limited to: income assistance and disability assistance, pensions, residential tenancy, BC Services Card, drivers' licensing, affordable child care benefit, Medical Services Plan, forest-worker support programs, notary, commissioner, affidavits, pesticide exams, invigilation for essential trades, 1 888 covid19, verify by video, and helpdesk for BCEID;
- Weather forecasters;
- Businesses that ensure global continuity of supply of mining materials and products (e.g., metals such as copper, nickel and gold) and that support supply chains including
  - Mining operations, production and processing;
  - Mineral exploration and development; and
  - Mining supply and services that support supply chains in the mining industry including maintenance of operations, health and safety;
- Workers at operations centres necessary to maintain other essential functions;
- Professional services, including lawyers and paralegals, engineers, accountants, translators;
- Land registration services and real estate agent services;
- Building code enforcement, inspection of buildings, building sites and building systems by building officials and registered professionals (architects and engineers);
- Public washrooms and hygiene facilities (toilets, handwash stations, showers) for unsheltered persons; and
- Parks and green space for public health and sheltering (for people experiencing homelessness).

