# 5 Tips To Create a Strong Password 

Never use the same password twice


## 15+ Characters

We recommend using a minimum of 15 characters and a combination of letters, numbers and symbols to help strengthen your password.


## Avoid using your pets name

Using your pet's name "Coco" followed by your year of birth is not a great combo. Cyber criminals can hack accounts with simple passwords in a matter of minutes.


## Use a password manager

If remembering your password feels like an impossible task, we recommend that you use a password manager to help you manage your complex passwords.


## Don't use the same password twice

Even if it's a strong password, using the same password across multiple accounts is a rookie mistake. If a hacker gains access to one account, they'll then have access to your other accounts that use the same password.

## Enable 2FA (and MFA!)

Two factor authentication (2FA) is a much needed layer of protection for all of your logins. We recommend that you enable 2FA on all of your accounts to help keep your data secure.

We always recommend a multi-layered approach including multi-layered cyber security support, disaster recovery solutions and user education.

## For more advice on cyber security visit:

