

# VALENTINE'S DAY PLAY DOUGH

## RECIPE

### YOU NEED:

1 CUP FLOUR	1 CUP WATER
1/2 CUP SALT	FOOD COLORING
1T CREAM OF TARTAR	GLITTER (OPTIONAL)
1T OIL	ESSENTIAL OIL (OPTIONAL)

### MAKE THE DOUGH:

1. MIX THE FLOUR, SALT, AND CREAM OF TARTAR IN A SMALL POT.
2. MEASURE THE CUP OF WATER IN A MEASURING CUP, ADD A FEW DROPS OF FOOD COLORING, THEN ADD THE OIL.
3. PUT THE POT ON THE STOVE OVER LOW HEAT AND MIX IN THE WATER MIXTURE.
4. WHEN THE DOUGH STARTS TO FORM A BALL, TAKE IT OFF THE HEAT, MAKING SURE IT'S MIXED WELL.
5. LET THE DOUGH COOL WHILE YOU COVER A WORKSPACE WITH PARCHMENT PAPER, WAX PAPER, OR ALUMINUM FOIL - JUST IN CASE SOME OF THE FOOD COLORING ISN'T FULLY INCORPORATED.
6. WHEN THE DOUGH IS COOL ENOUGH TO TOUCH (REMEMBER THE MIDDLE MIGHT BE WARMER THAN THE OUTSIDE!), KNEAD IT ON YOUR COVERED WORKSPACE AND ADD GLITTER (A TABLESPOON AT A TIME) AND ESSENTIAL OIL (1 DROP AT A TIME), IF YOU'D LIKE.

TO MAKE INTO VALENTINES, DIVIDE THE DOUGH INTO EQUAL BALLS AND PLACE IN SMALL JARS OR AIR TIGHT CONTAINERS. PRINT THE CIRCLES AT THE RIGHT TO USE AS TAGS.

YOU'RE  
DOUGH-LIGHTFUL!  
HAPPY VALENTINE'S DAY

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