



# Backstage: Injury Prevention and Management

[www.neurotour.com](http://www.neurotour.com)

## WHO ARE WE?

NEURO TOUR Physical Therapy is a unique team of elite practitioners specializing in performing arts and entertainment medicine. Our clients include national and international theatrical productions, concerts, and films. NEURO TOUR has provided backstage and onsite services for hundreds of productions since 1999. Our intensive in-house training program sets practitioners apart and prepares them for the unique demands of performing arts medicine. It is our goal to keep performers and artists happy, healthy, and on stage.

## FAQ

Q: How much does the course cost?

A: \$650. This includes the course and online access to all course materials and supplemental videos.

Q: How Many CEUs will I receive?

A: This course is accredited by the PTAG for 1.6 CEUs or 16 hours

Q: What should I wear?

A: Due to hands-on labs, shorts, and a tank top or loose fitting shirt are recommended.

## INSTRUCTORS

Carolyn Lawson, PT, FOC, ART-cert  
Owner and President of Neurosport Physical Therapy and NEURO TOUR Physical Therapy

Leah Cozzo, PT, MPT, OCS, ART-cert  
Vice President of Operations of Neurosport Physical Therapy and NEURO TOUR Physical Therapy

Laura Baeumel, PT, DPT, ATC, DN-cert, ART-cert  
Director of Education NEURO TOUR Physical Therapy

Cecilee Fleming, PT, DPT, DN-cert  
Fellowship Training Instructor NEURO TOUR Physical Therapy

## COURSE DESCRIPTION

This course will introduce you to the world of backstage injury prevention and management of theatrical shows, concerts, and films. Hands on labs will comprise of manual therapy skills, dance movement analysis, and specialized taping techniques. Lectures will include education on common dance injuries, the unique demands of entertainment and performing arts medicine, dance/backstage terminology, and how to efficiently manage backstage treatments.

## COURSE OBJECTIVES

Lecture and interactive labs on:

- Common Injuries
- Backstage Terminology
- Advanced Manual Therapy Skills
- Specialized Taping Techniques for
- Performing Artists
- Functional Evaluations
- Live Movement Analysis of Theatrical
- Performers

## WHO SHOULD ATTEND?

Any licensed physical therapist or certified athletic trainer with a passion for performing arts and a willingness to learn new techniques aimed at enhancing the performance of professional artists.

Practitioners interested in or currently working with NEURO TOUR Physical Therapy covering local theatrical productions.

## COURSE SCHEDULE

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### Day 1:

7:30-8:00 am: Registration/Pre-test

8:00- 9:15 am: Intro & Performing Arts Lecture

9:15-11:00 am: Movement Analysis & Biomechanical Faults Lab

11:00am-12:00pm: LUNCH

12:00-2:00 pm: Hand & Body Mechanics Lecture & Lab

2:00-5:30pm: Soft Tissue Lecture & Treatment Labs

5:30-6:00pm: Round Robin / Review

### Day 2:

7:45-8:00am: Sign-in

8:00-9:30 am: Soft Tissue Treatment Labs

9:30am-12:30pm: Taping Lecture & Labs

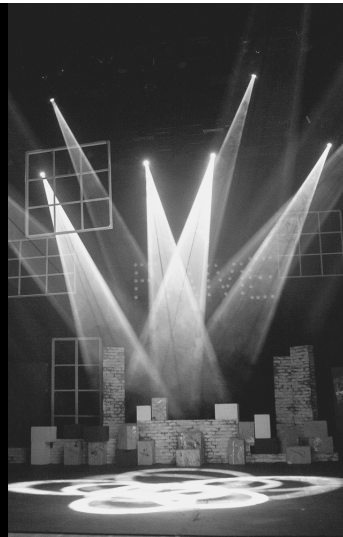
12:30-1:30pm: LUNCH

1:30-2:15pm: Taping Labs

2:15-3:15pm: Backstage Logistics Lecture

3:15-4:15: Round Robin / Review

4:15-5:00pm: Discussion & Post-test



## COURSE LOCATIONS

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June 1 - 2, 2019

Atlanta, GA

July 13 - 14, 2019

Chicago, IL

August 10 - 11, 2019

San Francisco, CA

September 21 - 22, 2019

Washington, D.C.

October 19 - 20, 2019

Boston, MA

November 9 - 10, 2019

Los Angeles, CA

December 14 - 15, 2019

Houston, TX

## Ready to Register?

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### EMAIL

[register@neurotour.com](mailto:register@neurotour.com)

### NUMBER

(470)275-5015

### TWITTER / FACEBOOK / INSTAGRAM

@neurotour\_pt

[www.neurotour.com](http://www.neurotour.com)