

14 Sex Statistics That Will Make You Feel Totally Normal

Think you're an outlier when it comes to sex? You're probably far more normal than you think. Here are some statistics about sex that will probably make you feel better.

1. The average age for first sexual experience hovered around 17 for a long time, but the newest generation is waiting longer to have sex as 18 or 19 is more common now. [\[Source\]](#)
2. More than 1 million sexually transmitted infections (STIs) are acquired every day worldwide. The majority of STIs have no symptoms or only mild symptoms that may not be recognized as an STI. [\[Source\]](#)
3. 6% of people struggle with sex addiction. It can be a debilitating condition. [\[Source\]](#)
4. Generally, men are happier with one-night stands than women. 80% of men say they felt positive about their one-nighter. Only 54% of women feel the same. [\[Source\]](#)
5. Men think about sex almost twice as much as women. In a study where people were instructed to track how much they think about sex, men topped out at 2.3 times per hour. [\[Source\]](#)
6. If you haven't had sex in a while, you certainly aren't alone -- 56.9% of single men ages 18 to 24 haven't had sex in the last year. [\[Source\]](#)
7. 60% of men have masturbated in the last month, but only 38% of women have taken care of their own business. [\[Source\]](#)
8. Men orgasm 85% of the time during sex, regardless of sexuality. Heterosexual women orgasm 62% of the time. Lesbian women orgasm 75% of the time. Bisexual women only orgasm 58% of the time. [\[Source\]](#)
9. 10% of men and women can experience self-induced "coregasms" during exercise (particularly abdominal exercises). [\[Source\]](#)
10. The average length of a penis is 13.1 centimeters long when erect and 9 centimeters flaccid. [\[Source\]](#)

11. Typical sex lasts 3 to 13 minutes. But that's not because we get tired. Most people just don't want to have sex longer than that. [\[Source\]](#)

12. ED isn't an old man's issue as 25% of men who seek care for erectile dysfunction are under the age of 40. [\[Source\]](#)

13. Sex isn't pain-free. 30% of women and 7% of men report some pain during vaginal sex. During anal sex, however, 72% of women and 15% of men report pain. [\[Source\]](#)

14. 10% of men between the ages of 40 and 70 suffer from severe or complete erectile dysfunction. By age 40, 22% of men deal with moderate or complete ED. By age 70, nearly half of men struggle with ED. [\[Source\]](#)