## Self-Sufficiency Service Coordination – Exercise 9 Reflective Listening Page 4-14

The instructor just doesn't like me. I need to get out of that class.

My dad is so sick. My mother seems like she's not able to make any decisions about anything.

He doesn't want me to go anywhere. I have to be home when he comes home or he gets mad.

I don't like him. He just stands there and talks and talks. I think he talks just to hear himself.

How do I feel? How would you feel if you were stuck in jail for days and nobody bailed you out?

Those people in there are impossible. I'm about ready to go out of my mind.

I was never any good at taking tests. Even in school. If I don't pass, I won't get the promotion.

My boss just doesn't understand the situation. He won't even listen to me.

Students at this school are treated like second-class citizens; like we aren't important at all.

I used to like to work here, but now, I just dread it.

I have to work, this is the best job I ever had. But I'm not sure how much more I can take!

If things were just decided it'd be OK. It's the indecision that makes things so hard to bear.

They can't make me do it. The requirements are too rigid. I don't really care if I make it or not.