

OPKO Health **4Kscore®**

A DIAGNOSTIC BLOOD TEST FOR DETECTING THE RISK OF
AGGRESSIVE PROSTATE CANCER



Prostate Biopsy Decision Clarified...

**BETTER INFORMATION LEADS TO
CONFIDENT DECISIONS**

1 in 9 men will be diagnosed with prostate cancer in their lifetime.¹

Know your risk...

You have received an abnormal PSA or DRE result...what's next?

There is a blood test to identify your risk for aggressive prostate cancer...

4Kscore[®]

PROSTATE CANCER: INDOLENT VS. AGGRESSIVE

Prostate cancer is one of the most common cancers and a leading cause of cancer death in men. Many prostate cancer cells stay within the prostate gland and never spread. These are called indolent or slow growing prostate cancers. However, there are aggressive, fast growing cancer cells that spread to other parts of the body. This is why early detection and accurate diagnosis of prostate cancer is critical for optimal management of the disease.

SCREENING AND DIAGNOSIS OF PROSTATE CANCER

Prostate cancer screening is recommended for men age 45 and older. Your doctor will perform a Prostate Specific Antigen (PSA) blood test and/or a digital rectal exam (DRE) to screen for signs of prostate cancer.

However, abnormal PSA or DRE tests cannot inform a presence of prostate cancer. A prostate biopsy is the standard for the diagnosis of prostate cancer.

A large, multi-center US trial recently found that the majority of prostate biopsy results are either negative for cancer or the slow growing type of prostate cancer.²

WHAT IS THE 4KSCORE TEST?

The 4Kscore Test is a simple blood test which has been shown to improve the accuracy of finding aggressive prostate cancer in multiple clinical studies in more than 15,000 men.

The test result is a risk score of finding the aggressive type of prostate cancer should you and your doctor decide to go forward with a prostate biopsy.



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HOW MUCH DOES A 4KSCORE TEST COST?

Coverage for all laboratory tests depends on your particular insurance company. For those who do not have insurance, or who choose to pay out-of-pocket, the 4Kscore Test is offered at an affordable price.

For more information, please contact the 4Kscore Customer Service Hotline.

**4KSCORE CUSTOMER
SERVICE HOTLINE**

855-4KBILLING

855-452-4554

WWW.4KSCORE.COM





Please consult with your physician to find out if the 4Kscore Test could benefit you.

The result of the 4Kscore Test is an indication of your relative risk of finding aggressive prostate cancer should an invasive prostate biopsy be performed.

The 4Kscore Test is not advised if you:

- Have been previously diagnosed with prostate cancer
- Have a digital rectal exam (DRE) performed in the 96 hours before a scheduled blood draw
- Are taking 5-alpha reductase inhibitor medication within previous 6 months
- Have intervention procedure of the prostate within the last 6 months

NOTE: Biotin supplementation (>5 mg/day) may cause interference with assays that are components of the 4Kscore Test and may lead to a falsely lower result. Please abstain from taking biotin supplements for 7-10 days prior to having your blood drawn.

Additional information about prostate cancer is available through the following organizations:

National Comprehensive Cancer Network
www.nccn.org/patients/guidelines/prostate

National Cancer Institute
www.cancer.gov/types/prostate

Prostate Cancer Foundation
www.pcf.org

*Talk to your physician today to find out
if the **4Kscore Test** is right for you.*

For more information about the benefits
of the 4Kscore Test please visit

➔ **WWW.4KSCORE.COM**

REFERENCES

1. American Cancer Society. <https://www.cancer.org/cancer/prostate-cancer/about/key-statistics.html>
2. Parekh et al. A multi-institutional prospective trial in the USA confirms that the 4Kscore accurately identifies men with high-grade prostate cancer. *Eur Urol.* 2015;68(3):464-470.

OPKO Health, Inc.

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Your doctor should ensure that the 4Kscore Test is
reasonable and medically necessary for you.