

FINANCIAL WELLNESS IN THE WORKPLACE

5X Greater: Employees ranked financial problems as their biggest stressor, five times greater than health problems¹



Are Your Employees Financially Fit?

Employees bring a myriad of personal concerns to work, and financial troubles rank at the top of the list.

▶ **Personal Finances: A Major Driver of Employee Engagement**

Employees who are not distracted by financial worries are more focused at work; employees stressing over money are less engaged at work.

▶ Financial stress also impacts physical and emotional health, leading to serious conditions such as high blood pressure, depression, and even heart disease.

1-4 Hours: Amount of time employees spend stressing over financial troubles while at work²



of employees would like their employer to provide some financial education³



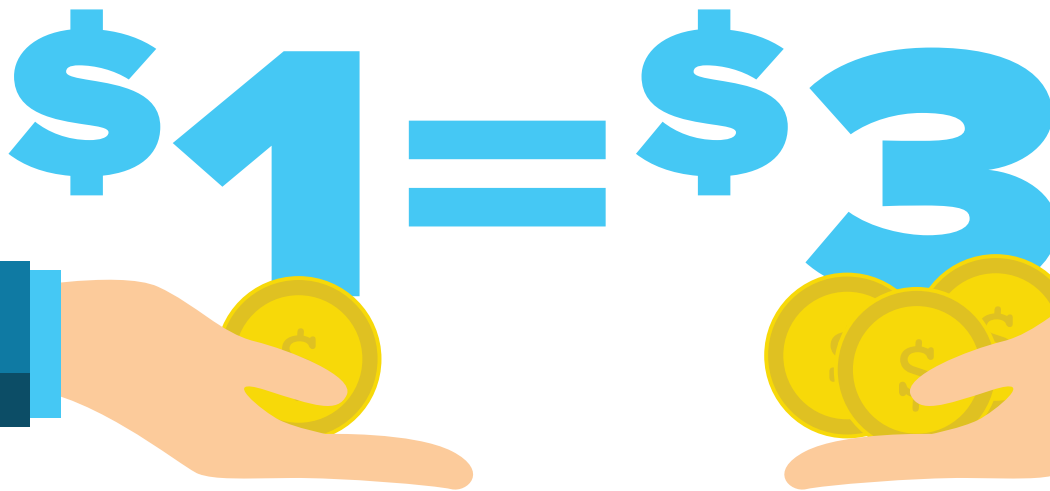
of the nearly 128 million U.S. workers have trouble managing their money and consistently saving for retirement⁴

Viverae Can Help Employees Become Financially Fit

Viverae® has added a financial wellness solution to its total population health management offerings. This new, comprehensive resource provides your members 24/7 access to financial guidance, education, and assessment tools.

Financial Wellness Improves Your Bottom Line

Financial wellness can be a smart investment. Productivity increases while employees improve their financial well-being, and companies net a potential 3:1 ROI.



For every \$1 spent on financial wellness, employers cite a \$3 payback⁵

Help Your Employees Take Charge of Their Financial Health

Financial stress is not the problem—it's the symptom of a bigger issue. Viverae's financial wellness connects members to education and responsible solutions for financial emergencies.

Contact your CRM or sales representative to request a demo.

Sources: 1. National Institute of Personal Finance Employee Education; 2. Forbes; 3. MetLife; 4. National Institute of Personal Finance Employee Education; 5. Consumer Financial Protection Bureau

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