

EAST HAM LEISURE CENTRE

VENUE HIRE

East Ham Leisure Centre is located nearby to East Ham Library and the Town Hall, provides state-of-the-art fitness equipment, professional level swimming pools and exciting activity areas. East Ham is easily accessible by road, the underground network and bus.

SWIMMING POOL

East Ham has a large 6 lane 25m swimming pool, as well as a smaller teaching pool. East Ham also has a rock area and water slides, for those looking to introduce some fun into their swimming session.



STUDIO

The Studio at East Ham is a fantastic venue for a range of activities including group exercise. The outstanding sound system enhances any studio activity, and male/female coaches can be hired to conduct group sessions within the studio.

SPIN STUDIO

The Spin Studio at East Ham Leisure Centre houses a large volume of the start of the art Life Fitness spin bikes. This can be hired with an instructor, or can be hired for a virtual class. Virtual classes are a new trend in the fitness industry and are perfect for those who want to work out on-demand.



SPORTS HALL

The East Ham Leisure Centre Sports Hall houses up to four badminton courts with multi-sports markings on the floor. This allows a range of activities to take place, from badminton to basketball. The sports hall is also a fantastic venue for small events.

KITCHEN AND SERVERY

East Ham has access to a fantastic Kitchen and Servery area that is used frequently by the Food Academy to conduct cooking classes. This would be the perfect venue to conduct cookery classes of your own!

CHANGING FACILITIES AVAILABLE

For information on prices and availability, please email: Timothy.Stack@activeNewham.org.uk