



AgeCare Glenmore Recreation Update

The need to stay active, intellectually stimulated and socially connected never ends – even during these unprecedented times. Our recreation team is working hard to create engaging activities to enrich the mind, body and spirit, while ensuring residents can maintain appropriate physical distancing.

To keep you informed, we will provide a weekly recreation update with highlights of the week.

Resident Safety During Activities

AgeCare has in place extensive precautions to prevent the spread of the COVID-19, including exceeding precautions prescribed by Alberta Health Services and Alberta Health.

Staff continue to practice exceptional hand hygiene before and after each resident interaction, and are using extreme diligence in enhanced cleaning and disinfecting procedures. Staff are also wearing Personal Protective Equipment (PPE) in accordance with the guidance of Alberta Health Services and the Chief Medical Officer of Health and taking the appropriate hygiene measures.

Highlights of the Week

Commemorating Senior's Week

Even though we could not have our usual celebratory party to commemorate Senior's Week we still wanted to take some time to recognize our residents. This week we presented our "Super Active Seniors" who have been so active in programs in the past with certificates. We also presented certificates to residents who are active members of our Resident and Family Council to thank them for their contributions and commitment to the council.

Thank you to all of our resident's for your contributions to the community here at AgeCare Glenmore! We appreciate you all year round!



Father's Day

The antique car show was held this week on Monday afternoon. Thank goodness the weather was cooperative. Our residents were able to go outside to our front parking lot one at a time to take in the cars and hear banjo music that was being played by our volunteer Gerry, who previously was playing for us on Fridays.

The men in our building were also presented with a small gift of appreciation to honour Father's Day this week.



Walkabouts in the Gardens

With continued beautiful weather we have been able to take residents outside to enjoy our beautiful courtyard gardens. Residents in our building have been enjoying spending time out in the sunshine and fresh air. We have continued to assist residents to go outside into the gardens whenever possible so they can take in all the beautiful flowers that have been planted and benefit from being outside.



Staying Connected With Your Loved One

Keep your eye out for our weekly updates. In the meantime, you can also check out our Facebook page [@AgeCare](https://www.facebook.com/agecare/) (<https://www.facebook.com/agecare/>).

AgeCare Glenmore offers limited outdoor in-person and virtual visit sessions per week for residents and family to choose from. Contact our Recreation Therapist Chris Bannatyne at 403-640-8741 to sign-up for a session with your loved one.

For instructions on how to use technology for our virtual visits, [click here](#).