



## AgeCare Orchard Manor Recreation Update

The need to stay active, intellectually stimulated and socially connected never ends – even during these unprecedented times. Our recreation team is working hard to create engaging activities to enrich the mind, body and spirit, while ensuring residents can maintain appropriate physical distancing.

To keep you informed, we will provide a weekly recreation update with highlights of the week.

### Resident Safety During Activities

AgeCare has in place extensive precautions to prevent the spread of the COVID-19, including exceeding precautions prescribed by Alberta Health Services and Alberta Health.

Staff continue to practice exceptional hand hygiene before and after each resident interaction, and are using extreme diligence in enhanced cleaning and disinfecting procedures. Staff are also wearing Personal Protective Equipment (PPE) in accordance with the guidance of Alberta Health Services and the Chief Medical Officer of Health and taking the appropriate hygiene measures.



## Highlights of the Week

### Direct Energy Outdoor Concert

After the success of our concert on Senior's Week, we were thrilled to have another outdoor concert on Monday June 15. This was sponsored by Direct Energy, and residents loved watching and listening to Tim Hus and his 3-piece band perform. It was a beautiful day, and the volunteers at Direct Energy also provided some ice cream snacks to enjoy.



### Outdoor Visits

Our residents continue to enjoy seeing family and getting outside. Janet and Carrie in Recreation have been working hard to navigate the new territory of booking and facilitating visits. Our team is very thankful for the understand family members and residents as we go through this new process together.

Please remember that masks must be worn throughout the visit by both staff and residents, so drinks and snacks are not permitted. If visitors wish to bring treats for the residents to enjoy after their visit, our team would be glad to deliver items up to their room.





### **Using Technology to Connect with Loved Ones**

We have been busy connecting residents with their loved ones via Facebook Messenger, FaceTime, Google Duo and Skype. Both residents and family have expressed their enjoyment of connecting virtually during this challenging time. To schedule a time to connect with your loved one, contact Carrie Dain in our recreation department, at 403-362-6188.



### **Staying Connected With Your Loved One**

Keep your eye out for our weekly updates. In the meantime, you can also check out our Facebook page [@AgeCareOrchardManor](https://www.facebook.com/agecareorchardmanor/) (<https://www.facebook.com/agecareorchardmanor/>).

AgeCare Orchard Manor offers 36 outdoor in-person and virtual visit sessions per week for residents and family to choose from. Contact our recreation department at [omrecreation@agecare.ca](mailto:omrecreation@agecare.ca) or 403-362-6188 to sign-up for a session with your loved one.

For instructions on how to use technology for our virtual visits, [click here](#).