

MARISTONE



OF PROVIDENCE

ASSISTED LIVING & MEMORY CARE



 *Vitality*
Living
Be You • Be Vibrant • Belong





www.myvitalityliving.com

MARISTONE OF PROVIDENCE

BE YOU . BE VIBRANT . BELONG.



www.maristoneofprovidence.com



WELCOME TO MARISTONE OF PROVIDENCE

Thank you for considering Maristone of Providence. Managed by Vitality Living, one of the most trusted and respected name in senior living, Maristone of Providence prides itself as a community of respect, excellence and caring. Our mission is to create vibrant communities where residents, families and team members can be themselves, live purposefully and experience a profound sense of belonging. Our vision is to create vibrant communities where residents thrive, families engage, and team members are proud to work.

Most important is building relationships and learning more about our prospects, families and residents so we can truly personalize customer experiences – from the moment you inquire and throughout your entire time as a resident.

We recognize that navigating through the myriad of senior housing and care options can be overwhelming. The experienced Maristone of Providence team is here to help you with the process. Oftentimes, families find themselves having to make urgent decisions regarding care of a loved one due to illness or emergency. This can be stressful, and many people simply don't know what to do or where to start. Others are planners and begin gathering information well in advance of making a decision. It's our intention to be a resource at every stage of the process.

We recognize that the decision to select assisted living can be difficult for some, however waiting until a crisis occurs makes the decision even more complicated and traumatic. Planning can make all the difference and we commend you for starting the journey.

The Maristone of Providence team is prepared and experienced in helping you identify the best option for you or your loved one based on your unique needs. Our difference is in the relationships we build with customers, residents, staff, families and people in our local community. We want Maristone of Providence to be your resource. We want to hear what you have to say. We want to listen.

We are thrilled to be part of the greater Mt. Juliet community. We are often in the community doing outreach, lending a hand to non-profit organizations and building relationships with businesses and civic representatives. Our goal is to help make life better for the older adults and their families in the greater Mt. Juliet area.

We're excited to be conveniently located in western Wilson County, directly off I-40, just 18 miles east of Nashville and close to the Summit Medical Center.

Please contact us at any time with your questions and to schedule an individualized appointment to discuss your senior living needs. Whether you choose Maristone of Providence or not, we hope we can serve as a helpful resource in this important decision-making process.

We look forward to meeting you!

The Maristone of Providence Team





ABOUT OUR OPERATING PARTNER **VITALITY LIVING**

Maristone of Providence is proud to be managed by Vitality Living, a premier provider of retirement living, assisted living and memory care.

Our mission is to create vibrant communities where residents, families and team members can be themselves, live purposefully and experience a profound sense of belonging. Our vision is to create vibrant communities where residents thrive, families engage, and team members are proud to work.

Vitality Living is a team of seasoned retirement living professionals passionate about creating vibrant communities for older adults, regardless of physical or cognitive challenges. Our goals are to eliminate labels that reinforce stereotypes of aging, to empower choice, and to create environments where all residents feel comfortable and are successful.

Vitality's leadership firmly believes that the industry must evolve and change to more capably meet the wants, tastes and demands of the older adults of the future. Every team member is inspired to reimagine the experience of older adults living in a community setting. We challenge every perception, advocate for choice, and reject the status quo.

Vitality Living looks to build a footprint through collaborative relationships with ownership groups seeking an experienced and innovative operating partner. We will continue to build an exceptional brand through management relationships with like-minded owners while acquiring and developing communities that fit the collective vision. Being an owner as well as a management partner gives Vitality a unique perspective focused on doing what is right for our business, our partners, and our customers.

Our corporate headquarters is in Brentwood, Tennessee. We know the greater Nashville area well which allows greater support for Maristone of Providence.

We look forward to serving you and your family.

A BEAUTIFUL LOCATION **MT. JULIET, TENNESSEE**

For those who prefer to live east of Nashville, Maristone of Providence offers the ideal choice in assisted living and memory care. Located in the charming town of Mt. Juliet, the community is conveniently located in western Wilson County, directly off I-40, just 18 miles east of Nashville.

Mt. Juliet, a city known for the finest southern hospitality, is tucked between two beautiful lakes and features fun activities, spectacular scenic views and endearing culture. Less than a mile from the popular Providence Marketplace, residents take advantage of excellent shopping, dining and entertainment attractions found less than a two-minute ride away. There are over 65 businesses at Providence Marketplace, plus a movie theater and 17 dining options to choose from, as well as family-friendly events throughout the year.

In addition, fishing and boating are accessible options with nearby Percy Priest and Old Hickory Lake. Maristone of Providence is also convenient to Summit Medical Center. In less than 20 minutes, residents can reach everything Music City has to offer, from award winning cuisine and live music to Titans football games, Predators hockey, Sounds baseball and much more.

Mount Juliet and Maristone of Providence are far beyond anything you had imagined.

SERVICES AND AMENITIES THAT ENGAGE MIND, BODY AND SPIRIT

From the thoughtfully-planned community amenities to the overall focus on exceptional service, Maristone of Providence residents can count on everything they need to live life to the fullest.

LIFESTYLE AND HEALTH SERVICES

Health and wellness means having a balanced life rich in vitality and well-being. Research shows that how people age is not only a matter of genetics, but also how they live their life. To assist our residents in achieving a healthier and happier lifestyle, Maristone of Providence incorporates wellness programming that provides a focus on their lifestyle and health services.

SPIRITUAL

well-being gives meaning to life and helps inspire a sense of peace, confidence and security.

VOCATIONAL

pursuits such as sharing and volunteering help maintain a sense of identity and purpose.

HEALTH SERVICES

offer a means to proactive care, independence and peace of mind.

INTELLECTUAL

idea sharing and general education activities lead to proven health benefits.

EMOTIONAL WELLNESS

is all about maintaining a positive relationship with oneself and others.

ENVIRONMENTAL CONSCIOUSNESS

comes with appreciating and caring for our physical surroundings.

PHYSICAL LIFESTYLE

choices such as eating smart and remaining active can improve health as we age.

SOCIAL WELLNESS

includes positive interaction with people and other living things.

EXCEEDING EXPECTATIONS

We work hard to exceed expectations with outstanding service, exceptional care and a full array of amenities that make living the Maristone of Providence lifestyle an everyday treat.

OUR SERVICES AND AMENITIES INCLUDE:

- » Personal care assistance as assessed and needed
- » 24-hour emergency pendant
- » Weekly housekeeping
- » Laundry services
- » Wellness and activity programs
- » Medication assistance as assessed and needed
- » Fine casual dining
- » Complimentary Wi-Fi access
- » Scheduled transportation

social wellness





MARISTONE OF PROVIDENCE LEVELS OF CARE

CARE THAT'S JUST RIGHT FOR EACH RESIDENT

Maristone of Providence assisted living residents enjoy the advantages of a lovely private residence, plus all the daily comforts and exceptional care afforded them with the monthly rates. We also offer three levels of care to meet the needs of each individual, so that our residents don't have to pay for services that aren't necessary.

LEVEL ONE

Includes all Base Rate Services and Amenities, plus:

- » Coordination/communication with outside health providers
- » Verbal reminders for bathing, dressing and grooming
- » Routine night check (once per night)
- » Assistance with menu selections
- » Daily bed making
- » Assistance setting appointments
- » Coordination of diagnostic testing
- » Occasional prompts/direction when needed
- » Assistance with independent use of equipment

LEVEL TWO

Includes all Base Rate Services, Amenities and Level One Care, plus:

- » Personal assistance with bathing up to three times per week
- » Personal assistance with hair and personal needs every morning
- » Personal assistance with dressing every morning

LEVEL THREE

Includes all Base Rate Services, Amenities and Level One and Two Care, plus:

- » Personal assistance with bathing more than three times per week
- » Personal assistance with grooming every morning and evening
- » Personal assistance with dressing every morning and evening
- » Personal escort to meals and activities
- » Personal assistance with transfers (as allowed by State of Tennessee)
- » Personal assistance with dining

Vitality

community

THE MARISTONE OF PROVIDENCE APPROACH TO ASSISTED LIVING

Assisted living at Maristone of Providence was carefully designed with all of the comforts seniors today have come to expect. Our residents receive the quality care and supportive services that allow them to live life to its fullest.

EXCEPTIONAL COMMUNITY

We believe that Maristone of Providence's assisted living community should offer residents the personal privacy and neighborhood amenities they have enjoyed all their lives in their own homes. That's why our community combines a choice of spacious private studio, one-bedroom and two-bedroom residences with all the amenities that make day-to-day life more enjoyable. Maristone of Providence's assisted living community helps residents feel at home from the moment they arrive.

PERSON-FOCUSED CARE

Maristone of Providence offers respectful assistance with the necessities of daily life, like bathing and dressing, as well as medication reminders. However, the care extends beyond the basics. Our professional and caring staff is dedicated not only to meeting each resident's needs, but also understanding their desire for a life rich with meaningful and purposeful experiences.

- » Well-being services provided by licensed professionals offering reliable care and true peace of mind.
- » Around-the-clock trained associates ensure each resident's health and safety needs are met.
- » Caring, respectful professionals help maintain dignity while assisting with the activities of daily living.

EXCEPTIONAL SERVICE

Life is never boring at Maristone of Providence. You'll get respectful assistance, if needed, with personal appearance, bathing, dressing, and taking medications, but what makes Maristone special is all the fun you'll have here!

In addition to supportive services like housekeeping and complementary scheduled transportation, you'll enjoy chef-prepared meals and a full calendar of life enrichment programs, events, and outings.

ASSISTED LIVING SERVICES AND AMENITIES INCLUDE

- » Private studio, one-bedroom or two-bedroom apartment
- » Weekly housekeeping services
- » Weekly flat linen and personal laundering
- » General apartment maintenance
- » All utilities except telephone and cable
- » Access to trained caregiving staff 24 hours a day
- » Three delicious meals daily with a choice of dining options
- » Scheduled local transportation (within a defined radius of travel)
- » Access to customized levels of care with medication assistance based on needs
- » Robust engagement programming that promotes vital brain, vital body, vital life.
- » 24-hour emergency call system

person-focused

THE MARISTONE OF PROVIDENCE APPROACH TO MEMORY CARE

Memory Care at Maristone offers people with Alzheimer's and other forms of dementia the care, respect, dignity and quality of life they deserve. Our highly trained memory care team members provide your loved one with the individualized attention they deserve through a person-centered, engagement-focused approach to vital living, regardless of the degree of cognitive impairment.

Our secured memory support community provides specialized programming and a structured daily routine designed to maximize each resident's potential and support individual interests and hobbies. Families will find peace of mind by knowing that their family members are well taken care of and enjoying life.

MEMORY CARE SERVICES AND AMENITIES INCLUDE

- » Private studio or semi-private companion studio
- » Team members available 24-hours-a-day to meet each resident's health, safety and convenience needs, including: Assistance with activities of daily living, such as medication management, personal care, dressing, bathing, etc.
- » Daily activity programming that meets the unique physical, social and spiritual need of our residents.
- » Three nutritious meals, freshly prepared daily
- » Snack and beverage service always available
- » Ongoing monitoring well-being
- » Scheduled outings and other special events
- » Housekeeping and linen service
- » Personal laundry service, one load per week
- » General apartment maintenance
- » All utilities except telephone and cable
- » Scheduled local transportation (within a defined radius of travel)

BE YOU . BE VIBRANT . BELONG.





MANAGED BY



www.myvitalityliving.com

ASSISTED LIVING RATES

Studio.....	\$3,805
<i>Square footage 350</i>	
Studio Deluxe.....	\$4,255
<i>Square footage 410</i>	
One Bedroom.....	\$4,515
<i>Square footage 575</i>	
One Bedroom Deluxe.....	\$4,900
<i>Square footage 610</i>	
Two Bedroom.....	\$5,125
<i>Square footage 610</i>	

LEVELS OF CARE

Medication Assistance Level One.....	\$390
Medication Assistance Level Two.....	\$490
Medication Assistance Level Three.....	\$590
Level One.....	\$490
Level Two.....	\$740
Level Three.....	\$950
Level Four.....	\$1,160

ADDITIONAL FEES

One-Time Community Fee.....	\$1,500
Second Resident Fee.....	\$690
Non-Preferred Pharmacy.....	\$350
Vital Solutions Level One.....	\$70
Vital Solutions Level Two.....	\$155
Vital Solutions Level Three.....	\$195
Enhanced Services Level One.....	\$250
Enhanced Services Level Two.....	\$500
Cable Fee.....	\$30
Telephone Fee.....	\$47
One-Time Pet Fee.....	\$500



ASSISTED LIVING • MEMORY CARE

140 Providence Trail • Mount Juliet, TN 37122 • 615-758-1237 • www.myvitalityliving.com



Updated on 09/13/2022. Rates subject to change.

© Vitality Living

MEMORY CARE RATES

Companion.....	\$4,585
Private.....	\$6,190

LEVELS OF CARE

Level One.....	Included
Level Two.....	\$975

ADDITIONAL FEES

One-Time Community Fee.....	\$1,500
Non-Preferred Pharmacy.....	\$350
Vital Solutions Level One.....	\$70
Vital Solutions Level Two.....	\$155
Vital Solutions Level Three.....	\$195
Enhanced Services Level One.....	\$250
Enhanced Services Level Two.....	\$500
Cable Fee.....	\$30
Telephone Fee.....	\$47



ASSISTED LIVING • MEMORY CARE

140 Providence Trail • Mount Juliet, TN 37122 • 615-758-1237 • www.myvitalityliving.com



Updated on 09/13/2022. Rates subject to change.

© Vitality Living



MARISTONE

OF PROVIDENCE
ASSISTED LIVING & MEMORY CARE

 *Vitality*
Living
Be You • Be Vibrant • Belong

MARISTONE OF PROVIDENCE, 140 PROVIDENCE TRAIL. MT JULIET, TN. 37122 | PHONE: 615-475-7509

www.maristoneofprovidence.com | www.myvitalityliving.com