



REIMAGINING SENIOR LIVING

Vitality Living is a team of seasoned retirement living professionals passionate about creating vibrant communities for older adults, regardless of physical or cognitive challenges. Our goals are to eliminate labels that reinforce stereotypes of aging, to empower choice, and to create environments where all residents are successful.

Vitality's leadership firmly believes that the industry must evolve and change to more capably meet the wants, tastes and demands of the older adults of the future. Every team member is inspired to reimagine the experience of older adults living in a community setting. We challenge every perception, advocate for choice, and reject the status quo.

Vitality Living looks to build a footprint through collaborative relationships with ownership groups seeking an experienced and innovative operating partner. We will continue to build an exceptional brand through management relationships with like-minded owners while acquiring and developing communities that fit the collective vision. Being an owner as well as a management partner gives Vitality a unique perspective focused on doing what is right for our business, our partners, and our customers.





FIND YOUR VITALITY

NEW EXPERIENCES. NEW KNOWLEDGE. NEW FREEDOM.

Now is the time to pursue them all. Whether you want to devote more time to reading, take a trip abroad, or try yoga for the first time, a world of opportunity awaits.

LIFE

On any given day, you'll find residents chatting it up in the gardens, taking trips to local cultural centers, or learning a new language.

It's your home, so how you spend your days is up to you. We've got plenty of new ideas if you need them, though. Life here is an ongoing partnership between family, residents, and our community team, thus ensuring you have everything you need to pursue creativity, celebrate experiences, and advance your independence. Additionally, we integrate technology into our communities to provide residents with the best healthcare, security, and communication.

ENERGY

Energy comes from more than just exercise. Our communities provide the services and spaces you need to feel your best every day. Beyond traditional healthcare and fitness offerings, you'll discover new ways to strengthen your body and rejuvenate your mind.

Community spaces are designed to encourage both planned and spontaneous interactions, creating an energized environment.

Of course, keeping your body in tip-top shape is important, too.

You have access to professionals who can help you create personalized exercise routines and nutrition plans. Creating fitness goals and developing healthy habits are an integral part of our healthcare services.

PURPOSE

Our communities are designed to help you focus your time and energy on what's really important to you. For many, people are the most important thing. You'll find it's easy to maintain and strengthen existing relationships with family and friends, while fostering new connections.





SERVICES & AMENITIES



INSPIRING SURROUNDINGS

Encounter planned and spontaneous meetings with friends and family outside on walking paths and by the barbecue, or inside among cozy communal areas.



HEALTH AND WELL-BEING

Invigorate your mind, body, and soul with well-being experiences, including spa services and meditation and wellness plans created to personalize your experience.



24 HOUR ON SITE LICENSED NURSING

Licensed nurses are available daily on every shift onsite at the community to provide for your care needs around the clock



COGNITIVE SUPPORT

Maintain your brain fitness with continuing education, including learning a new language, attending a lecture series, or joining a discussion group.



FITNESS PROGRAMS

Increase strength, flexibility, and circulation with everything from low-impact aerobics exercises and flexibility classes to dance lessons and tai chi.



CREATIVE EXPRESSION

Let your creativity loose in art classes, feel the beat in music programs, join a book club, or cook something new in a culinary program.



GIVE BACK

Volunteer and participate in community service events in the local area.



DINING EXPERIENCES

Nourish your heart, mind, and soul with chef-prepared meals in a variety of dining areas, each offering seasonal ingredients and delicious, nutritious menus.



SOCIAL ENGAGEMENTS

Stay connected to family, friends, and the community team with ongoing and seasonally inspired events.