



Catholic Central Activity Guide

Episode 22: Marriage

Diving Deeper

- ▶ Kai and Libby recognize that living out marriage as a covenant is hard. What are the benefits to it? Why do you think the Church has the requirements it does?
- ▶ What are the qualities that you think someone should look for in a lifelong partner? Do you embody those qualities? Are there things you know you can work on in order to better be able to love and serve others?
- ▶ Kai and Libby mention that marriage is not the kind of thing you can hack. Think of a marriage that you admire. What about it makes it admirable? Are there things that stand out as being signs of Christ's love?

Go Forth

- ▶ Make a list of the qualities that an ideal marriage would have. Can you find examples in the Bible of God showing each of those qualities?
- ▶ Talk to a couple that has been married for over 10 years. Ask them what they've learned. What worked? What didn't?



Resources

- ▶ [Resources on marriage from the USCCB](#)
- ▶ [What is your love language?](#)
- ▶ [36 resources for Catholic dating and marriage](#)

