



Catholic Central Activity Guide

Episode 19: Pentecost

Diving Deeper

- Tongues of fire, a voice from the heavens or a dove. Which image resonates with you? Take some time to ponder the Holy Spirit. Remember that the Holy Spirit is one of the Three Persons of the Trinity. When you ponder the Holy Spirit, you are pondering God.
- Do you know the gifts of the Holy Spirit? The gifts of Holy Spirit are wisdom understanding, knowledge, piety, fortitude and fear of the Lord. Which of these gifts is something that you want to grow in today? Pray to the Holy Spirit for an increase of that gift.
- In the episode, we learn that the Holy Spirit makes us bold. Where can you stand up and be bolder in your life? Is there something you feel God has been calling you to speak up about?

Go Forth

- At Pentecost, the disciples were given the courage to evangelize. Is sharing your faith easy or hard for you? Are there ways you can share your faith in your daily life?
- The Holy Spirit helps us with communication. Are there ways you can be a better listener? Can you be more careful with your words?



Resources

- [10 Ways to Open Up to the Holy Spirit](#)
- [More on the Holy Spirit](#)
- [Sheet music for praise songs](#)

