



Catholic Central Activity Guide

Episode 24: What's Catholic?

Diving Deeper

- ▶ In the episode Libby says that when Jesus walked the Earth he taught about love, forgiveness, and the value of human lives. Can you name some examples of people that live these out today?
- ▶ Kai quotes author G.K. Chesterton, who said "Catholic doctrine and discipline may be walls; but they are the walls of a playground." Do you agree with this? Which Church teachings are hard for you? Why?
- ▶ Kai and Libby mention that Catholics were the first to open hospitals and universities, and even promote science and discovery. What do you think motivated them to do this? How do these things express the faith?

Go Forth

- ▶ Make a list of ways that you can put love into action this week.
- ▶ Seek out something that reveals the beauty of God to you. What is so striking about it? What senses does it engage? In what way does it bring you in touch with the divine?



Resources

- ▶ [Father Mike Schmitz on why be Catholic](#)
- ▶ [Bishop Barron on three reasons to be Catholic](#)
- ▶ [Brandon Vogt on the Church's contribution to Western civilization](#)

