



# Catholic Central Activity Guide

## Episode 47: First 5 Books of the Bible

### Diving Deeper

- ▶ Have you ever read the first five books of the Bible? If not, what is preventing you from picking these books up?
- ▶ Kai and Libby recalled the story of Abraham's almost-sacrifice of his beloved son Isaac. Have there been times in your life where you have had to make sacrifices for your relationship with God?
- ▶ Kai and Libby also mentioned the story of the Exodus and how God parted the Red Sea for His people when it seemed like all hope was lost. Reflect on the story of your own life, have there been times when God made a way when you hadn't seen a way out of a difficult situation?

### Go Forth

- ▶ The Church intentionally pairs the Old Testament reading with the Gospel reading for every Sunday Mass, and many of these Old Testament readings come from the Pentateuch. Because Catholics read the whole Bible in the context of Jesus, the Gospel gives new meaning to the Old Testament and vice versa. Look ahead to the upcoming Sunday's readings for Mass. Why do you think the Church paired the First Reading with the Gospel? Discuss the themes the Church is trying to highlight by putting those readings together.
- ▶ Some of the greatest stories in the Bible are in the Pentateuch, but so are some of the most difficult and confusing. Pick up a Catholic study Bible and choose a story to read with "Jesus goggles" on to think about how the Pentateuch relates to the whole of salvation history.



### Resources

- ▶ ["Walking with God: A Journey through the Bible" book by Tim Gray and Jeff](#)
- ▶ [The Bible Project's video series that walks through every book of the Torah](#)
- ▶ ["Do Catholics Follow All Those Weird Old Testament Laws?" video by Fr. Mike](#)

