



Catholic Central Activity Guide

Episode 27: Who Is Jesus?

Diving Deeper

- ▶ Do you have a favorite image of Jesus? What draws you to that particular image?
- ▶ Have you ever struggled with connecting with Jesus? What do you think held you back?
- ▶ Is it hard for you to think of Jesus as being both fully human and fully divine? Have you heard any analogies or images that make it easier to wrap your mind around that concept?

Go Forth

- ▶ Practice Lectio Divina with John 1:1-18. How do you do Lectio Divina? Glad you asked! Lectio (reading), Meditatio (meditation), Oratio (prayer), and Contemplatio (contemplation). As a result of the encounter with God in Scripture, we are also called to Actio (action). Is there anything you feel like God is calling you to do?
- ▶ Look for paintings or icons that depict Jesus. Which ones intrigue you? Which ones don't you like? Why do you think you like or dislike them?



Resources

- ▶ [Want to brush up on some heresies?](#)
- ▶ [Do Catholics have a relationship with Jesus?](#)
- ▶ [Katie Prejean McGrady on encountering Christ](#)

