



# Catholic Central Activity Guide

## Episode 32: Pro-Life Issues

### Diving Deeper

- ▶ What are some challenges in our society that make it difficult to respect and uphold the dignity of all human life from conception to natural death?
- ▶ What areas of the protection of human life are you most concerned for or passionate about? How might God be inviting you to take action in regards to those areas?
- ▶ What does it mean to you to have a consistent life ethic for all human lives? Do you think that some political, cultural, or religious group emphasize certain aspects of human dignity over others? Do you recognize any inconsistencies in your own views? How might you invite God to help you grow in integrity and consistency in defending the dignity and sacredness of all human life?

### Go Forth

- ▶ Print out facts about human prenatal development along with the time period when those developmental changes take place (eg: heartbeat can be seen on an ultrasound / 6 weeks). Try to match up the stage of development with the gestational age as accurately and quickly as possible. Then, talk about the implications for the dignity of human life and personhood based on those stages of development.
- ▶ Curious about where to begin with defending life? Here are some ideas: Pray for the unborn and the parents of unborn children in crisis pregnancies or unplanned pregnancies. Volunteer at a pro-life pregnancy resource center. Become involved in prison ministry and help with communion services with inmates. Visit the sick who are confined to hospitals. Speak up when you hear people talking down about women, the differently-abled, people of color or from countries other than your own. Vote for initiatives and candidates that promote the dignity of all human life. Volunteer at a local homeless shelter or soup kitchen and encounter Christ in the people you serve.



### Resources

- ▶ [FemCatholic: "What Women Considering Abortion Need"](#)
- ▶ [The Catholic Worker Movement](#)
- ▶ [Catholic Relief Services](#)
- ▶ [Catholics Mobilizing to End the Death Penalty](#)
- ▶ [Declaration on Euthanasia](#)

