



Catholic Central Activity Guide

Episode 57: Who is God?

Diving Deeper

- ▶ What is your image of God? How do you imagine God? Where do you see, feel, experience or sense God's presence in your daily life?
- ▶ What does it mean to you to make false idols out of other things or people? Do you have any "idols" or things that take the place of God in your life right now? What tempts us to put these idols in God's place? What might we seek from God that those idols can't ever give us?
- ▶ God loves us, so our identity is "beloved". How being a beloved sinner affect the way you think or feel about your relationship with God?

Go Forth

- ▶ **God Collage:** On your own or in a group, trace the outline of your body or another person's body on a large sheet of paper. Take some magazines and cut or tear out any images or words that make you think of God or represent aspects of God to you. Paste these images and words within the outline of the body on your piece of paper. Reflect on how or why these images and words make you think of God.
- ▶ Track your sense of God's presence in your life in a journal. At the end of each day, take a few moments to pray an Awareness Examen, reflect over your day on where you felt close to or far from God. What drew you away? What led you closer? Where did you feel joy? Where did you feel emptiness. Journal about these daily experiences. Feel free to use a timeline to track points where you felt close to or far from God as a visual aid. Notice the fluctuations of consolation and desolation over time. In periods of desolation, keep praying, and trust that consolation will come again. In consolation, soak in it and thank God for the experience of His closeness.



Resources

- ▶ [God in all things](#)
- ▶ [Katie Prejean McGrady - "The Father's Love Revealed"](#)
- ▶ [Fr. Henri Nouwen - Being The Beloved](#)
- ▶ [Fr. Richard Rohr: Your Image of God Creates You](#)
- ▶ [Fr. Mike Schmitz - Old Testament God vs. New Testament God](#)
- ▶ [Mother Angelica - The Presence of God](#)

