

# 6 TIPS TO PREP FOR YOUR Epic Easter!

AS YOU'RE PREPARING TO COME TOGETHER WITH FAMILY AND FRIENDS TO CELEBRATE EASTER, MAKE YOUR TIME MORE EPIC DOING SOME OF THIS FUN STUFF!



## Easter Egg Head Challenge

Grab some bald caps (or white swim caps) and get your domes covered for this one! Using household stuff, markers, make-up, and more transform each other's head and face into fully festive colored Easter Eggs. Be sure to take pictures and post on social media!

### Why Do We Eat Eggs on Easter?

Historically, Christians did not eat eggs during Lent, so they were a treat at Easter.

## Bake a Lamb Cake for Easter Brunch

A traditional lamb-shaped cake can be formed by hand or with a cake mold. You'll need cake mix, frosting, and coconut to complete your confectionary marvel.

### What Does a Lamb Symbolize?

The lamb is symbolic of Jesus, who is referred to as The Lamb of God in scripture.



## Eggcellent Laughs!



Take turns telling each other cheesy jokes – or have a staring contest – and try not to laugh. If you laugh, your opponent wins a point. If you're with a big group, break up into two teams. Whoever reaches 5 points first, wins. The loser has to do Easter dishes!

### What Do Eggs Symbolize?

Eggs symbolize new life. The hard shell of an egg represents the tomb of Jesus and cracking it represents His Resurrection.

## Ahhh ... Go Fly a Kite, Man!

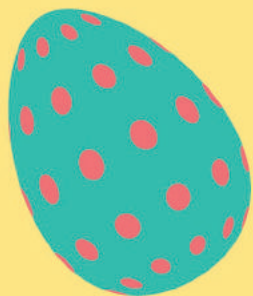
Spoiler alert – this is a tough one! Make a kite with your family using sticks, colorful tissue paper and string. Then find a fun park to fly it together.

### Why a Kite?

Flying a kite during Easter is a tradition on the island of Bermuda. It is said that a teacher used a kite, which has a cross shape, to illustrate that "He is Risen."



## Eggercise!



Spice up the typical egg hunt by putting activities (eggercises) in random eggs. Have the kids complete each activity before moving on to find the next egg. It's like Simon Says for Easter! Maybe use this opportunity to get a little workout with some jumping jacks or push-ups?

### Why Do We Hunt for Eggs?

Many believe this is a nod to the Resurrection and the discovery of the empty tomb.

## Egg Peel-a-Thon!

With your dyed eggs ready, set a timer and see who can peel an egg the fastest. Use a sports-style elimination bracket until the final two people are standing. For the final round, each person has to peel their egg with gloves on. Award a prize to the winner!

### Why do we dye eggs?

Early Christians dyed eggs red to represent the blood of Christ. Today, many people decorate eggs to celebrate the end of the Lenten season.

