



Catholic Central Activity Guide

Episode 18: Confirmation

Diving Deeper

- In many dioceses, confirmandi choose a confirmation saint. Who is your confirmation saint? Why did you choose him or her? How can you try to emulate him or her more?
- In this episode, we learn about the gifts of the Holy Spirit. What gifts can you recognize in yourself?
- Why is it important that up until Pentecost the Apostles “had only been baptized”? What did Pentecost change for them?

Go Forth

- The Holy Spirit works with our willpower to help us grow. What is one bad habit you could give up this week?
- Pick a passage from Acts. Can you see the Holy Spirit working with the Apostles in the way they behave and the choices they make?



Resources

- [10 Ways to Open Up to the Holy Spirit](#)
- [Busted Halo on why we're confirmed](#)
- [The role of the Holy Spirit in our lives](#)

