

Enhance your family prayer with FAMILY ROSARY

# Fall: The Significance to Catholics

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THE FAMILY THAT PRAYS TOGETHER STAYS TOGETHER

# Welcome to Our Family

We can feel it all around us, the leaves are colorful, the days are shorter, pumpkin spiced everything line the store shelves, the air is crisper. Fall is here. Even if it's not a physical change in the weather (for those who live in a temperate climate), we sense a shift in other ways.

Fall holds great significance to Catholics. And with a few Hallowed celebrations, we have opportunities to make this time meaningful.

#### A LITTLE HISTORY

Father Patrick Peyton, C.S.C. began his ministry in 1942 with the goal of building **family unity** through daily prayer of the Rosary. Inspired by his own father who had a deep devotion to family prayer, praying the Rosary became the foundation for the life of Father Peyton (1909-92).

We at Family Rosary are ever so grateful Father Peyton's family instilled in him the importance of **family prayer**. Now it can be part of your family's tradition so you can fulfill the vision that "The Family That Prays Together Stays Together," the message created by Father Patrick Peyton, C.S.C., so many years ago.





#### Along with the Saints, let the joy and beauty of living the Gospel shine through the witness of our lives.

Pope Francis



## Fall: The Significance to Catholics

The leaves begin to fall to the ground, the evenings come sooner, and the air is cooler. Celebrations are held to commemorate harvest and animals move to their winter habitats. Children are back to school. Art projects are given to children to find large, colored leaves to remind them of the changes in the trees.

As Catholics, we embrace the Saints who are now in Heaven on November 1st: All Saints Day. And, most important, we send our prayers and Masses for all the departed souls in heaven and Purgatory on All Souls Day: November 2nd. In many churches we have banners with the names of Catholics who have died that year.

#### WHY DOES THIS TIME OF YEAR HOLD SO MUCH SIGNIFICANCE TO CATHOLICS?

I think one of the reasons is because we distinguish the connection to Jesus Christ's love in the way we remember the dead. We like to adhere to the hope that there are no obstacles that might keep those that we loved from enjoying being in the presence of God. We pray that God will remove the weight of sins from those that we loved who have died and allow them a place in heaven with Him. Why do we know this is possible? This is Jesus. He raised Lazarus from the dead and we want Him to raise each of us, sinners that we are. We know that Jesus shed his blood so forgiveness of our sins would be possible. "Repent and be baptized everyone of you in the name of Jesus Christ for the forgiveness of your sins and you shall receive the gift of the Holy Spirit." (Acts 2:38)

#### HALLOWEEN AND CATHOLICISM

Prior to All Saints Day and All Souls Day, this the time of year also brings Halloween on October 31st. Halloween, which actually comes from the All Saints Day celebrations in the early Church, was the day set aside for the remembrance of martyrs and saints, originally known as All Hallows Eve and later changed to Halloween. The word "Hallow" means saint or holy. Even though now Halloween is a highly commercialized day with costumes candy and decorations not unlike Christmas, its origin was intended to recognize the anticipated celebration of All Saints Day.

When I was young and attended Catholic school, the Sisters would let us dress up as Saints to commemorate All Saints Day. There were a lot of old sheets worn that day with halos made from foil.

It seems like every year the question comes up whether allowing children to participate in Halloween is appropriate. When my children were young, Halloween was a fun community neighborhood celebration. Every home participated in a fun evening for the children. I would let my children have a Halloween party with bobbing for apples and playing games and going on scavenger hunts, followed by an early evening of eating sloppy Joes, and ending the evening going to the different houses in the neighborhood saying, "trick or treat."

There is a concern that Halloween also brought the rise of horror movies or suggestions of acknowledging evil and the devil; I think it truly is up to parents to discourage this type of behavior which can lead to giving validation to ugly concepts.

All Saints Day and All Souls Day (and yes even Halloween), I think when used as a memory to acknowledge those that have gone before us along with recognizing the gifts given to us from so many wonderful Saints and praying for the souls in Purgatory make the gift of fall meaningful along with the outward changes going on around us.

As said in the Apostles Creed, "I believe in the Holy Spirit, the holy catholic Church, the forgiveness of sins, the resurrection of the body and life everlasting, Amen."

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#### **GOING DEEPER**

How will you and your family embrace this season of change?

Pray together for the ones who've gone before us: "Eternal rest grant unto them O Lord. Let the perpetual light shine upon them. May the souls of the faithful departed through the mercy of God rest in peace!"

#### **CONTINUE THE JOURNEY**

The saints are like our mentors for the spiritual life. How can we learn from what they have done? If you're eager to continue the conversation about saints and their important friendship in our lives, watch the Catholic Central episode on **Saints**!



#### **CATHERINE MENDENHALL-BAUGH**

Catherine Mendenhall-Baugh (Cathy) completed her education in Special Education and English and now works as an Agent in the Insurance Industry. A mother and Grandmother, Cathy grew up in a large Catholic family and has spent the last 30 years as a caregiver for her husband, Jack. She is a cancer survivor which inspired her to begin writing six years ago.

### Bringing Families Together In Prayer

We hope the time you've spent reflecting with this material has been enriching. Remember, we're with you in prayer, every step of the way!

For additional online resources for family prayer including a Prayer Petition Page and our World at Prayer Blog, please visit our website at www.FamilyRosary.org.

This e-book and all our resources represent a culmination of Father Peyton's passion for family unity through prayer. We hope our services will enhance your family's prayer life particularly remembering Father Peyton's famous words, "*The Family That Prays Together Stays Together.*"

#### Where you Can Find Us:

