



Enhance your family prayer with
FAMILY ROSARY

Planting a Mary Garden

Inspiration and Ideas

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THE FAMILY THAT PRAYS TOGETHER STAYS TOGETHER

WELCOME TO OUR FAMILY

Venerable Patrick Peyton's work truly was All for Her, every decision and action he made was in Her name. The childhood habit of praying a daily Rosary, instilled in Father Peyton by his parents, clearly sustained him throughout his life, which allowed him to share the beautiful gift with others.

Committing himself to work wholeheartedly for Our Lady, he knew she would always come to his aid. His confidence in her was unbounded and she did not disappoint him.

During the month of May, we celebrate the beginning of spring, Mother's Day, and most importantly, Mary. As Father Peyton had a strong devotion to Our Mother and the Rosary, we strive to follow in his footsteps, honoring her any way we can.

Here's a unique way to celebrate Mary with your family this month and well into the summer!

A LITTLE HISTORY

Father Patrick Peyton, C.S.C. began his ministry in 1942 with the goal of building **family unity** through daily prayer of the Rosary. Inspired by his own father who had a deep devotion to family prayer, praying the Rosary became the foundation for the life of Father Peyton (1909-92).

We at Family Rosary are ever so grateful Father Peyton's family instilled in him the importance of **family prayer**. Now it can be part of your family's tradition so you can fulfill the vision that "The Family That Prays Together Stays Together," the message created by Father Patrick Peyton, C.S.C., so many years ago.



“ MARY, MY QUEEN, MY MOTHER. ”

VENERABLE PATRICK PEYTON



PLANTING A MARY GARDEN



May is Mary's month, so we take every opportunity to honor her! A unique and fun way to celebrate her is to plant a Mary Garden with your family! Indoors or outdoors, this activity is the perfect way to do something special for our spiritual Mother.

HONOR MARY WITH A GARDEN

She's been hugged and kissed. She's been hit with soccer balls, footballs, and baseballs. I even found her once with a Disney princess bike helmet perched on her head and two pinwheels by her side. But she's a mother, too. She's used to it. And so she still stands, a stoic figure of stone, hands open in a gesture of grace for all who cross her path.

I love how our Mary statue stands in our backyard garden, watching my children as they play. Somehow she and her flowers survive all of their games—and remind my children that she is an important part of their lives.

From a very young age, my children have been naturally drawn to her gentle motherliness. I've often caught my little ones talking to her, ending their conversation with a kiss on her stone cheek. Planting a Mary garden has been an effective way to draw our whole family closer to Mary. And as we draw closer to her, I know that she is drawing us closer to her Son.

Mary gardens can be planted outside in a flower bed or container. They can also be created in a small container or terrarium for indoor enjoyment. They can evoke a certain aspect of Mary's life, or be comprised of a variety of flowers that work well in your particular region. Many, many flowers and plants are named after Mary, the saints, or some other facet of Christianity.

Don't become overwhelmed with the project! Just obtain a statue of Mary and start small. One rosebush (Our Lady's flower) or a few marigolds (Mary's Gold) can create a lovely little grotto for Mary. Over the years, our family has added some tiers for annuals and a trellis for morning glories (Our Lady's mantle). A garden bench provides a place for prayer and meditation.

Some years we have planted bedding plants; other years we've planted seeds and watched with delight as the surprises popped up. Involving my children in the process has become more important than a perfectly manicured garden, and as we pull weeds together (along with a few flowers sometimes...oops!), we talk about why we care for this special space.

Every so often, I get to sit in peace on our garden bench by myself. And as I gaze at the beauty of the butterflies and flowers, Rosary beads in hand, I am certain there are times that the scent of roses—stronger than what my rosebushes alone could produce—permeates the air. A sure sign that my mother Mary is close by.

SOME COMMON MARY GARDEN PLANTS AND WHAT THEY SYMBOLIZE:

Foxglove – Our Lady's Gloves

Pansy – Our Lady's Delight

Chrysanthemum – All Saints' Flower

Columbine – Our Lady's Shoes

Forget-Me-Not – Eyes of Mary

Strawberry – Fruitful Virgin

Violet – Our Lady's Modesty

Alyssum – Mary's Flower

Cosmos – St. Michael's Flower

Marigold – Mary's Gold

Morning Glory – Our Lady's Mantle

Petunia – Our Lady's Praises

Snapdragon – Infant Jesus' Shoes

Geranium – Gentle Virgin

Daffodil – Mary's Star

Peony – Pentecost Rose

Tulip – Mary's Prayer

Rose – Emblem of Mary

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GOING DEEPER

For more ideas about planting your own Mary Garden, visit CatholicMom.com! Join this community of women supporting each other in every day family life.

Be sure to honor all the mothers in your life with a beautiful [free eCard](#) from Family Rosary! Pass along a prayer or blessing to your mother and let her know just how special she is!

CONTINUE THE JOURNEY

Want to learn more about Mary or explain to someone you know Mary's role in your faith?

[Catholic Central](#), a free video web series that talks about the big Catholic topics, has an episode all about Mary! There you'll learn that she's venerated, not worshiped; asked to pray for us; and makes occasional appearances to the faithful to achieve her one mission ... bringing people closer to her Son.



CHARISSE TIERNEY

Charisse Tierney lives in Newton, Kansas, with her husband Rob and six children. Charisse and Rob are Natural Family Planning and Theology of the Body for Teens teachers. Charisse holds degrees in music performance and is a contributing author to The Catholic Mom's Prayer Companion. She also writes for Family Foundations magazine and blogs at Paving the Path to Purity.

BRINGING FAMILIES TOGETHER IN PRAYER

We hope the time you've spent reflecting with this material has been enriching. Remember, we're with you in prayer, every step of the way!

For additional online resources for family prayer including a Prayer Petition Page and our World at Prayer Blog, please visit our website at www.FamilyRosary.org.

This e-book and all our resources represent a culmination of Father Peyton's passion for family unity through prayer. We hope our services will enhance your family's prayer life particularly remembering Father Peyton's famous words, "*The Family That Prays Together Stays Together.*"

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