



# Catholic Central Activity Guide

## Catholic Social Teaching

### Diving Deeper

- ▶ Putting belief into action is a key part of any faith. The Seven Pillars of Catholic Social Teaching give a framework to live the Faith. What are some of your deepest beliefs about God and life? How do you integrate them into your actions?
- ▶ Why do you think prayer is so crucial to living out Catholic Social Teaching? Have you seen this in your life? Give examples.
- ▶ Review the Seven Themes of Catholic Social Teaching. What is one that stands out to you as particularly important for today? Why does it stand out to you?

### Go Forth

- ▶ What injustice or social issue can you address in our local community? In whatever way, big or small, look for a way to live out the need for love and respect in your local community this week. Ideas: contacting a local politician, volunteering time at a homeless shelter, or helping tutor at your school.

#### Activity for Large Groups (10+)

- ▶ Have your group members look up the lives of saints and other holy Catholics who lived out Catholic Social Teaching in a special way. Share with the large group which part of Catholic Social Teaching each saint particularly embodied. Have the members share one thing they found incredible about the saint's witness to the Gospel, and one thing that they found to be challenging. For example: St. Thomas More (Rights and Responsibilities), St. Vincent de Paul (Option for the Poor and Vulnerable), Servant of God Dorothy Day (Dignity of Work and the Rights of Workers), St. Damien of Molokai (Solidarity).



#### Activity for Small Groups (4-9)

- ▶ Mother Teresa said, "What can you do to promote world peace? Go home and love your family." Someone once said to her, "I want to go and join you in your work in Calcutta." She responded, "Find your own Calcutta." Calcutta (now called Kolkata) is a city in India with extreme poverty, where Mother Teresa founded her order, the Missionaries of Charity. Why do you think she said the above things? What does it mean to "love your family" and "find your own Calcutta"? What does this mean for your family?  
**Write** down 3-4 ways you can show love to your family members in simple, ordinary ways.

### Get More

- ▶ [Examination of Conscience in Light of Catholic Social Teaching](#)
- ▶ [Learning Activities for Catholic Social Teaching](#)
- ▶ [Catholic Relief Services Lesson Plans for Grades 1-8](#)

