



Catholic Central Activity Guide

The Gospels

Diving Deeper

- ▶ The Gospels share the life, death, and Resurrection of Jesus. How are they like and unlike from other accounts of famous figures from history?
- ▶ Jesus came so that we might have life, and have it abundantly. What does it mean to have life abundantly? Do you know someone who is “full of life”? What sets this person apart?
- ▶ The authors of the Gospels wanted to share and pass on the Faith. Have you ever been so excited to share a story with another person you could hardly wait? What was the story about? How did you go about sharing it?

Go Forth

- ▶ Gospel Challenge: It takes 21 days to make a habit. One of the best habits we can make is reading the Gospels. Choose one of the Gospels, and read a very short passage each day for the next 21 days.

Activity for Large Groups (10+)

- ▶ Try **reading** this coming [Sunday's Gospel reading](#). Read it three times. The first time, just and take in the story for the context of what is going on. The second time, place yourself in the Gospel story. Picture it so vividly that you can see yourself standing right next to Jesus. The third time, ask Jesus what message he wants you to receive from reading this passage. See our recording on Ignatian Meditation on the Resources page.



Activity for Small Groups (4-9)

- ▶ **Read** the account of Jesus' Resurrection in the Gospels of Matthew, Mark, and Luke. (Matthew 28, Mark 16, Luke 24). What type of differences do you see in the versions? Which passage can you most relate to? Why?

Get More

- ▶ Many people doubt what they hear in the Gospels. Do you have questions? Check out, "[Are the Gospels Historically Reliable?](#)".
- ▶ Need helping focusing on the upcoming Sunday readings? Check out Mark Hart's [Sunday, Sunday, Sunday](#) podcast on the Sunday readings.
- ▶ The Magisterium of the Church has beautiful words on the Gospels. Check out the [Catechism of the Catholic Church](#) paragraphs 139-141

