

**CatholicMom.com Gospel Activity – Celebrating Our Catholic Faith**  
**Religious Education Lesson Plan Helpers by Laura Grace**

## Third Commandment: Keep Holy the Sabbath Day

***Please note:** Some of our lesson plans contain links to Christian, non-Catholic resources. When preparing your lessons, we urge you to inform yourself on the teachings of the Catholic Church with respect to the Sunday gospel and readings. If you find links in any of the lesson plans which may be counter to the teachings of the Church, please notify [lisa@catholicmom.com](mailto:lisa@catholicmom.com). These lesson plan helpers are designed to assist you in pulling together creative ideas and activities to supplement your lesson plan, but are not designed to be catechetical in nature. Thank you for your continued prayerful support.*

Do you keep the Lord's Day holy?  
Do I try to get out of Mass on Sunday?  
Do I fail to pay attention at Mass? During my prayers?  
Do I do unnecessary work on Sunday? Do I save all my homework for Sunday?  
Do I fail to take extra time for prayer and family on Sunday?  
Do I fail to serve others on Sunday?

Lesson 18: The Second and Third Commandments of God- (The New Saint Joseph Baltimore Catechism, No. 1, page 85-89). For younger students.

Lesson 18: The Second and Third Commandments of God- (The New Saint Joseph Baltimore Catechism, No. 2, page 116-120). For older students.

Set Aside a Special Day for God- Stories, crafts, games, prayer, and adventure. (Kids' Travel Guide to the 10 Commandments by Carol Mader, page 48-55).

paoc.org

[http://www.paoc.org/ministries/Children/FKO/FKOArchive/Nov7\\_2000.html](http://www.paoc.org/ministries/Children/FKO/FKOArchive/Nov7_2000.html)

"Keep The Sabbath Day Holy" lesson with stories and memory verse activity.

mssscrafts.com

<http://www.mssscrafts.com/miscellaneous/church.htm>

Going to Church/The Sabbath resources for illustrating the story, coloring pages/activity sheets, crafts, and songs.

jennysmith.net

<http://www.jennysmith.net/search-lds-object-lesson.php?oid=22>

Object lesson: Appropriate Activities on the Sabbath.

jennysmith.net

<http://www.jennysmith.net/search-lds-object-lesson.php?oid=135>

Object lesson: Keeping the Sabbath/Taking the Sacrament

msssbible.com

[http://www.msssbible.com/memoryverses/kindergarten/ka1\\_3.htm](http://www.msssbible.com/memoryverses/kindergarten/ka1_3.htm)

Memory Verse activity.

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Coloring:

applesaucekids.com

<http://applesaucekids.com/Coloring/TeLinton/CreaDay7.html>

The Seventh Day God Rests

msssbible.com

[http://www.msssbible.com/memoryverses/exodus20\\_8.htm](http://www.msssbible.com/memoryverses/exodus20_8.htm)

Remember the Sabbath Day

Puzzles:

catholicmom.com

[http://www.catholicmom.com/2007\\_lesson\\_plans/KeepHolytheSabbathDaycrossword.pdf](http://www.catholicmom.com/2007_lesson_plans/KeepHolytheSabbathDaycrossword.pdf)

Keep Holy the Sabbath Day crossword

Bible Story: Picking Grain on the Sabbath (Matthew 12), Celebrate Sabbath/Manna in the Wilderness, Healing on the Sabbath

### **Manna in the Wilderness**

ebibleteacher.com

<http://www.ebibleteacher.com/children/lessons/OT/Exodus/manna.htm>

Manna From Heaven lesson with questions, song, craft, game, etc.

msssbible.com

<http://msssbible.com/oldtestament/manna.htm>

Manna From Heaven resources for illustration the story, coloring pages/activity sheets, and crafts.

Activity- Start a food bank or collect food for the needy.

Puzzles:

**sermons4kids.com**

[http://www.sermons4kids.com/manna\\_crossword.htm](http://www.sermons4kids.com/manna_crossword.htm)

Dinner on the Ground crossword

[http://www.sermons4kids.com/manna\\_jumble.htm](http://www.sermons4kids.com/manna_jumble.htm)

Dinner on the Ground word scramble

[http://www.sermons4kids.com/manna\\_wordsearch.htm](http://www.sermons4kids.com/manna_wordsearch.htm)

Dinner on the Ground word search

[http://www.sermons4kids.com/manna\\_cloze.htm](http://www.sermons4kids.com/manna_cloze.htm)

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Dinner on the Ground fill in the blanks

[http://www.sermons4kids.com/manna\\_from\\_heaven\\_maze.htm](http://www.sermons4kids.com/manna_from_heaven_maze.htm)

Dinner on the Ground maze

[http://www.sermons4kids.com/manna\\_wordshape.htm](http://www.sermons4kids.com/manna_wordshape.htm)

Dinner on the Ground word shape puzzle

### Healing on the Sabbath

sabbathtruth.com

[http://www.sabbathtruth.com/jesus\\_taught.asp](http://www.sabbathtruth.com/jesus_taught.asp)

How to Keep The True Sabbath - What Jesus Taught (lesson)

lcg.org

<http://www.lcg.org/cgi-bin/tw/magazine/tw-mag.cgi?category=Magazine36&item=1115662605>

Did Jesus Break the Sabbath?

### The Madman in the Synagogue at Capernaum

ccel.org

<http://www.ccel.org/bible/phillips/CN175-HEALING.htm#madman>

The Madman in the Synagogue at Capernaum story

Puzzle:

A Wile Man Is Healed- Look at the pictures below. See if you can find a match for each picture, from one row to another. Draw a line from the picture on the left to it's matching picture on the right. (Big Puzzles for Little Hands: Jesus' Life and Lessons by Carla Williams, page 67).

### Peter's Mother-in-law

ccel.org

<http://www.ccel.org/bible/phillips/CN175-HEALING.htm#peters>

Peter's Mother-in-law's healing as well as many others that night.

paoc.org

[http://www.paoc.org/ministries/Children/FKO/FKOArchive/Feb6\\_2001.html](http://www.paoc.org/ministries/Children/FKO/FKOArchive/Feb6_2001.html)

Jesus Heals the Sick lesson with stories, coloring page, and craft.

Puzzle:

Peter's Mother-in-Law- Peter and his mother-in-law lived a long time ago. They did not have many things that we have today. Look at the picture below. Circle the things that

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Peter's family would not have had in their home. (Big Puzzles for Little Hands: Jesus' Life and Lessons by Carla Williams, page 68).

### **Jesus Heals a Blind Man**

sundayschoollessons.com

<http://www.sundayschoollessons.com/lent4mles.htm>

Jesus Heals a Blind Man on the Sabbath lesson.

ccel.org

<http://www.ccel.org/bible/phillips/CN175-HEALING.htm#man>

The Man Born Blind Who Goes Before the Pharisees story.

calvarychapel.com

<http://children.calvarychapel.com/site/pdf/New/Curr205.pdf>

Jesus Heals the Blind Man lesson with memory verses, circle the correct words, true or false, fill in the blanks, puzzles, and color sheets.

daniellesplace.com

[http://www.daniellesplace.com/html/bible\\_themes\\_l\\_m.html#blindman](http://www.daniellesplace.com/html/bible_themes_l_m.html#blindman)

Jesus Heals a Blind Man lesson, activity, games, questions, crafts, etc.

kidsclubs4jesus.com

[http://www.kidsclubs4jesus.com/download\\_page.htm](http://www.kidsclubs4jesus.com/download_page.htm)

The Blind Can See! lesson with puzzles, coloring sheet, Bible readings, questions, memory verses, key points, object lesson, drama, puppets, etc. (These files are set up and formatted so that they can be easily made into weekly booklets for your children's ministry, youth ministry, etc., with 4 sheets of legal paper and two staples).

### **Paralyzed Man**

ccel.org

<http://www.ccel.org/bible/phillips/CN175-HEALING.htm#paralysed>

The Paralyzed Man story.

kidsclubs4jesus.com

[http://www.kidsclubs4jesus.com/download\\_page.htm](http://www.kidsclubs4jesus.com/download_page.htm)

Paralytic Healed lesson with puzzles, coloring sheet, Bible readings, questions, memory verses, key points, object lesson, drama, puppets, etc. (These files are set up and formatted so that they can be easily made into weekly booklets for your children's ministry, youth ministry, etc., with 4 sheets of legal paper and two staples).

paoc.org

[http://www.paoc.org/ministries/Children/FKO/FKOArchive/Sept20\\_2002.html](http://www.paoc.org/ministries/Children/FKO/FKOArchive/Sept20_2002.html)

Four Men Bring Their Friend to Jesus lesson with story, craft, and puzzle.

gardenofpraise.com

<http://www.gardenofpraise.com/bibl48s.htm>

Down Through the Roof lesson.

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kids-corner.info

[http://www.kids-corner.info/myintouch/youth/k\\_paralytic\\_37351917.html](http://www.kids-corner.info/myintouch/youth/k_paralytic_37351917.html)

Jesus Heals the Paralytic lesson.

kids-corner.info

[http://www.kids-corner.info/myintouch/youth/p\\_paralytic\\_37351918.html](http://www.kids-corner.info/myintouch/youth/p_paralytic_37351918.html)

Jesus Heals the Paralytic Parent Guide.

calvarychapel.com

<http://children.calvarychapel.com/site/pdf/New/Curr180.pdf>

Through the Roof lesson with memory verses, circle the correct words, true or false, fill in the blanks, puzzles, and color sheets.

childrensministry.com

<http://www.childrensministry.com/ArticlePrint.asp?ID=345>

Jesus Heals a Paralyzed Man. In this bible activity, kids will act out characters from the story and learn that Jesus wants to forgive us.

daniellesplace.com

[http://www.daniellesplace.com/html/bible\\_themes\\_l\\_m.html#paralytic](http://www.daniellesplace.com/html/bible_themes_l_m.html#paralytic)

Jesus Heals a Paralytic activities, crafts, worksheets, etc.

Coloring:

itmimg.org

<http://www.itmimg.org/images/youth/ParalyzedMan.gif>

The Paralytic coloring page.

raindrop.org

<http://www.raindrop.org/rugrat/fun/cpara.gif>

The Paralytic Gets Healed

christiananswers.net

<http://www.christiananswers.net/kids/clrpg013.html>

Jesus Healing a lame man.

Craft:

paoc.org

[http://www.paoc.org/ministries/Children/FKO/FKOArchive/May10\\_2001.html](http://www.paoc.org/ministries/Children/FKO/FKOArchive/May10_2001.html)

Click on Craft Time! Neat craft that is easy to make: Courage on a Cot

Game:

Kneezies (Jesus Heals a Paralytic)- A fun medium energy level game with complete directions, supply list, what to say, and post game discussion questions. This game will help children know how it feels to have restricted mobility and that Jesus cares for

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everyone's needs. (The Encyclopedia of Bible Games for Children's Ministry by Group Publishing, page 77).

Puzzles:

A Man Comes Through the Roof- Look at the two pictures on this page. Cover the second one as you look at the first one. Now cover the first one. How many things are missing from the second picture that were in the first one? (Big Puzzles for Little Hands: Jesus' Life and Lessons by Carla Williams, page 28).

gardenofpraise.com

<http://www.gardenofpraise.com/puzzle48.htm>

Down Through the Roof word search

kids-corner.info

[http://www.kids-corner.info/myintouch/youth/scramble\\_paralytic\\_37353447.html](http://www.kids-corner.info/myintouch/youth/scramble_paralytic_37353447.html)

The Paralytic word search

Quiz:

gardenofpraise

<http://gardenofpraise.com/bibl48.htm>

Down through the Roof fill in the blanks.

### **Healing at the Pool of Bethesda**

thestoryofjesus.com

[http://thestoryofjesus.com/part5\\_37.html?PHPSESSID=0e100e3eebf652e3cd6a875185938c20](http://thestoryofjesus.com/part5_37.html?PHPSESSID=0e100e3eebf652e3cd6a875185938c20)

Jesus Heals on the Sabbath Day story.

gardenofpraise.com

<http://www.gardenofpraise.com/bibl41s.htm>

Healing at the Pool of Bethesda story.

ccel.org

<http://www.ccel.org/bible/phillips/CN175-HEALING.htm#invalid>

The Invalid at the Pool of Bethesda story.

calvarychapel.com

<http://children.calvarychapel.com/site/pdf/New/Curr188.pdf>

The Pool at Bethesda lesson with memory verses, circle the correct words, true or false, fill in the blanks, puzzles, and color sheets.

Craft:

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Stand Up and Walk- A craft that allows a hands-on experience of Jesus telling a cripple man that his sins are forgiven and the man stands up and walks. (Crafts from your favorite Bible Stories by Kathy Ross, pages 44 & 45).

Puzzles:

A Crippled Man Walks- Look at the pictures. Color the person in each row who is walking. (Big Puzzles for Little Hands: Jesus' Life and Lessons by Carla Williams, page 30).

gardenofpraise.com

<http://www.gardenofpraise.com/puzzle41.htm>

Healing at the Pool word search

Skit:

christiancrafters.com

[http://www.christiancrafters.com/skit\\_blind\\_to\\_see.html](http://www.christiancrafters.com/skit_blind_to_see.html)

Healing of the Blind man (John 9:1-25)

Quiz:

gardenofpraise.com

<http://www.gardenofpraise.com/bibl41.htm>

Healing at the Pool of Bethesda fill in the blanks.

### **The Man with the Shriveled Hand**

ccel.org

<http://www.ccel.org/bible/phillips/CN175-HEALING.htm#shrivelled>

The Man with the Shriveled Hand stories.

thestoryofjesus.com

[http://thestoryofjesus.com/part5\\_39.html?PHPSESSID=0e100e3eebf652e3cd6a875185938c20](http://thestoryofjesus.com/part5_39.html?PHPSESSID=0e100e3eebf652e3cd6a875185938c20)

Healing on the Sabbath story.

calvarychapel.com

<http://children.calvarychapel.com/site/pdf/New/Curr181.pdf>

Jesus Heals a Crippled Hand lesson with memory verses, circle the correct words, true or false, fill in the blanks, puzzles, and color sheets.

### **The Crippled Woman**

ccel.org

<http://www.ccel.org/bible/phillips/CN175-HEALING.htm#crippled>

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The Crippled Woman story.

sermons4kids.com

<http://www.sermons4kids.com/bent-out-of-shape.htm>

All Bent Out of Shape object lesson.

kidsclubs4jesus.com

[http://www.kidsclubs4jesus.com/download\\_page.htm](http://www.kidsclubs4jesus.com/download_page.htm)

Sabbath Healing lesson with puzzles, coloring sheet, Bible readings, questions, memory verses, key points, object lesson, drama, puppets, etc. (These files are set up and formatted so that they can be easily made into weekly booklets for your children's ministry, youth ministry, etc., with 4 sheets of legal paper and two staples).

### **The Man with Dropsy**

ccel.org

<http://www.ccel.org/bible/phillips/CN175-HEALING.htm#dropsy>

The Man with Dropsy story.

westsacsd.org

<http://www.westsacsd.org/mcuredmandropsy.htm>

The Miracle of Cured a Man of Dropsy story.