

## CatholicMom.com Gospel Activity – Celebrating Our Catholic Faith

### Religious Education Lesson Plan Helpers by Laura Grace

**Please note:** Some of our lesson plans contain links to Christian, non-Catholic resources. When preparing your lessons, we urge you to inform yourself on the teachings of the Catholic Church with respect to the Sunday gospel and readings. If you find links in any of the lesson plans which may be counter to the teachings of the Church, please notify [lisa@catholicmom.com](mailto:lisa@catholicmom.com). These lesson plan helpers are designed to assist you in pulling together creative ideas and activities to supplement your lesson plan, but are not designed to be catechetical in nature. Thank you for your continued prayerful support.

## Moses Leads His People Out Of Egypt

### Review:

Questions from last week's lesson

**Vocabulary:** (Write the bold words on the board and discuss with class)

**Care-** looking after someone or something

**Obey-** do what someone tells you to do

**Plagues-** something that happens that causes great harm

**Desert-** an area of land where there is little water or rainfall.

**Doorposts-** the sides and top of a door frame

**Pharaoh-** another name for an ancient Egyptian king.

**Parted-** to split or separate

**Red Sea-** this sea divides Arabia from northeast Africa. It is linked to the Mediterranean by the Suez Canal (show students this on a map or have one of the students find it on a map).

**Drown-** to be underwater until you die from not having oxygen

### Plan:

1. Story: "Moses Leads His People Out of Egypt" and ask questions from sheet.

1. What did Moses do to an Egyptian who was whipping a Hebrew slave? Moses killed the Egyptian.
2. Where did Moses go after killing the Egyptian? He went and lived in the desert.
3. What did God tell Moses to do? Ask the Pharaoh to let the Hebrews leave Egypt.
4. At first did the Pharaoh let the Hebrews leave? No.
5. What kind of terrible things happened because the Pharaoh would not let the Hebrews leave? (Write number one through ten on the board. Write the bold words by the number when the children answer).

1. The **river turned red** and no one could drink the water.
2. Thousands of **frogs** swarmed out of the river and into all the Egyptian homes.
3. Swarms of **gnats** tormented the Egyptians and their animals.
4. Clouds of horrible **flies** filled Egyptian homes.
5. The Egyptian **animals began to die**.
6. Egyptian people were ill with horrible **sores** on their bodies.

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7. A terrible **hail storm**.
  8. Great clouds of **locust** ate up what the hailstorm had left.
  9. There was horrible **darkness** for three days that covered all of Egypt.
  10. The worse plague of all was when the **eldest child of every Egyptian family died** one night.
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6. What was the worse thing that happened to the Egyptians? The eldest child of every Egyptian family died one night.
  7. What did the Hebrews do to be safe so their first born child would not die? Every family killed a lamb and put a little blood on the doorposts of the house.
  8. Did the Pharaoh finally let the Hebrews go? Yes.
  9. When the Hebrews left and did the Pharaoh changed his mind? Yes.
  10. What did Moses do so the Hebrews could escape from the Egyptians? Parted the Red Sea.
  11. When the Egyptian soldiers tried to follow the Hebrews what happened? The sea rushed back and the soldiers were all drowned.

2. Introduce game: Who led the people out of Egypt? Can you follow Moses? Let's find out.

Follow Moses

Need: A large walking stick

Directions: Someone is the Leader (Moses) and carries a stick for his staff. Students follow Moses and do what Moses does. (Like Follow the Leader).

OR

Introduce game: What was the seventh plague? (Give students hints if needed). The *seventh* was a fearful hailstorm. "The hail destroyed through all the land of Egypt all things that were in the field, both man and beast: and the hail smote every herb of the field, and it broke every tree of the country. Only in the land of Gessen, where the children of Israel were, the hail fell not."

Hail Relay

Divide the class into teams and line them up in a single line behind a chair. Set up the following items so that each group has its own supplies: one bowl with ice cubes and one large stirring spoon a few feet in front of the team. At the other end of the room have an empty bowl. Say: I want you to work as a team to move the hail from one bowl into the other. Point to each appropriate bowl as you speak. Each of you will go and scoop out one piece of hail with the spoon and put it into the empty bowl across the room. Then you will go back to your team, hand off the spoon to the next person, go to the end of the line and sit down. When everyone has put a piece of hail into the bowl, everyone in your group should be sitting in a single line. (Demonstrate what you want the children to do).

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3. Introduce craft: What kinds of plagues happened when the Pharaoh would not let the slaves go?

Frog

Need: Paper plates, white and red construction paper, crayons, glue

Directions: Pre cut tongue for students out of red construction paper. Have the tongue about one inch wide and twelve inches long. Have students color paper plate green on one side and fold plate in half. (Note: Be sure to have students use old crayons and peel the paper off of crayons and rub the side of the crayon on the paper plate instead of coloring it. This will be a lot faster and easier for the students). Students then cut out two eyes that are pre drawn on white construction paper (round circles that are at least three inches across) and color eyes. Glue on eyes on outside of frog (green side) on the top of the paper plate that is folded in half. Have the eyes halfway on and halfway hanging off the fold near the center. Glue tongue inside the frog's mouth starting from the center of the fold and out the front of the mouth. Curl tongue with pencil and draw a bug on end of tongue if you wish.

4. Puzzles & Mazes, Worksheets, etc.

The Exodus: God Frees His People (page 5)- Bible Story Mazes: All Through the Bible

More 365 Activities for Kids (do any of the Moses puzzles, mazes, dot-to-dot, spot the difference, etc. from March 12 – 19).

The Ten Plagues (maze)-

[http://biblewise.com/archives/2003/july/kids\\_korner/fun\\_games/print\\_ten\\_plagues.htm](http://biblewise.com/archives/2003/july/kids_korner/fun_games/print_ten_plagues.htm)

5. Introduce snack: What was the second plague? Thousands of frogs swarmed out of the river and into all the Egyptian homes.

Sherbet the Frog- <http://jas.familyfun.go.com/recipefinder/display?id=40923>

Or

What did Moses do so the Hebrews could escape from the Egyptians? Parted the Red Sea.

Moses Crosses the Red Sea Snack-<http://www.dltk-kids.com/recipesdb/view.asp?rid=274>

Moses Parts the Red Sea Snack- <http://www.dltk-kids.com/recipesdb/view.asp?rid=275>

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