

Anyone that owns glasses can think of a time when their lenses were dirty and they had to use the shirt they were wearing to clean them. While this may not be the best solution to clean your lenses, it's the small things you don't see that cause the problems. Small particles and dust can get onto the surface of your lenses. Rubbing off the dust, especially with the wrong cloth or a paper tissue, may unfortuantely scratch them. Follow these easy care tips to keep your lenses in top condition for longer.

## Do's

**DO** Clean the lenses and frame regularly with luke warm water and a drop of mild liquid soap.

**DO** Dry the lenses with a soft, clean microfiber lens cloth, often provided by your optician.

**DO** Keep your glasses away from household detergents and beauty products such as hairspray and perfume. These can damage lenses and coatings.

**DO** Use both hands when you put on and take off your glasses.

**DO** Keep your glasses in a hard case, often provided by your optician.

**DO** Ask your optician about Hoya Vision's anti-reflective and scratch-resistant coatings, which guarantee comfort, performance and durability.

**DO** Hold your glasses by the bridge, not the temples.

## Don'ts

**Don't** Wipe your lenses with tissues, paper towels or paper napkins. These often contain wood fibers that can permanently damage the lens surface.

**Don't** Wipe your lenses with a towel that has been washed with fabric softener, as this can leave a misty film on your lenses.

**Don't** Spit on your lenses; saliva may contain oil or other damaging substances. Buy a small bottle of lens cleaner and take it with you when you're away from home.

**Don't** Put your glasses down on heat sources, such as ovens or central heating, or leave them in a hot car.

**Don't** Put your glasses down on the curved side of the lenses. This can damage the coating and cause scratches.

**Don't** Keep your glasses on your head. This can misalign the frame, affecting the position of the lenses in front of your eyes.

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