

NATIONAL SAFETY COUNCIL BUSINESS & INDUSTRY DIVISION QUARTERLY CONFERENCE CALL AND WEBINAR Friday, September 7, 2018 10:00 CST

<u>Click here to join the webinar</u> Meeting Number: 745 059 722 Meeting Password: Sept2018

To join by phone

Call-in number: 1-877-309-9483 - (US) Conference Code: 884 304 2629

AGENDA

- I. Welcome & Safety Moment David Jewell, Division Chairman
- II. National Safety Council Update
- III. Division Update/New Business
 - 1. Hearing Conservation position
 - 2. NSC Checklist revisions
- IV. Division member success story
- V. Presentation: The Cost of Fatigue A recent NSC survey found that 43% of the American workforce is sleep deprived. Lifestyle factors, work schedules, untreated sleep disorders are just a few reasons why workers are not getting enough rest. The effects can be felt by both employers and employees. Studies show up to 13% of workplace injuries are related to fatigue. Sleep deficiency and untreated sleep disorders cost a typical medium-sized employer a million dollars a year in lost productivity, absenteeism and health care costs. The NSC Fatigue Cost Calculator allows employers to calculate how much fatigue is costing them. During this presentation you'll learn:
 - 1. How poor sleep is affecting the health and safety of your workforce, and cutting into your bottom line.
 - 2. How you can easily reduce this cost to recharge your workforce.

Presenter: Emily Whitcomb, MPH, Senior Program Manager, National Safety Council, Advocacy Emily Whitcomb joined the National Safety Council in January 2014 as a Research Associate conducting program evaluation for community, transportation and workplace injury prevention programs. Emily is currently a Senior Program Manager in the Advocacy Department leading the fatigue initiative. The fatigue initiative is focused on educating employers on the risks of fatigue in the workplace and how to effective manage those risks. Emily has a Masters of Public Health from the University of Illinois at Chicago.

VI. Upcoming Events and Meetings

- <u>2018 NSC Congress & Expo</u>, October 20-26, George R. Brown Convention Center, Houston, TX.
 - Business & Industry Division meeting: Sunday, October 21
- Spring Professional Safety Network Meetings, April 28- May 1, 2019 at InterContinental Hotel, Kansas City, MO
- > Next Business & Industry Division Conference Call and Webinar December 7, 2018
- VII. Adjourn