

## Coronavirus Resources

Bright days are ahead, but until then you or someone you know may need to speak with a professional regarding stress, anxiety and identifying resources to help them through this recovery.

Here is a list of organizations we have identified that may be able to bring the help that is needed.



Find local resources in your area

Call 211 Available 24 hours a day, 7 days a week

https://www.unitedway.org/our-impact/featured-programs/2-1-1



Counseling Services: Coronavirus-Anxiety-School-& More <u>Text HOME</u> to 741741 Free 24/7 support <a href="https://www.crisistextline.org">https://www.crisistextline.org</a>



Available for all TSG Full Time Associates Only

FREE counseling Services: Call 866-899-1363/ Free 24/7