



## **ARE YOUR STUDENTS HUNGRY?**

### **Do they...**

- Rush food lines?
- Have extreme hunger on Monday mornings?
- Eat all their food?
- Ask for seconds?
- Eat others' food?
- Tell you that they are hungry?

### **Are they...**

- Extremely thin or obese

### **Do they exhibit...**

- Puffy or swollen skin?
- Chronically dry/cracked lips?
- Chronically dry/itchy eyes?
- Hyperactive, irritable, withdrawn, aggressive?
- Having problems getting along with others?
- Excessively sick or absent from school?

**If these signs occur on a regular and consistent basis,  
please contact**

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**Your School's Snack Pak 4 Kids Site Coordinator**