

Fear Not Dream Big & Execute

TOOLS TO SPARK YOUR DREAM AND
IGNITE YOUR FOLLOW-THROUGH

Jeff Meyer

MADISON, WI

Copyright © 2018 by Jeff Meyer.

All rights reserved. No part of this publication may be reproduced, distributed or transmitted in any form or by any means, including photocopying, recording, or other electronic or mechanical methods, without the prior written permission of the publisher, except in the case of brief quotations embodied in critical reviews and certain other noncommercial uses permitted by copyright law. For permission requests, write to the publisher, addressed “Attention: Permissions Coordinator,” at the address below.

Jeff Meyer
104 Melody Circle
Verona, Wisconsin/53593
www.jeffmeyer.org

Book Layout ©2017 BookDesignTemplates.com

Ordering Information:

Quantity sales. Special discounts are available on quantity purchases by corporations, associations, and others. For details, contact the “Special Sales Department” at the address above.

Book Title/ Author Name. —1st ed.
ISBN 978-0-000000-0-0

Contents

People Are Not Used to Being Coached	4
Try This	8

People Are Not Used to Being Coached

Coaching sparks dreams.

Self-knowledge, courage, risk, support, focused energy are gifts for the individual who finds a coach. Many miss these gifts.

Most people are used to being preached at. They have grown accustomed to being told. Self-knowledge is rare. The energy to think deeply, to inspect and be introspective is hard to come by. Consequently, many require answers instead of finding their own.

This is one of the main reasons why inspiring dreams are rare. And, why we tend to grind out our days working on someone else's.

People prefer me to give answers. My profession is filled with answer people. And it's not helping people grow. It's not helping people dream.

If we believe that people have their own best answers...wait...what did you say? Rewind. People have their own best answers? People are like sheep, the Scriptures say. Sheep don't have their own best answers. They are led. They are taught. They are shepherded.

Sheep don't dream. (Why, then, are we supposed to count them to help us sleep? Hmmmmm...)

This is the line of thinking about sheep that leads many to expect another to give them answers. And, through the years has led the shepherds to settle for giving answers.

I get it. I really do. I understand what the Scriptures say about the human condition. I concur that God has sent, through the ages, prophets, leaders, pastors, evangelists, teachers, parents, kings, and all those in authority. And He's doing it today.

He restores my soul. He guides me along streams of living water...for His name's sake. Those who faithfully lead will help us live out our unique calling and fulfill our purpose. God has never intended for us to be puppets on a string, blindly marching along to carry out the desires of magistrates. He has placed leaders, and guides in our lives to redirect, realign, and realize our contribution **FOR HIS NAME'S SAKE.**

Simply being told what to do is not working to help people to grow, however. Preaching alone is not assisting people to own their dream. Nor is it yielding behavioral transformation in pursuit of those divine imprints.

The lack of interested encouragers in our lives and in the lives of the people we influence is keeping people dependent on the expert. Perhaps you even picked up this book because you thought it might give you access to some golden dream nugget. I hate to disappoint.

You can access the Creator, your Creator. You can discover your dream without the intermediary chosen one who is placed over you. God has created you with the Divine Dream in your DNA.

This is not to suggest that God desires to leave people to their own devices and desires. Not at all. He still is sending prophets, pastors, teachers, evangelists, and apostles. He is still leading and guiding. Jesus Himself is still extending invitations to follow. He is the One who said and says, "Follow me. And I will make you..."

Jesus is not merely an itinerant preacher who directs our steps. He is a soul-stirrer who invites us to walk with Him.

If this is true of our Master, then these "chosen ones" must learn to come alongside and help others discover their own best answers. Our leaders and set apart "experts" must become experts in helping those they serve discover how to listen to the true Expert, and here's the key, **FOR THEMSELVES**. That is, **IF** we want to see people increasingly apply what they learn. If we want people to dream.

If fear keeps people from dreaming, then fear can also keep our leaders from helping others dream. After all, if I encourage people to dream, I may not have them alongside me to help me follow-through on MY dream.

The work is too great, the opportunity too grand for us to restrict the Divine Dream to a few. It belongs to everyone. In order to unleash this great movement of dreamers we will need to effect a shift. This shift will require of us to...

- Ask powerful, soul-stirring questions instead of giving quick expert answers.
- Exhibit Patience and commitment to long-term, enduring relationships
- transform Teaching environments to Training environments
- allow our Teacher/Trainer the space to ask us the powerful, soul-stirring questions that will unlock transformational discovery for ourselves.

There are two sides to this lesson. The side that you are on. And, the side that the ones you influence are on. On your side of the equation the question stands: “Will you allow yourself to be coached?” On the other side, a similar question: “Will you redirect your energies to coach others?”

Let us devote ourselves to helping others follow Jesus. And, in the process of placing them in His care, help them discover their dream and pursue it with freedom and boldness.

Try This

Try these 3 Ideas!

Pick a favorite coaching question and make it your own. Here's a few to choose from:

Say more about that?

What have you tried so far?

If nothing changes, what is likely to happen?

What ideas do you have that you'd be willing to act on?

What would you do if you weren't afraid?

If all things change when we do, what are you willing to change?

Have you checked your assumptions about that?

Consider getting a coach for yourself.

Shifting Teaching Environments to Training Environments (a few examples)

Instead of just telling which Scripture passages to look up to make your point, make your point and then let people search for their own supporting Scripture.

Instead of pulling out a few points in an article that you want to use to make your point, let a small

group read the article for themselves and pull out the points they see as key to the discussion.

Include a take home exercise to try at home in your speech/ sermon/ class. And check in during the next class/ sermon/ speech to see how the exercise went.

Stop right in the middle of your lecture and have the group pair up and actually do the thing you are espousing. If you want them to look at the meaning of their name to gain insight about their calling or personality, then have them do it right there in that moment.

