



✓ RESET ✓ RESTART ✓ REOPEN

General Recommended Guidelines

- Practice social distancing throughout the facility.
- Where practical, equipment should be spaced 6-feet apart, or only every other piece of equipment should be used, allowing for physical separation. Non-used equipment should be powered down, roped off and signage placed on it.
- All employees should wear a facemask.
- Post signage at the door stating that any customer who is currently experiencing COVID-19 symptoms is not permitted to enter.
- Hand sanitizer should be prominently available throughout the facility.
- All equipment should be cleaned frequently and/or in between each guest/user.
- Customers should be directed to wait in their car or outside until space is available based on occupancy limits.
- Ask customers to use app-based technology to schedule appointments, handle payment transactions, and keep up with all communications.
- Consider reducing the size of inperson classes.
- All customers should be directed to wash hands upon entering the facility.
- If customers are waiting for their appointment outside, visual cues should be used to designate safe social distancing.
- There should only be enough equipment in the facility to accommodate the number of guests, plus floor space for guests to do exercising while maintaining social distancing protocols.
- One-way direction set up, no customer passing each other or looping back to a piece of equipment. Signage on the floor, walls and self-standing to be added to aid in new layout.
- Customers should be directed to provide their own hydration/water bottles. No re-filling stations should be available. Sealed, single use items may be provided.
- Bathrooms should be routinely cleaned using CDC approved cleaning products.
- Consider elimination or closure of non-bathroom facilities in locker room areas such as saunas, tanning facilities, etc.
