

# Midwifery, Women's Health, Breastfeeding, *and* Lactation

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Midwifery & Women's Health	3-10
Breastfeeding & Lactation	11-15

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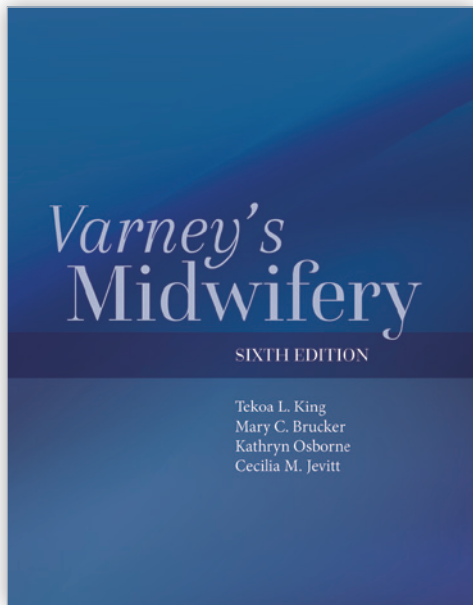
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## Varney's Midwifery

SIXTH EDITION

**Tekoa L. King**, CNM, MPH, FACNM

**Mary C. Brucker**, CNM, PhD, FACNM

**Kathryn Osborne**, RN, CNM, PhD

**Cecilia M. Jevitt**, CNM, PhD, FACNM

ISBN: 978-1-284-16021-5

\$186.95\* | Hardcover | 1408 pages | © 2019

**Available May 2018**

**<http://go.jblearning.com/VARNEY6>**

*"Varney's Midwifery is a primary textbook used in midwifery education. The voices of authors from practices across the nation allow for a robust presentation of evidence-based midwifery. As society changes, and midwifery evolves, so does this textbook evolve, especially as illustrated by new content. This edition includes information that will enable midwives to provide evidence-based care within the context of shared decision making."*

— Editors Tekoa L. King, Mary C. Brucker, Kathryn Osborne, and Cecilia M. Jevitt

**Varney's Midwifery, Sixth Edition** is the gold standard for midwifery practice. Completely updated and revised, this text reflects current evidence-based guidelines. The *Sixth Edition* addresses care of women throughout the lifespan, including primary care, gynecology, maternity care in a variety of settings, and newborn care. It also provides new content on social determinants of health, the changing face of the population, and the population that midwives serve.

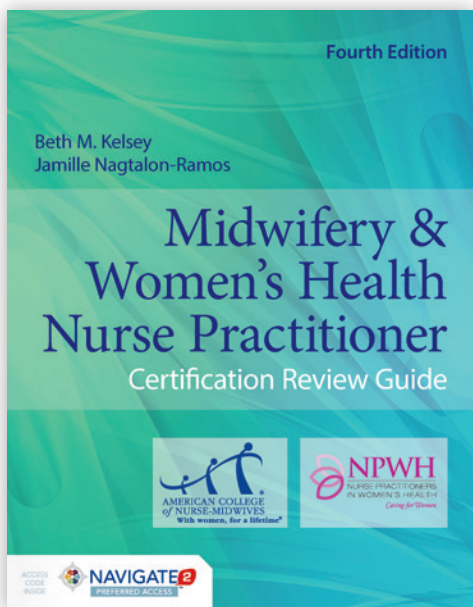
With chapters written by expert midwives with an emphasis on anatomy, physiology, and normal physiologic processes, this text will assist students and midwives in providing healthcare services today. Chapter appendices present essential skills that are designed to help students, midwives, and international readers learn skills that are core components of midwifery practice. These critical skills are evidence-based and include insertion of contraceptive devices, hand maneuvers for birth, management of a fetus in a breech presentation, and steps for managing postpartum hemorrhage.

A comprehensive text, it is divided into seven parts:

- Midwifery
- Primary Care
- Gynecology
- Antepartum
- Intrapartum
- Postpartum
- Newborn

*"Varney's Midwifery remains the best textbook ever for students of midwifery!"*

— Kimberly K. Trout, CNM, PhD, APRN, Assistant Professor of Women's Health, University of Pennsylvania



## Midwifery & Women's Health Nurse Practitioner Certification Review Guide

FOURTH EDITION

**INCLUDES NAVIGATE 2  
PREFERRED ACCESS**

**Beth M. Kelsey**, EdD, APRN, WHNP-BC, FAANP  
**Jamille Nagtalon-Ramos**, MSN, WHNP-BC, IBCLC

ISBN: 978-1-284-11883-4

\$98.95\* | Paperback with Navigate 2 Preferred Access |  
344 pages | © 2018

<http://go.jblearning.com/MWHNP4>

*"Written and reviewed by experts in the fields of midwifery and women's health, this resource provides a comprehensive review that students will find invaluable as they prepare for the certification exam. Students using this resource will gain a boost in knowledge and confidence, and program faculty will want to recommend this resource that is well-aligned with the standards and competencies necessary for professional practice."*

— Kate Woeber, CNM, MPH, Clinical Instructor, Emory University

**Midwifery & Women's Health Nurse Practitioner Certification Review Guide, Fourth Edition** is a comprehensive review designed to help midwives and women's health nurse practitioners prepare for their certification exams. Based on the American Midwifery Certification Board (AMCB) and the National Certification Corporation (NCC) test blueprints, it contains nearly 1,000 questions with answers and rationales representing those found on the exams. The *Fourth Edition* also includes a new chapter on well woman care: menopause and beyond.

- Published in partnership with the American College of Nurse-Midwives (ACNM)
- Endorsed by the National Association of Nurse Practitioners in Women's Health (NPWH)
- Each new print copy includes Navigate 2 Preferred Access that unlocks a comprehensive and interactive eBook and Navigate 2 TestPrep

### STUDENT TESTIMONIALS

*"If you are looking for a study guide that has concise information and great questions [then] this is the book for you. Well worth the money!"*

— Tahara P., CNM

*"I recommend it to all students to use to prepare for midwifery or women's health boards, or both!"*

— Meredith A., CNM, WHNP-BC

*"My entire cohort used this book and we all passed the boards on our first try."*

— Alexis P., WHNP

## Evidence-Based Sexual and Reproductive Health Care

*Policies, Clinical Procedures, and Related Research*

**Theodora D. Kwansa**, PhD, MD, MSc, RN  
**Jill Stewart-Moore**, PhD, RN, MSc

ISBN: 978-1-284-11494-2 | \$86.95\* | Paperback | 600 pages | © 2019

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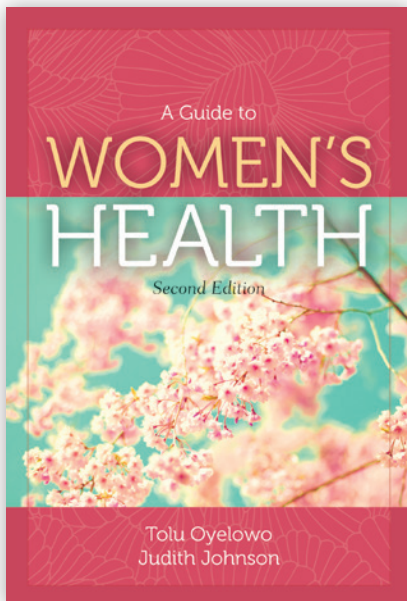
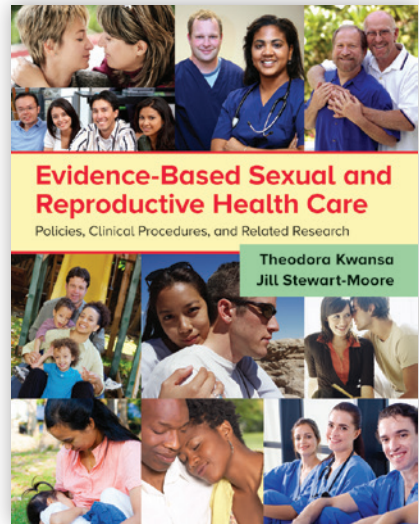
***Evidence-Based Sexual and Reproductive Health Care:***

***Policies, Clinical Procedures, and Related Research*** embraces

the concept of a multi-professional approach to clinical care excellence in sexual and reproductive health care. A comprehensive resource, it

explores the complex nature of sexual health related issues, contemporary management interventions, and the underpinning theories and concepts. With contributions from leading experts from around the globe, the text features perspectives from a wide variety of fields, such as education, medicine, nursing, and the health professions.

- User-friendly and practical in approach
- Explores current and future developments, ongoing research, new treatment procedures, and emerging technological advancements
- Incorporates group interactive techniques that encourage critical thinking around key issues explored in the chapters



## A Guide to Women's Health

SECOND EDITION

**Tolu Oyelowo**, DC, PhD  
**Judith Johnson**, PhD, RN

ISBN: 978-1-284-07961-6 | \$50.95\* | Paperback | 646 pages | © 2018

<http://go.jblearning.com/GWH2E>

***A Guide to Women's Health, Second Edition*** is a practical and multidisciplinary text that enables students and clinicians to identify and treat conditions quickly and effectively. A concise and easy-to-use quick reference, it offers evidence-based information on conventional, complementary, and alternative care choices for a wide range of conditions affecting women.

- Completely updated and revised to reflect current research findings and diagnostic approaches
- Explores the impact of culture, spirituality, and intimate partner violence on women's health
- Includes a chapter on vulnerable populations, such as recent immigrants, LGBTQ individuals, older adults, individuals with disabilities and mental illness, and non-English speakers



## Care of the Well Newborn

**B.J. Snell**, PhD, CNM, FACNM, WHNP

**Sandra L. Gardner**, RN, MS

ISBN: 978-1-284-09351-3 | \$76.95\* | Paperback | 378 pages | © 2017

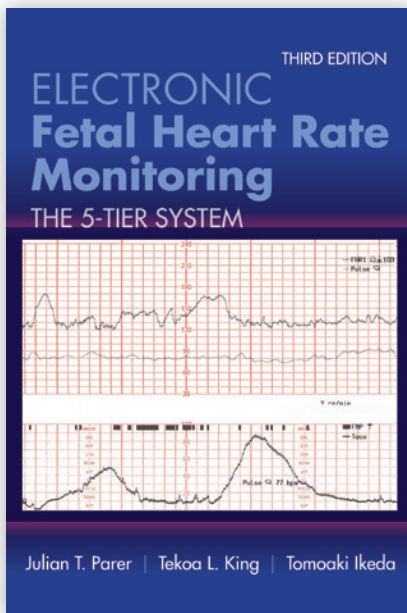
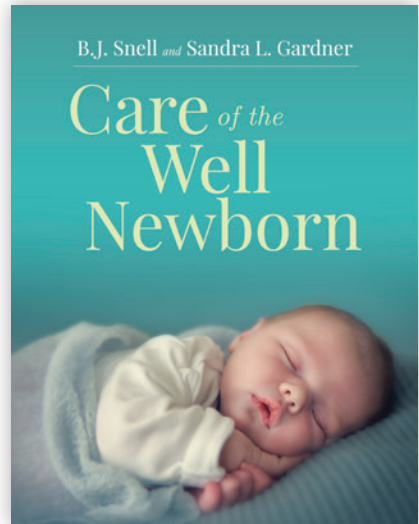
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*"...an enormously useful text for students and practitioners alike in the care of the well newborn."*

— From the Foreword by Helen Varney Burst, CNM, MSN, DHL (Hon.), FACNM, Professor Emeritus, Yale University School of Nursing

**Care of the Well Newborn** is a unique text that focuses on care of the term newborn for the first month of life. Written by distinguished experts in the field, it teaches how and what to assess in the care of the nonverbal newborn, while also providing criteria for recognizing deviations from normal and strategies for managing complications that arise.

- The first text of its kind
- Provides easily accessible information on evidence-based neonatal care
- Follows current guidelines, standards, and recommendations



## Electronic Fetal Heart Rate Monitoring

*The 5-Tier System*

THIRD EDITION

**Julian T. Parer**, MD, PhD

**Tekoa L. King**, CNM, MPH, FACNM

**Tomoaki Ikeda**, MD, PhD

ISBN: 978-1-284-09033-8 | \$75.95\* | Paperback | 242 pages | © 2018

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**Electronic Fetal Heart Rate Monitoring: The 5-Tier System, Third Edition** reviews the practice of fetal heart rate monitoring.

Beginning with a description of the anatomy of fetal circulation, placental function as a respiratory organ, and acid-base balance, it also presents normal fetal cardiovascular and cerebral metabolism.

- Examines the pathophysiologic mechanisms involved in progressive fetal asphyxia via a review of the seminal animal and human studies conducted in this field
- Includes a brief summary of fetal heart rate monitoring technology currently used in clinical practice and standard nomenclature for fetal heart rate characteristics
- Presents variant fetal heart rate patterns and the underlying physiologic mechanisms

## Women's Gynecologic Health

THIRD EDITION

INCLUDES NAVIGATE 2 ADVANTAGE ACCESS

**Kerri Durnell Schuiling**, PhD, NP-BC, CNM, FACNM, FAAN

**Frances E. Likis**, DrPH, NP-BC, CNM, FACNM, FAAN

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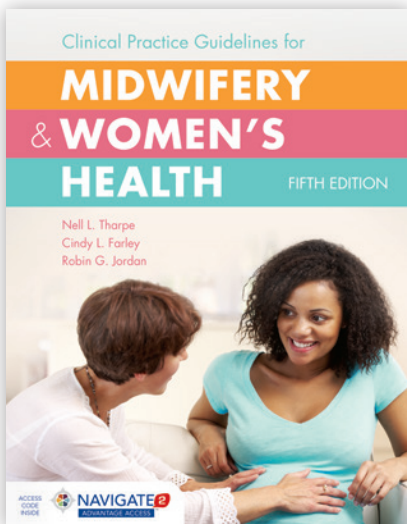
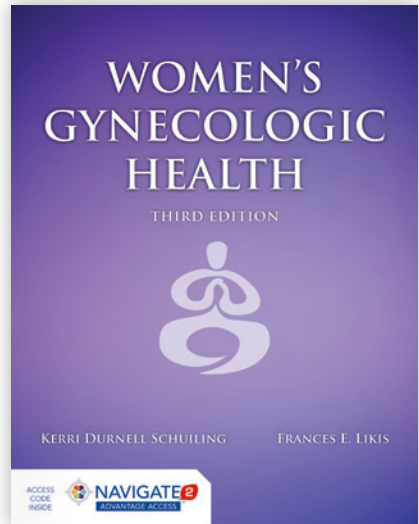
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*"... a rich resource for educators, practitioners, and students."*

— Michelle O'Grady, CNM, DNP

**Women's Gynecologic Health, Third Edition** is a trusted, comprehensive, and evidence-based text that presents women's gynecologic health from a woman-centered and holistic viewpoint. Encompassing both health promotion and management of gynecologic conditions, it provides clinicians and students with a strong foundation in gynecologic care and the knowledge necessary to apply it in clinical practice.

- Four new chapters on prenatal and postpartum care
- Expanded content on often underrepresented populations and topics
- Each new print copy includes Navigate 2 Advantage Access that unlocks a comprehensive and interactive eBook, student practice activities and assessments, a full suite of instructor resources, and learning analytics reporting tools



## Clinical Practice Guidelines for Midwifery & Women's Health

FIFTH EDITION

INCLUDES NAVIGATE 2 ADVANTAGE ACCESS

**Nell L. Thorpe**, CNM, CRNFA, FASCCP, MS, FACNM

**Cindy L. Farley**, CNM, PhD, FACNM

**Robin G. Jordan**, PhD, CNM, FACNM

ISBN: 978-1-284-07021-7

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<http://go.jblearning.com/CPGM5>

**Clinical Practice Guidelines for Midwifery & Women's Health, Fifth Edition** is an accessible and easy-to-use quick reference guide for midwives and women's healthcare providers. Completely updated and revised to reflect the changing clinical environment, it offers current evidence-based practice, updated approaches, and opportunities for midwifery leadership in every practice setting.

- Includes integrative, alternative, and complementary therapies
- Examines the transition to the use of ICD-10 codes, women's health policy and advocacy, risk assessment and decision-making in practice, and inspiring trust in midwifery care
- Each new print copy includes Navigate 2 Advantage Access that unlocks a comprehensive and interactive eBook, student practice activities and assessments, a full suite of instructor resources, and learning analytics reporting tools

## Pharmacology for Women's Health

SECOND EDITION

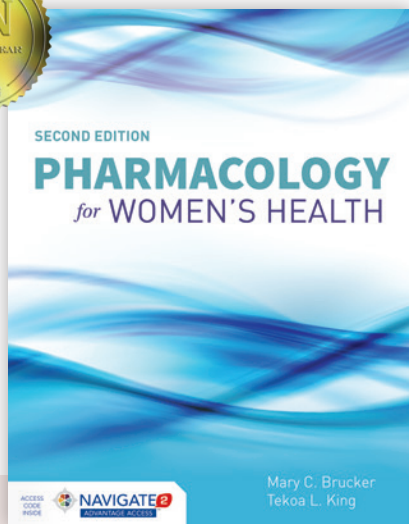
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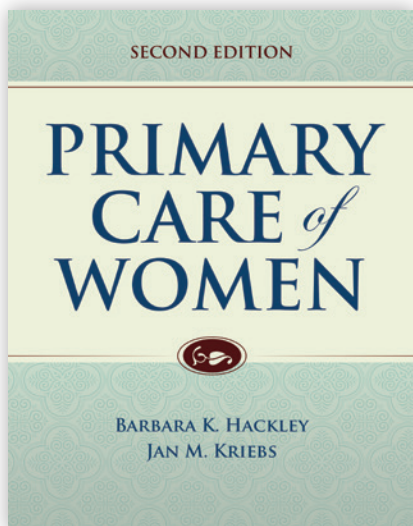
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**Awarded First Place in the 2016 AJN Book of the Year Awards in the Maternal-Child Health Category!**

*Pharmacology for Women's Health, Second Edition* is a unique text that discusses pharmacology as it specifically relates to women's health. It includes new pharmacological agents for common conditions, changes in indications, the use of vaccines, updated guidelines from the CDC for treatment of sexually transmitted infections, and the effects of the Affordable Care Act.

- Completely updated and revised to reflect the changing field of pharmacology
- Includes new resource boxes in each chapter for easy access to more information
- Each new print copy includes Navigate 2 Advantage Access that unlocks a comprehensive and interactive eBook, student practice activities and assessments, a full suite of instructor resources, and learning analytics reporting tools



## Primary Care of Women

SECOND EDITION

**Barbara K. Hackley**, RN, CNM, PhD  
**Jan M. Kriebs**, CNM, MSN, FACNM

ISBN: 978-1-284-04597-0 | \$118.95\* | Hardcover | 1108 pages | © 2017

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*Primary Care of Women, Second Edition* is an essential and easy-to-use resource for healthcare providers who offer primary care to women. Ideal for new and experienced clinicians, it focuses on the need to address women's health holistically. Each chapter begins by discussing common symptoms and how to evaluate them before moving on to diagnosis and management of the most common conditions seen in women.

- Topics include prevention, screening, management of common health problems, and the presentation and management of common health issues in pregnancy
- New chapters on sleep disorders, dental health, and complementary and alternative medicine
- Includes an increased focus on topics such as mental health and violence



## Women's Health Issues Across the Life Cycle

*A Quality of Life Perspective*

Angela Sammarco, PhD, RN

ISBN: 978-0-763-77161-4 | \$83.95\* | Paperback | 544 pages | © 2017

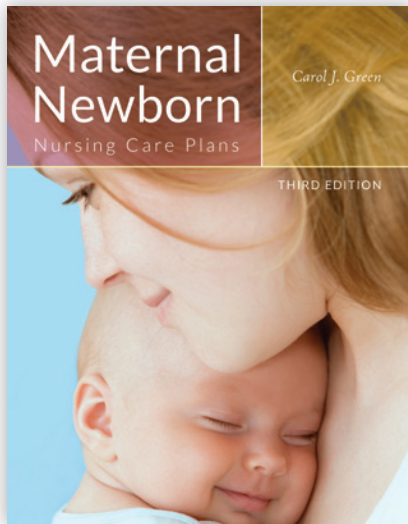
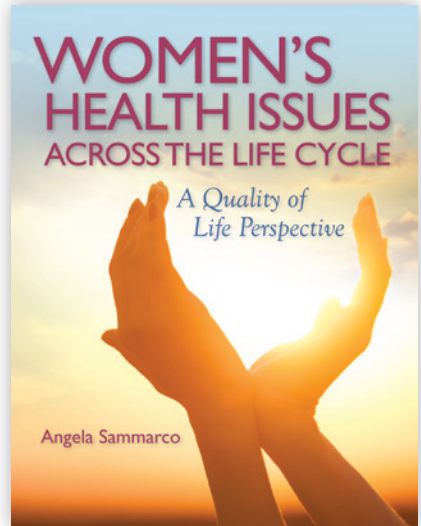
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*"This innovative book is extremely useful to improve critical thinking among nursing students in a women's health class."*

— Julie Baker-Townsend, DNP, WHNP- BC, FNP-BC, University of North Florida Brooks College of Health, for Doody's Review Service

***Women's Health Issues Across the Life Cycle: A Quality of Life Perspective*** is a unique text that explores a wide variety of health issues and concerns for women to offer a holistic approach to care.

- Provides a women-centered perspective to explore the range of factors that can impact women's health and well-being throughout the major life stages
- Examines the ways in which the physical, psychological, spiritual, socioeconomic, and family domains impact women's quality of life
- Offers current research, health promotion strategies and interventions, case studies, and critical thinking questions



## Maternal Newborn Nursing Care Plans

THIRD EDITION

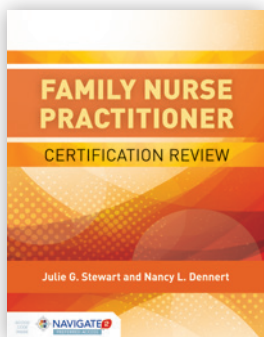
Carol J. Green, PhD, CNS, RN, CNE

ISBN: 978-1-284-03853-8 | \$89.95\* | Paperback | 472 pages | © 2016

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***Maternal Newborn Nursing Care Plans, Third Edition*** teaches students and practicing nurses how to assess, plan, provide, and evaluate care for pregnancy, delivery, recovery, abnormal conditions, and newborn care. Featuring more than 65 of the most common and high-risk care plans for nursing care using the nursing process approach, it includes NIC interventions, discussions on collaborative problems, key nursing activities, signs and symptoms, and diagnostic studies.

- Offers new rationales for nursing actions based on scientific principles, evidence-based practice boxes to highlight current research, and updated references and research
- New breastfeeding care plan added to the normal newborn care chapter and new information on obesity in pregnancy
- New guidelines, practice changes, new standards, and evidence changes



## Family Nurse Practitioner Certification Review

INCLUDES NAVIGATE 2 PREFERRED ACCESS

**Julie G. Stewart**, DNP, MPH, MSN, FNP-BC  
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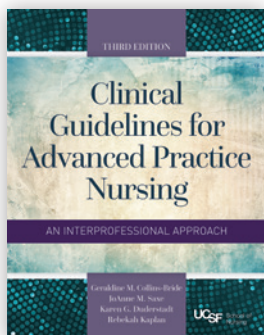
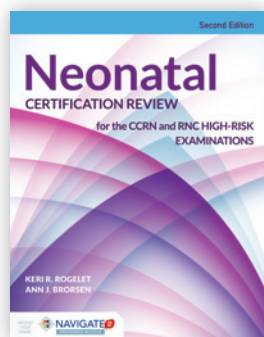
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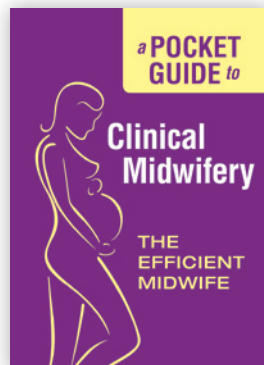
## A Pocket Guide to Clinical Midwifery

*The Efficient Midwife*

**Lauren A. Dutton**, CNM, MSN  
**Jessica E. Densmore**, CNM, MSN  
**Meredith Turner**, PhD, CNM

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## Core Curriculum for Interdisciplinary Lactation Care

Lactation Education Accreditation and Approval Review Committee (LEAARC)

Edited by

**Suzanne H. Campbell**, PhD, RN, IBCLC

**Judith Lauwers**, BA, IBCLC, FILCA

**Rebecca Mannel**, MPH, IBCLC, FILCA

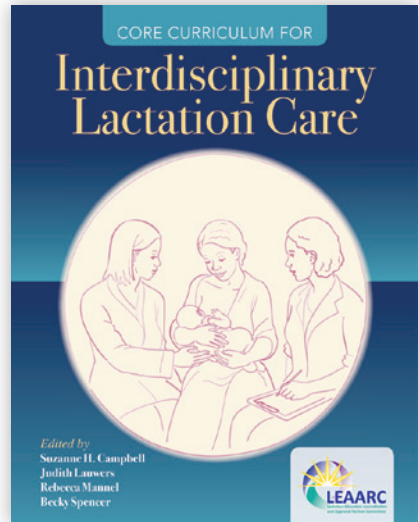
**Becky Spencer**, PhD, RN, IBCLC

ISBN: 978-1-284-11116-3

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**Available July 2018**

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**Core Curriculum for Interdisciplinary Lactation Care** provides an essential foundation for lactation care. Published in partnership with the Lactation Education Accreditation and Approval Review Committee (LEAARC), it is an ideal text for preparing for certification, orienting staff, and planning continuing education programs. Reflecting the current state of practice, it also serves as an ideal resource for clinicians.

With contributions from leading experts in the field, it incorporates an interdisciplinary approach to lactation care. Written to complement the LEAARC curriculum, the text includes clinical applications that move from theory to practice, including key learning points, clinical case studies, and real life stories from the mother and her healthcare team. Also included are perspectives from the breastfeeding family and links to policies and global protocols.

### CONTENTS

#### Section I: Science

Chapter 1: Scientific Evidence Supporting Breastfeeding

Chapter 2: Evidence-Based Lactation Care and Support

Chapter 3: Infant Anatomy and Physiology for Feeding

Chapter 4: Normal Infant Behavior

Chapter 5: Lactation Pharmacology

Chapter 6: Breast Anatomy and Milk Production

Chapter 7: Biochemistry of Human Milk

Chapter 8: Nutrition During Lactation

Chapter 9: Nutrition for the Breastfeeding Child

#### Section II: Management

Chapter 10: Breastfeeding and the Transition to Parenthood

Chapter 11: Breastfeeding and Employment

Chapter 12: Pregnancy, Labor and Birth Complications

Chapter 13: Facilitating and Assessing Breastfeeding Initiation

Chapter 14: Breastfeeding a Preterm Infant

Chapter 15: Breastfeeding Multiples

Chapter 16: Infant Growth: Birth Through Weaning

Chapter 17: Maternal Health and Breastfeeding

Chapter 18: Maternal Mental Health and Breastfeeding

Chapter 19: Induced Lactation and Relactation

Chapter 20: Breast Pathology

Chapter 21: Newborn Challenges: Hyperbilirubinemia and Hypoglycemia

Chapter 22: Low Milk Production and Infant Weight

Chapter 23: Breastfeeding and Infant Birth Injury, Congenital Anomalies, and Illness

Chapter 24: Breastfeeding Devices and Equipment

#### Section III: Professional

Chapter 25: Professional Standards for Lactation Care Providers

Chapter 26: Counseling and Communication

Chapter 27: Problem Solving and Documentation

Chapter 28: Cultural Humility

Chapter 29: Initiatives to Promote, Protect, and Support Breastfeeding

Chapter 30: Lactation Education for Health Professionals

Chapter 31: Expression and Use of Human Milk

Chapter 32: Interdisciplinary Lactation Services

## Comprehensive Lactation Consultant Exam Review

FOURTH EDITION

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**Linda J. Smith**, MPH, FACCE, IBCLC, FILCA

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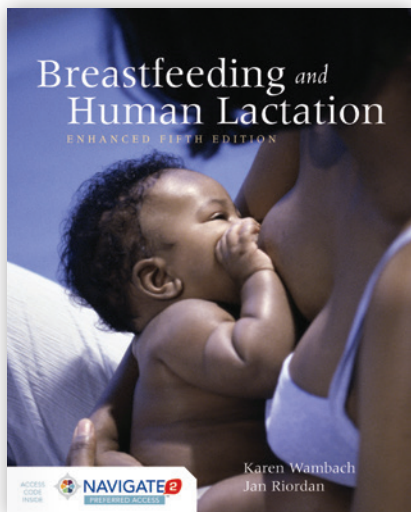
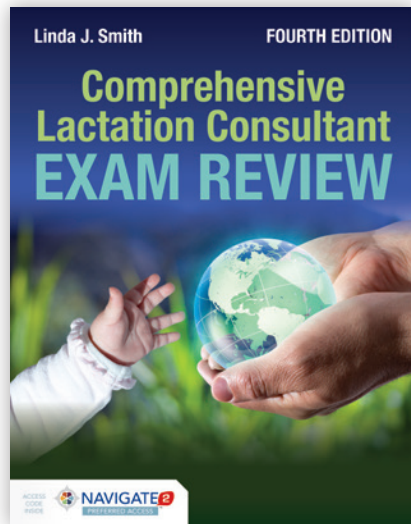
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### ***Comprehensive Lactation Consultant Exam Review, Fourth Edition***

is an ideal reference to help prepare for the International Board of Lactation Consultant Examiners (IBLCE) certification examination.

Completely updated and revised, the *Fourth Edition* follows the latest IBLCE Detailed Content Outline, contains more than 950 practice exam questions and answer rationales, more than 300 photos, more than 100 clinical exercises, and 20 actual clinical case studies.

- Organized around the mother-baby dyad's development and poses questions unique to each particular stage
- Perfect for beginning lactation consultants and those re-certifying, as well as dietitians, childbirth educators, nurses, and breastfeeding counselors
- Each new print copy includes Navigate 2 Preferred Access that unlocks a comprehensive and interactive eBook and Navigate 2 TestPrep



## Breastfeeding and Human Lactation

ENHANCED FIFTH EDITION

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**Karen Wambach**, PhD, RN, IBCLC, FILCA

**Jan Riordan**, EdD, RN, IBCLC, FAAN

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### ***Breastfeeding and Human Lactation, Enhanced Fifth Edition***

continues as the leading reference for the latest clinical techniques and research findings that direct evidence-based clinical

practice for lactation consultants and specialists. Thoroughly updated and revised with current research, references, and photos, it contains a clear clinical focus with more than 2,000 research studies supporting the clinical recommendations found in the text.

- Contributions from the foremost experts in the field
- Topics include placing breastfeeding in its historical context, workplace-related issues, anatomical and biological imperatives of lactation, and sociocultural issues
- Each new print copy includes Navigate 2 Preferred Access that unlocks a comprehensive and interactive eBook and Navigate 2 TestPrep

## Breastfeeding Management for the Clinician

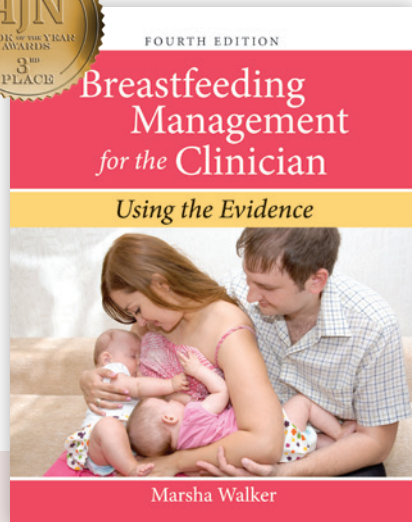
*Using the Evidence*

FOURTH EDITION

**Marsha Walker, RN, IBCLC**

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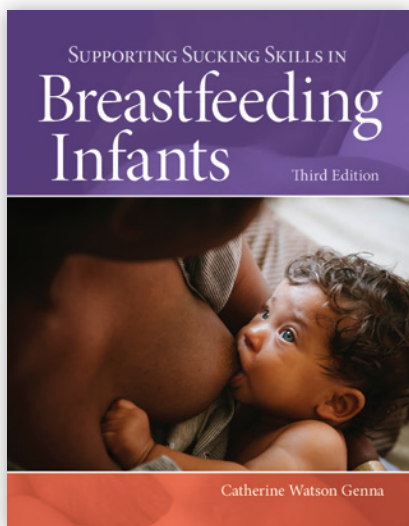
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**Catherine Watson Genna, BS, IBCLC**

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***Supporting Sucking Skills in Breastfeeding Infants, Third Edition*** is an essential resource for healthcare professionals working with new mothers and infants. Using a multidisciplinary approach, it

incorporates the latest research on infant sucking and clinical strategies to assist infants with breastfeeding.

- Focuses on normal sucking function in addition to difficulties based in anatomical, cardiorespiratory, neurological, or prematurity issues
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## Counseling the Nursing Mother

*A Lactation Consultant's Guide*

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Judith Lauwers, BA, IBCLC, FILCA

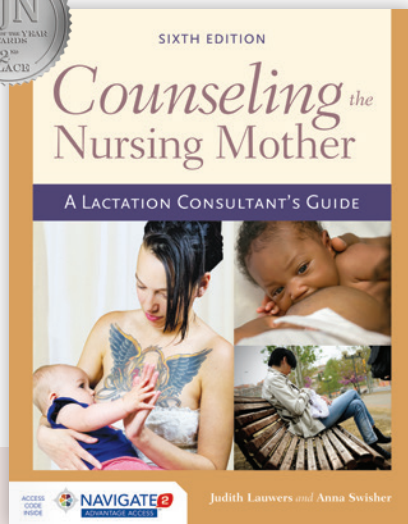
Anna Swisher, MBA, IBCLC

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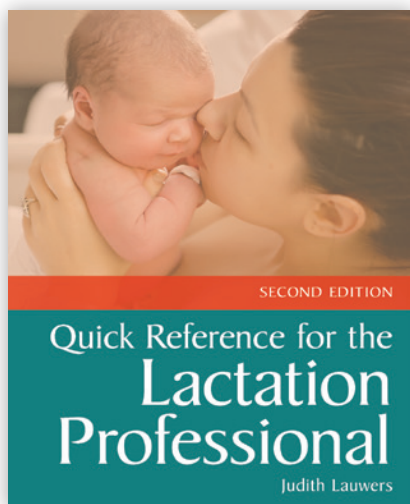
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**Awarded Second Place in the 2015 AJN Book of the Year Awards Maternal-Child Nursing/Childbirthing Category!**



Written from a teaching perspective, ***Counseling the Nursing Mother: A Lactation Consultant's Guide, Sixth Edition*** presents topics within a counseling framework with practical suggestions and evidence-based information interwoven throughout. Completely updated and revised, it includes new research on milk composition, the importance of the gut microbiome and skin-to-skin care, Affordable Care Act changes, and the latest guidelines from the WHO for breastfeeding with HIV.

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## Quick Reference for the Lactation Professional

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Judith Lauwers, BA, IBCLC, FILCA

ISBN: 978-1-284-11197-2 | \$52.95\* | Paperback | 262 pages | © 2018

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*"... useful for a busy practitioner. The back of the book is a wealth of knowledge that makes [it] worth the money and the read."*

— Mechell R. Turner, MEd, CCH, CD, Clinical Lactation

***Quick Reference for the Lactation Professional, Second Edition*** is an easy-to-use resource for healthcare professionals working with breastfeeding women and their families.

- An invaluable tool for clinicians, educators, students, and interns
- Each chapter includes clinical management strategies, key clinical competencies, and tutorials that test comprehension and clinical application with short answer questions and counseling scenarios
- Incorporates inclusive language throughout to provide an equal and diverse approach to assisting breastfeeding families

## Ten Steps to Successful Breastfeeding Online Course

**Karin Cadwell**, PhD, RN, FAAN, IBCLC, ANLC  
**Cindy Turner-Maffei**, MA, ALC, IBCLC

ISBN: 978-1-284-08202-9

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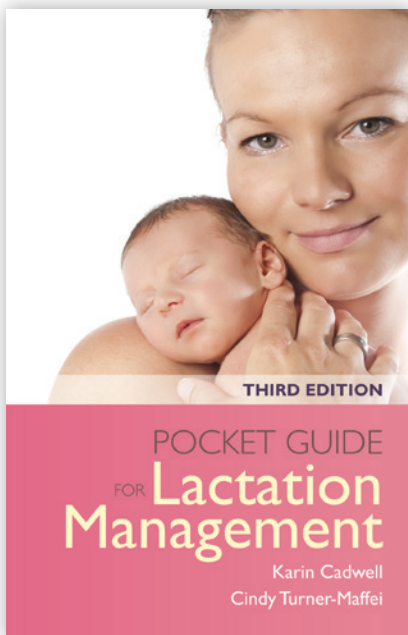
<http://tensteps.jblearning.com>

*"...provides valuable information and should be required for all healthcare workers who have contact with or provide medical care to young women, new moms and expectant moms."*

— User Review

Created specifically to support the implementation of the WHO and UNICEF Baby-Friendly Hospital Initiative, **Ten Steps to Successful Breastfeeding** is an essential course for educating your staff to reach Baby-Friendly status. Structured in 15 modules and now mapped to the Baby-Friendly objectives, this updated course features new animations and knowledge checks throughout each module.

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- Ideal for staff training
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## Pocket Guide for Lactation Management

THIRD EDITION

**Karin Cadwell**, PhD, RN, FAAN, IBCLC, ANLC  
**Cindy Turner-Maffei**, MA, ALC, IBCLC

ISBN: 978-1-284-11120-0 | \$53.95\* | Spiral | 310 pages | © 2017

<http://go.jblearning.com/PGLM3>

*"...an excellent guide for any person working with nursing mothers..."*

— Angela D. Stokes, MA, Clinical Lactation

**Pocket Guide for Lactation Management, Third Edition** is an essential resource for new and experienced lactation care providers. Convenient and easy-to-use, it offers problem-solving and counseling strategies for the wide variety of situations commonly encountered by those working with child-bearing families.

- Completely updated and revised
- Topics include breastfeeding and public health, the Ten Steps to Successful Breastfeeding for hospitals and birth centers, normal breastfeeding, and addressing challenges from both the mother's and baby's perspective
- New metric charts, updated growth expectations, new guidelines, the latest research, and an expanded glossary