

Reopening QUICK REFERENCE GUIDE

Updated June 19, 2020

CLUB HOURS

Monday - Friday: 5:00am – 8:00pm (Pools close at 7:30pm)
Saturday & Sunday: 7:00am – 4:00pm (Pools close at 6:00pm - Outside Gate Exit Only)

POOLS

Therapy Pool: Open - no reservations needed

Lap Pool: Open - 2 lanes available for one-hour reservations; other lanes open for use. One swimmer per lane.

Recreational Pool: Open - no reservations needed

Slides: Closed at this time

- No pool floats
- No plastics water guns
- Refrain from using spray sunscreen indoors.

Diving well: Closed at this time

Baby Pool: Open

Spa: Open - 4 person maximum capacity

Swim Lessons: Available - please email bhudak@thearenaclub.com for more info.

- Do not move chairs on pool deck
- No basketballs (softer ball versions permitted)
- Children under 12 must be attended at all times and within arm's reach of parent in pools.

CHILDCARE

Nursery and Arena Tots/Kids Reopening June 22

Nursery Information:

Monday-Friday: 8am - 12pm & 3pm - 7:30pm

Saturday & Sunday: 8am - 12pm

Ages: Children walking through age 11. No infantst this time.

Reservations required. May book a maximum of 1.5 hrs/day. Registration open 24 hrs in advance. Please cancel reservation if not able to attend.

Arena Tots & Kids

Offered Monday-Friday, 9:30am - 11:30am

Ages: 2 1/2 - 11

Reservations required. Please cancel reservation if not able to attend. Check-in/ pick-up will be on the Sport Court (no longer in the Nursery).

GROUP EXERCISE

All Group Exercise schedules can be viewed on our website under 'Club Hours & Schedules.'

FACILITIES

Locker Rooms: Sauna closed at this time. Showers open.

Restrooms: All open

Track: Open - Maintain proper spacing

Smoothie Bar: Closed at this time

Pro-shop: Open

Sport Courts: Open for group exercise classes only

Trampoline: Closed at this time

Personal Training: Available. Conact Ranee Appleby at rappleby@thearenaclub.com to schedule.

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GUESTS

No Guests at this time.

ENTERING / EXITING

Entering: Hand Sanitizers will be stationed at entrance. Please sanitize hands upon entry, and enter the club in the two right-hand doors. Check-in for all members is absolutely required – the check-in desk will be stationed to the right as you enter.

Exiting: While exiting the building, please follow the stanchions guiding you out the front doors.

SAFETY

If you answer “yes” to any of the following questions, please refrain from entering facility:

- Do you have a compromised immune system or chronic illness
- Have you returned from out-of-state travel within the last 14 days?
- Have you had a fever of 100.4 or greater in or greater in the last 2 days?
- Do you have a cough, shortness of breath or other symptoms typical of COVID19?
- Have you had contact with a person known to be infected with COVID19 within the previous 14 days?

SOCIAL DISTANCING & SANITATION

- Maintain a distance of 6’ between people. Keep machine between yourself and others on the weight floor.
- Clean all equipment with disinfectant wipes before and immediately after use.
- Do not use cardio equipment that is marked not in use.
- Sanitize hands frequently.

SUMMER CAMP

- Camp will begin June 15th.
- **Hours of Camp: 8:30am – 3:30pm (no extended care)**
- If you are interested in registering for camp or have any questions, email Amy Carr at acarr@thearenaclub.com.

SPORTS FACTORY

- Sports Performance Training for athletes is resuming. Please contact Kurt Rawlings at kurtrawlings@thearenaclub.com for more information.

20/30 FASTTRACK

- Open for one-on-one appointments. Please contact Beth Roney at broney@thearenaclub.com.