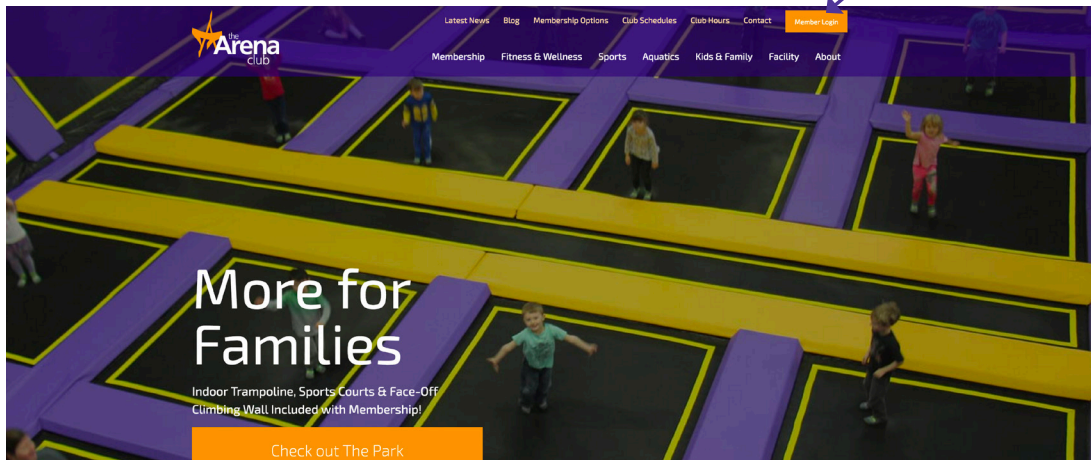


Arena Club Member Portal

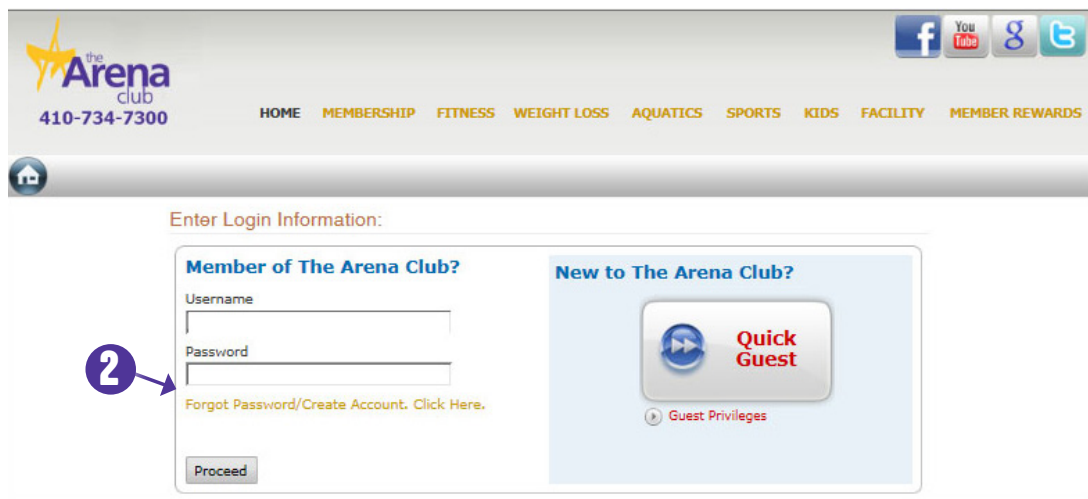
Online Services Instructions

Creating Your Account

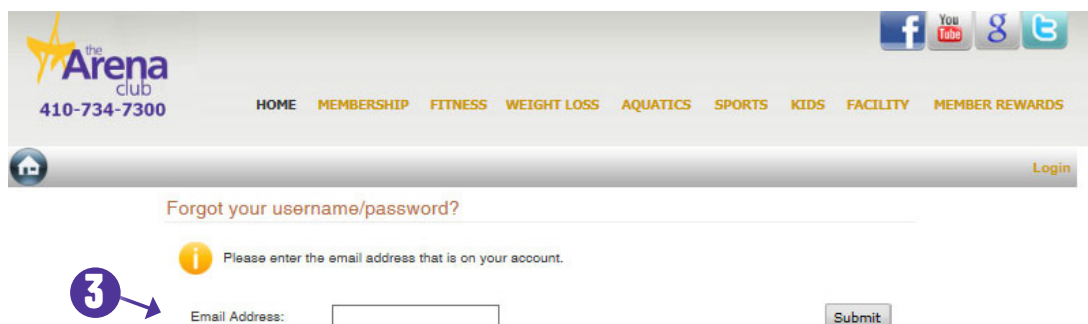
1. Visit www.thearenaclub.com website and click on "Member Login."



2. Click on "Forgot Password/Create Account" to create your password.



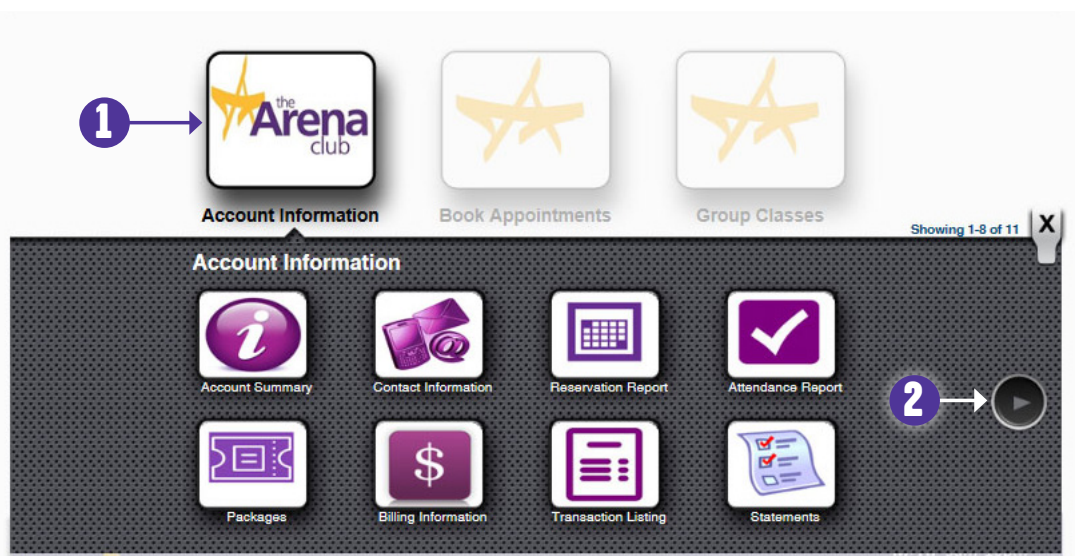
3. Enter your email address and submit. (If you do not have a valid email address on file at The Arena Club, you will need to call us first to get set up in our system at 410-734-7300).



4. An email will be sent to you with your username and password. Once you have the password, click on "Member Login" again from our website to log in.



Account Information

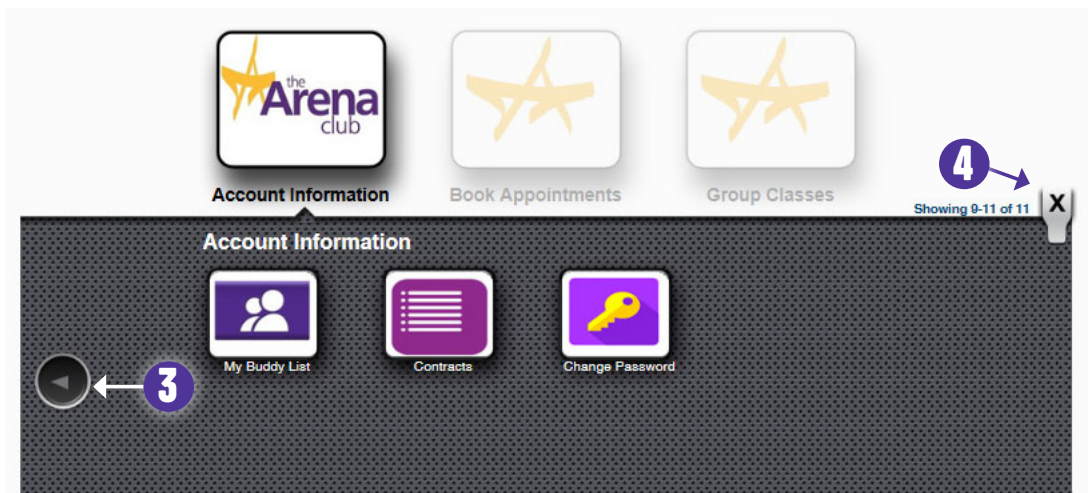


1. When you click on the “Account Information” button a black screen appears with the following options:

- Account Summary: to view your current reservations and messages
- Contact Information: to view/update your personal and contact information
- Reservation Report: to view your past reservations
- Attendance Report: to view your attendance
- Packages: to view purchased personal training packages
- Billing Information: to view/update your billing information
- Transaction Listing: to view your transaction history
- Statements: to view, download, and/or print past statements in .pdf format

2. Click the “next” button for more options.

- Buddy List
- Contracts: list of contracts that apply to your membership account
- Change Password

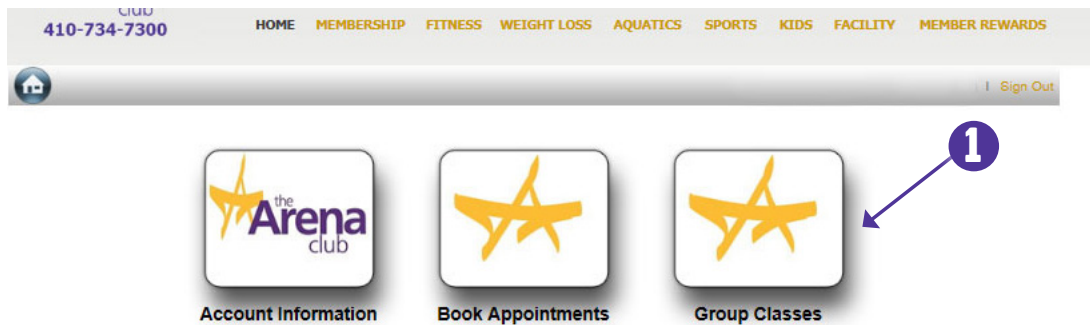


3. Click the “back” button to go to previous screen.

4. Click the “X” button to go back to the home screen.

Group Fitness Registration

1. From the main menu, click "Group Classes."



2. You may select various options such as "category" to narrow down to classes that are good for all levels, advanced levels, aquatic classes, or mind/body classes.

3. You may click to view the schedule for "today" or "tomorrow."

4. Click on "select" to register for a class time.

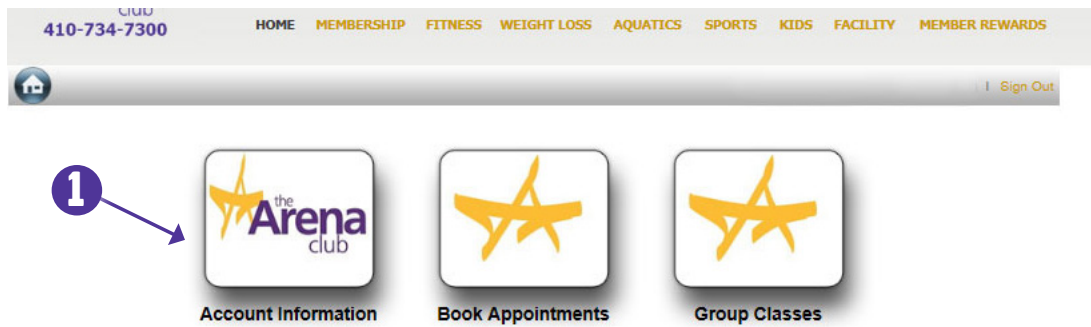
A screenshot of the 'Class Schedules' page. The page title is 'Class Schedules'. Below the title is a 'Selected Criteria' section with the following options: Site: The Arena Club; Category: All Categories; Class: All Classes; Member/Guest: Members; Sort By: Start Time; Date: Today (selected) or Tomorrow; Selected Date: 10/21/2014. Below the criteria is a table of class schedules. A blue arrow with the number '2' points to the 'Selected Criteria' section. A blue arrow with the number '3' points to the 'Date' section. A blue arrow with the number '4' points to the 'Select' button in the first row of the table.

	Start Time	End Time	Class	Location	\$	Capacity	Category
Select	05:30 AM	06:30 AM	PUMP/CXWORX	Studio 1			Advance Level
FULL	08:00 AM	08:45 AM	Tapout H2O	TBA			Aquatic
FULL	09:00 AM	09:45 AM	Walk & Sculpt	Therapy Pool Side A			Aquatic
Select	09:15 AM	10:15 AM	BodyPump	Studio 1			All Levels
FULL	09:15 AM	10:30 AM	Step I.T.	Studio 2			All Levels
Select	09:15 AM	10:00 AM	Cycle Road Trip	Cycling Studio			All Levels
FULL	09:30 AM	10:15 AM	Tabata	Indoor Side B			Advance Level
FULL	10:30 AM	11:15 AM	Pilates Mat	Studio 2			Mind Body

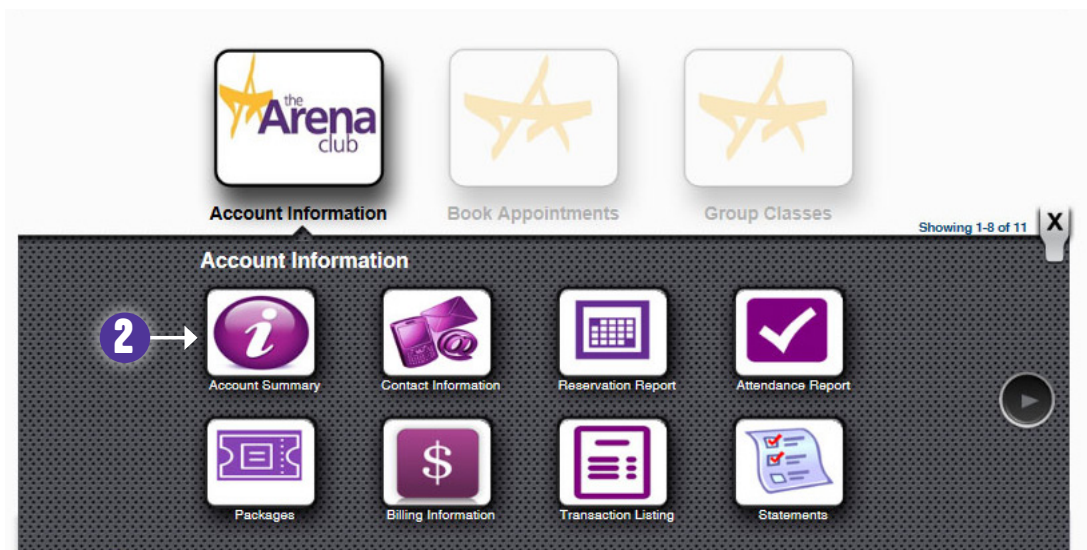
5. You will be prompted with a waiver, to which you must click "I agree." A message will appear on the screen reading, "Thank You" after you have successfully registered.

Cancel A Group Fitness Reservation

1. From the main menu, click "Account Information."



2. Choose "Account Summary."



3. Scroll all the way to the bottom until you see "schedules."



4. Choose the class you want to cancel by clicking on the name of the class (in yellow).

A screenshot of the 'Current Reservations' page. A blue circle '3' with an arrow points to the 'Schedules' section. A blue circle '4' with an arrow points to the 'Zumba' class name in the table. The table has columns for Group Exercise Schedule, Facility, Date, Providers, Resources, and Equipment. The 'Zumba' class is highlighted in yellow.

Group Exercise Schedule	Facility	Date	Providers	Resources	Equipment
Tapout H2O	The Arena Club	11/4/2014; 8:00 AM to 8:45 AM	Kathy W.		
Zumba	The Arena Club	11/3/2014; 7:00 PM to 8:00 PM	Justine H.	Studio 2	

Cancel A Group Fitness Reservation (con't)

5. Choose "Cancel Booking."

Group Exercise - Booking Details  

Class Name:	Zumba	Class Date:	November 03 2014 (07:00 PM - 08:00 PM)
Resources:	Studio 2	Instructor:	Justine H.

5

410.734.7300 2304 Churchville Road Bel Air, MD 21015 M-Th 5am-10pm Fri 5am-9pm Sa-Su 7am-6pm

6. A message will appear letting you know that the booking has been canceled.

Class Name: Tapout H2O Class Date: November 04 2014 (08:00 AM - 08:45 AM)
Resources: TBA Instructor: Kathy W.

Booking cancelled successfully.

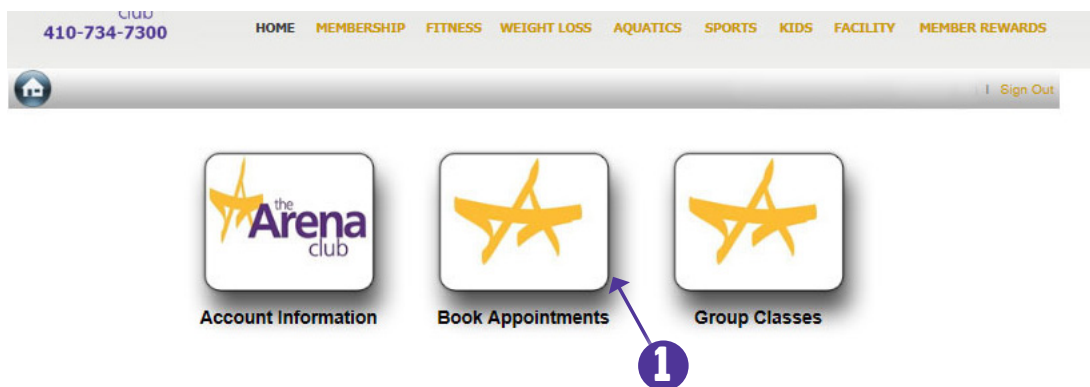
6

410.734.7300 M-Th 5am-10pm Fri 5am-9pm Sa-Su 7am-6pm

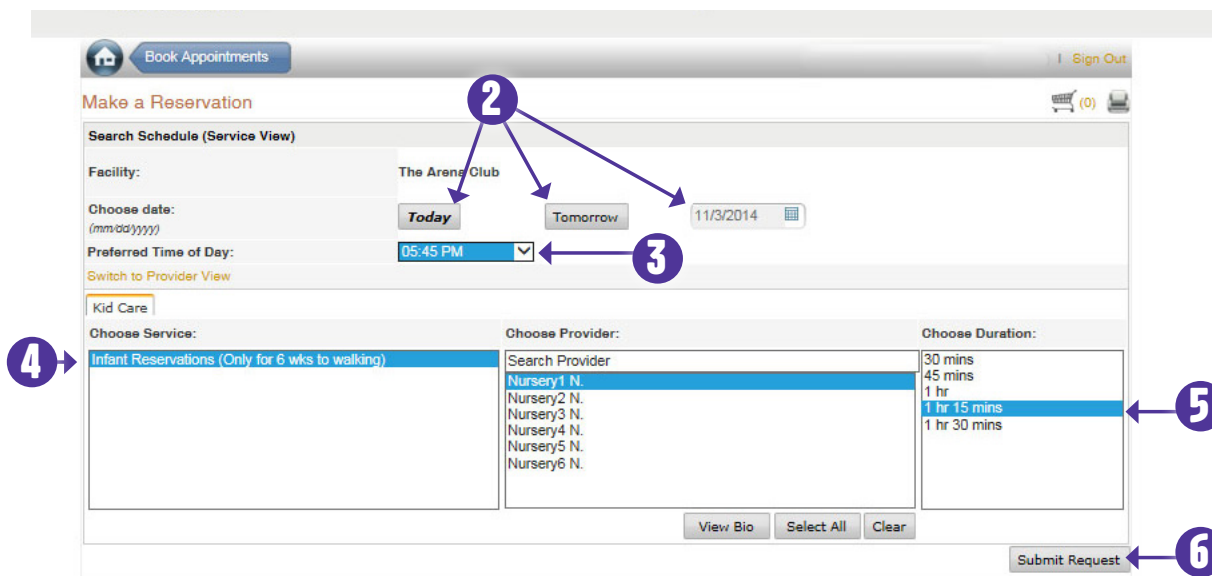
Infant Reservations

1. From the main menu, click "Book Appointments."

Please note: In order to make an infant reservation, the child MUST have a birth date registered in the system. If they do not, you will not be able to get beyond step #2 (Please call us at 410-734-7300 if you need to have a birth date entered in for your child.)



2. Choose either today, tomorrow or fill in a date (Please note: childcare reservations can only be made 72 hours in advance. If you choose a date beyond 72 hours, you will get an error message when you submit the request).
3. Click the drop-down arrow to choose your preferred time of day.
4. Click on Infant Reservations on the left-hand side of the screen.
5. Click on the time duration of the appointment (up to 90 minutes).
6. Click on "Submit Request."




Infant Reservations (con't)

- Click to put a checkmark in the "Accept" box to agree to the waiver.
- Click the "Continue" button.

- This is the confirmation screen to show your reservation has been made.

Kid Care Reservations (con't)

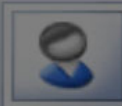

8. Click on "complete reservation." A "thank you" message will appear, letting you know your reservation was successfully completed.


Kid Care Reservations 

Site: The Arena Club Date: 10/22/2014 Start Time: 10 49 AM End Time: 10:49 AM Duration: 00 hrs 00 Min

[View Booking Rules](#)

Number of children(s) : 1

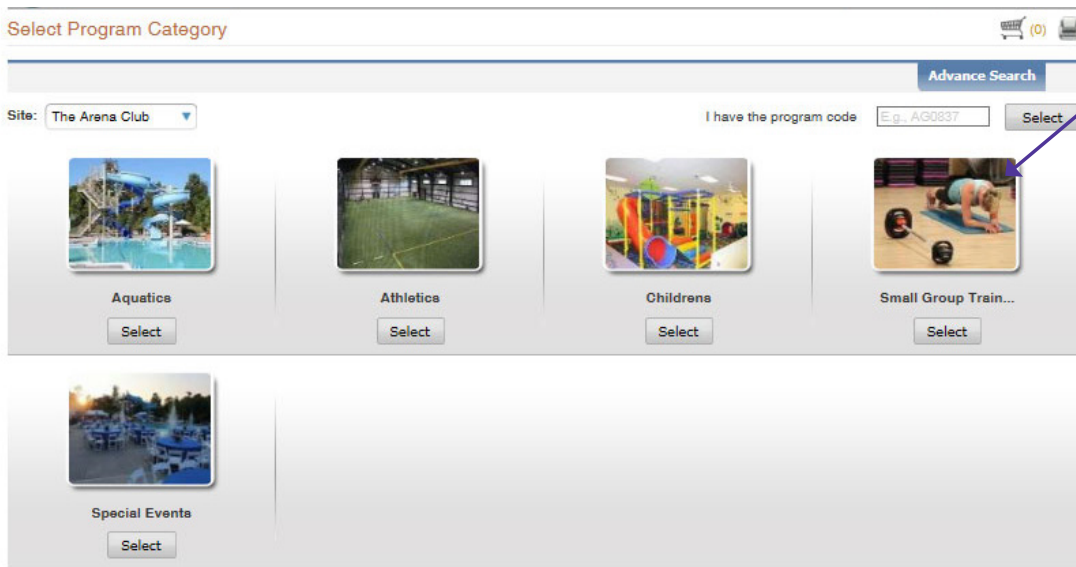
<p>John Smith Age:</p>  <p><input checked="" type="checkbox"/> Assign Room</p>	<p>Jane Smith Age:</p>  <p><input type="checkbox"/> Assign Room</p>
----------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-----------------------------------------------------------------------------------------------------------------------------------------------------------------

8 

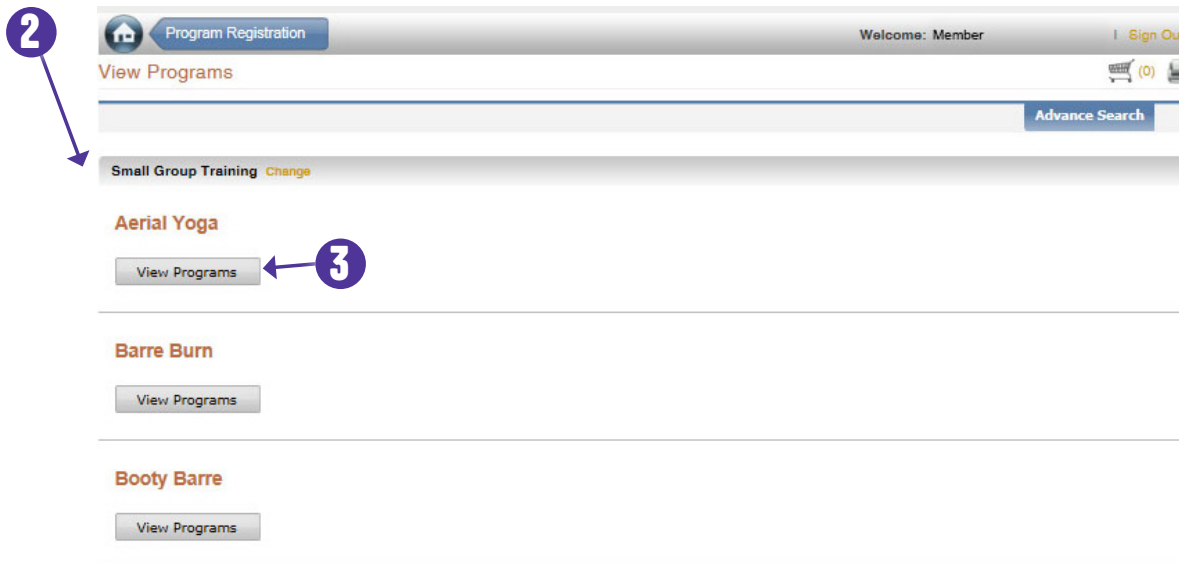
[Complete Reservation](#)

Program Registration

When you click on the “Program Registration” button a screen appears with the following options:



1. Choose the category you want to register for. For this example, we'll use “Small Group Training.”
2. You will then see a list of the programs that fall under Small Group Training.
3. For this example, we will use “Aerial Yoga.” Click on “view programs” under Aerial Yoga.



Program Registration (con't)

4. Review class times/options and click on "Add to Cart"

Aerial Yoga

Hide Programs

Aerial Yoga December - AY4 - Tuesday 12 pm- 1 pm View Detail Tell a Friend Add to Cart

Join Personal Trainer and Aerial Fitness Instructor Kim DeAngelis for a unique yoga suspension training program!

Reg. Dates: 12/1/2013 - 12/31/2014 Program Dates: 12/2/2014 - 12/30/2014 Member Fee: \$100.00

Days of Week: Tu Instructor(s): Kimberly D.

Times: 12:00 PM - 1:00 PM Location(s): Studio 3

of Meetings: 5

(0 of 0 seats available)

Aerial Yoga December - AYS - Tuesday 5 pm- 6 pm View Detail Tell a Friend Add to Cart

Join Personal Trainer and Aerial Fitness Instructor Kim DeAngelis for a unique yoga suspension training program!

Reg. Dates: 12/1/2013 - 12/31/2014 Program Dates: 12/2/2014 - 12/30/2014 Member Fee: \$100.00

Days of Week: Tu Instructor(s): Kimberly D.

Times: 5:00 PM - 6:00 PM Location(s): Studio 3

of Meetings: 5

(0 of 0 seats available)

Aerial Yoga December - AY0 - Wednesday 9:30 am- 10:... View Detail Tell a Friend Add to Cart

5. You will then be presented with the class waiver. Choose "continue" to be taken to a payment page. You will be prompted to input payment information to complete the transaction.

all Group Training [Change](#)

Aerial Yoga

Hide Programs

Aerial Yoga December - AY4 - Tuesday 12 pm- 1 pm View Detail Tell a Friend Add to Cart

Join Personal Trainer and Aerial Fitness Instructor Kim DeAngelis for a unique yoga suspension training program!

Reg. Dates: 12/1/2013 - 12/31/2014 Program Dates: 12/2/2014 - 12/30/2014 Member Fee: \$100.00

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(0 of 0 seats available)

Aerial Yoga December - AYS - Tuesday 5 pm- 6 pm View Detail Tell a Friend Add to Cart

Join Personal Trainer and Aerial Fitness Instructor Kim DeAngelis for a unique yoga suspension training program!

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Days of Week: Tu Instructor(s): Kimberly D.

Times: 5:00 PM - 6:00 PM Location(s): Studio 3

of Meetings: 5

(0 of 0 seats available)

Aerial Yoga December - AY0 - Wednesday 9:30 am- 10:... View Detail Tell a Friend Add to Cart

View Program - Waiver

AERIAL YOGA CONSENT FORM
THE ARENA CLUB

Participation in Omgym aerial classes includes, but is not limited to, performing various suspended yoga postures and/or suspended strength training. Yoga postures, or asanas, are designed to exercise every part of the body---stretching and toning the muscles and joints, the spine and the entire skeletal system. They also work on the internal organs, glands and nerves. Yoga incorporates sustained stretching to strengthen muscles and increase flexibility.

Cancel Continue