



July 4th

Arena Club Schedule

Club: 5:00 am - 4:00 pm

Pool: 5:30 am - 3:30 pm

Childcare: 8:30 am - 12:00 pm

No Arena Tots or Kids

No Trampoline Open Jump

Group Fitness Schedule

Studio 1 Express Formats

Aqua Combo - 8:00 am

*Cycling - 8:30 am (60 min)

HIIT - 8:30 am (45 min)
Arena Sports Factory Building

YogaFlex - 9:30 am

No other classes this day

**Registration required*

No Grind, Platinum, or GTE classes this day.

