



POOL SCHEDULE

**EFFECTIVE
APRIL 30**

LAP POOL

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|---|---|---|---|---|
| | Masters ST (3) Lap (3) 5:30- 6:45am | 6 Lanes Lap 5:30-8am | Masters ST (3) Lap (3) 5:30- 6:45am | 6 Lanes Lap 5:30-8am | 6 Lanes Lap 5:30-8am | |
| | 6 Lanes Lap 6:45-8am | | 6 Lanes Lap 6:45-8am | | | 5 Lanes Lap 1 Lane Open 7am-7:30am |
| 5 Lanes Lap 1 Lane Open 7am-9am | | | Aqua Zumba 9:45-10:30am | | | Masters ST (3) Lap (3) 7:30- 8:45am |
| Swim Team (4) Lap (2) 9-10am | 5 lanes Lap 1 Lane Open 8:45am -3:00pm | 5 lanes Lap 1 Lane Open 8am -3:00pm | 5 lanes Lap 1 Lane Open 10:30am -3:00pm | 5 lanes Lap 1 Lane Open 8am -3:00pm | 5 lanes Lap 1 Lane Open 8am -3:00pm | Swim Team Prep (3) Lap (3) 10-11am |
| Swim Clinic (4) Lap (2) 10-12:30pm | | | | | | |
| | Swim Team (4) Lap (2) 3:00pm - 8:15pm | Swim Team (4) Lap (2) 3:00pm - 8:15pm | Swim Team (4) Lap (2) 3:00pm - 8:15pm | Swim Team (4) Lap (2) 3:00pm - 8:15pm | Swim Team (4) Lap (2) 3:00pm - 8:15pm | 5 Lanes Lap 1 Lane Open 9:30am-5:30pm |
| 5 Lanes Lap 1 Lane Open 12:30-5:30pm | | | | | | |
| | 6 Lap Lanes 8:15pm -9:30pm | 6 Lap Lanes 8:15pm -9:30pm | 6 Lap Lanes 8:15pm -9:30pm | 6 Lap Lanes 8:15pm -9:30pm | 6 Lanes Lap 8:15pm -8:30pm | |

All lanes open for Lap
 Swim Team

Rentals
 Water Aerobics
 Swim Lessons
 Aquatic Programs

SPA

| Spa |
|--------------------------------------|
| Monday - Thursday 5:30am - 9:30pm |
| Friday 5:30am -8:30pm |
| Saturday 7:00am -5:30pm |
| Sunday 7:00am - 4:45pm |

BABY POOL

| Baby |
|--------------------------------------|
| Monday - Thursday 5:30am - 9:30pm |
| Friday 5:30am -8:30pm |
| Saturday 7:00am -5:30pm |
| Sunday 7:00am - 5:30pm |



POOL SCHEDULE

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APRIL 30**

RECREATION POOL

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|-----------------------|---------------------------|---------------|---------------|------------------------|---------------|---------------------------|
| Open 12pm - 5:30pm | Martial Water 8-8:45am | Open 4-8pm | Open 4-8pm | Deep Water 8-8:45am | Open 4-8pm | Aqua Zumba 8:45-9:30am |
| | Open 4-8pm | | | Open 12pm - 5:30pm | | |

**Rec Pool Opens at
4:00pm Mon - Fri
12:00pm Sat/Sun**

**Until school ends, slides
open ONLY
12-5:30pm Sat/Sun**

- Anyone 12 and under will need to take a swim test to use the slides and diving well.
- Sat/Sun from 12-2 ONLY, kids who have not passed the swim test can go down the light blue slide as long as a parent is at the bottom of the slide in the water, and the child can walk up to the top of the slide by themselves

THERAPY POOL

| SUNDAY | | MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | | SATURDAY | |
|----------------------|---------------------------------------|-----------------------|--|---------|---------------------------------------|-----------|--|----------|------------------------------|--------|----------------------|----------|-------|
| Left | Right | Left | Right | Left | Right | Left | Right | Left | Right | Left | Right | Left | Right |
| Open 7am - 5:30pm | Open 5:30am - 9am | | Open 5:30am - 9am | | Open 5:30am - 9am | | Open 5:30am - 9am | | Open 5:30am - 9am | | Open 7am - 5:30pm | | |
| | Aqua Sculpt & Tone 9:00am - 9:45am | | Aqua Sculpt & Tone 9:00am - 9:45am | | Aqua Sculpt & Tone 9:00am - 9:45am | | Aqua Sculpt & Tone 9:00am - 9:45am | | Aqua Yoga 9:00am - 9:45am | | | | |
| | Open 9:45am-9:30pm | | Open 9:45am-9:30pm | | Open 9:45am-9:30pm | | Open 9:45am-7:30pm | | Open 9:45a - 8:30pm | | | | |
| | | | ArenaRx Private Session 11am -11:45am | | | | ArenaRx Private Session 11am -11:45am | | | | | | |
| | | | Open 11:45am-7pm | | | | Open 11:45am-7:30pm | | | | | | |
| | | | Aqua Sculpt & Tone 7-7:45pm | | | | Aqua Sculpt & Tone 7:30pm -8:15pm | | | | | | |
| Open 7:45-9:30pm | | Open 8:15pm-9:30pm | | | | | | | | | | | |

- All Open
- Lessons on one side
- Water Aerobics