

POOL SCHEDULE

LAP POOL

EFFECTIVE
NOVEMBER 14

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	6 Lanes Lap 5:30-8am	6 Lanes Lap 5:30-7am	6 Lanes Lap 5:30-9:45am	6 Lanes Lap 5:30-8am	6 Lanes Lap 5:30-7am	
5 Lanes Lap 1 Lane Open 7am-7:45am	Martial Water 8-8:45am		Aqua Zumba 9:45-10:30am	Deep Water 8-8:45am		5 Lanes Lap 1 Lane Open 7am-9am
Swim Team (4) Lap (2) 7:45-10am	5 lanes Lap 1 Lane Open 8:45am -3:00pm	5 lanes Lap 1 Lane Open 7am -3:00pm	5 lanes Lap 1 Lane Open 10:30am -3:00pm	5 lanes Lap 1 Lane Open 8:45am -3:00pm	5 lanes Lap 1 Lane Open 7am -3:00pm	Swim Lessons (1) Lap (5) 9:00 am -12pm
Swim Clinic (4) Lap (2) 10-12:30pm						
5 Lanes Lap 1 Lane Open 12:30-5:30pm	Swim Team (4) Lap (2) 3:00pm - 8:15pm	Swim Team (4) Lap (2) 3:00pm - 8:15pm	Swim Team (4) Lap (2) 3:00pm - 8:15pm	Swim Team (4) Lap (2) 3:00pm - 8:15pm	Swim Team (4) Lap (2) 3:00pm - 8:15pm	5 Lanes Lap 1 Lane Open 12-5:30pm
		J.C. Swim Team (4) Lap (2) 8:15-9:15pm		J.C. Swim Team (4) Lap (2) 8:15-9:15pm		
	6 Lap Lanes 8:15pm -9:30pm	6 Lap Lanes 9:15pm -9:30pm	6 Lap Lanes 8:15pm -9:30pm	6 Lap Lanes 9:15pm -9:30pm	6 Lanes Lap 8:15pm -8:30pm	

SPA

Monday - Thursday 5:30am - 9:30pm
Friday 5:30am -8:30pm
Saturday 7:00am -5:30pm
Sunday 7:00am - 4:45pm

THERAPY POOL

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
Left	Right	Left	Right	Left	Right	Left	Right	Left	Right	Left	Right	Left	Right
Open 7am - 5:30pm		Open 5:30am - 9am		Open 5:30am - 9am		Open 5:30am - 9am		Open 5:30am - 9am		Open 5:30am - 9am		Open 7am - 8:45am	
		Aqua Sculpt & Tone 9:00am -9:45am		Aqua Sculpt & Tone 9:00am -9:45am		Aqua Sculpt & Tone 9:00am -9:45am		Aqua Sculpt & Tone 9:00am -9:45am		Aqua Yoga 9:00am -9:45am		Aqua Zumba 8:45am- 9:30am	
		Open 9:45am-12pm		Open 9:45am-9:30pm		Open 9:45am-12pm		Open 9:45am-7:30pm		Open 9:45a - 8:30pm		Open 9:30am - 5:30pm	
		ArenaRx Private Session 12pm -12:45pm				ArenaRx Private Session 12pm -12:45pm							
		Open 12:45pm-7:30pm				Open 12:45pm-7:30pm							
		Aqua Sculpt & Tone 7:30pm -8:15pm								Aqua Sculpt & Tone 7:30pm -8:15pm			
Open 8:15pm-9:30pm								Open 8:15pm-9:30pm					

BABY POOL

Monday - Thursday 5:30am - 9:30pm
Friday 5:30am -8:30pm
Saturday 7:00am -5:30pm
Sunday 7:00am - 5:30pm