



<div>Monday the 16th</div> <div></div>	<div>9:15</div> <div>10:00</div> <div>11:00</div> <div>11:15</div> <div>1:30</div> <div>2:00</div> <div>2:30</div> <div>3:00</div> <div>3:30</div>	<div>CS Bible Lesson/Sermon Fellowship ~ Monday-Friday</div> <div>Morning Stretch</div> <div>Show and Share ~ Yellow Autumn Leaves</div> <div>Pray the Rosary</div> <div>Fitness with Maria</div> <div>Pet Visit ~ Maggie Mae</div> <div>Word Games with Christine</div> <div>Stay Sharp ~ Amazing Benefits of Lemons</div> <div>Afternoon Stretch and Balloon Toss with Sue</div>	<div>Study Room Bldg 3, 2nd FL</div> <div>Gardens Lobby Bldg 3</div> <div>Gardens Lobby Bldg 3</div> <div>Dining Room Bldg 2</div> <div>Activity Room Bldg 2</div> <div>Gardens Lobby Bldg 3</div> <div>Activity Room Bldg 2</div> <div>Gardens Lobby Bldg 3</div> <div>Gardens Lobby Bldg 3</div>
<div>Tuesday the 17th</div> <div>Downtown Appointments</div> <div>*RSVP at Front Desk</div> <div>206-937-6122</div>	<div>10:00</div> <div>10:30</div> <div>10:45</div> <div>11:00</div> <div>11:30</div> <div>1:00</div> <div>1:00</div> <div>1:30</div> <div>2:30</div> <div>4:00</div> <div>6:30</div>	<div>Morning Stretch</div> <div>Coffee Social ~ Cinnamon Rolls</div> <div>CS Daily Lifts – Sentinel Radio</div> <div>Tai Chi with Robert</div> <div>Round Table with Jim</div> <div>League of Women Voters</div> <div>Walking Club ~ weather permitting *RSVP</div> <div>Strength Training with Robert</div> <div>Bingo with Candy Lee</div> <div>Book Club ~ “Three Men in a Boat”</div> <div>Hand & Foot Card Game</div>	<div>Gardens Lobby Bldg 3</div> <div>Tea Room Bldg 3</div> <div>Study Room Bldg 3 2nd FL</div> <div>Activity Room Bldg 2</div> <div>Dining Room Bldg 2</div> <div>Meeting Room Bldg 3, FL 2</div> <div>Meet in your Lobby</div> <div>Activity Room Bldg 2</div> <div>Gardens Lobby Bldg 3</div> <div>Parlor Bldg 2</div> <div>Parlor Bldg 2</div>
<div>Wednesday 18th</div> <div></div>	<div>9:30</div> <div>10:00</div> <div>11:00</div> <div>1:30</div> <div>3:30</div>	<div>Van Trip: Fox Hollow Farm & Pumpkin Patch ~</div> <div>Free admission and lunch at Triple XXX Rootbeer</div> <div>Drive-In *RSVP</div> <div>Morning Stretch</div> <div>TMC Live Web Testimony Meeting</div> <div>Fitness with Maria</div> <div>Color Your World with Sue (Halloween Theme)</div>	<div>Meet in Your Lobby</div> <div>Gardens Lobby Bldg 3</div> <div>Study Room Bldg 3 2nd FL</div> <div>Activity Room Bldg 2</div> <div>Gardens Lobby Bldg 3</div>
<div>Thursday the 19th</div> <div></div>	<div>9:00</div> <div>10:00</div> <div>10:15</div> <div>1:30</div> <div>1:30</div> <div>1:30</div> <div>1:30</div> <div>2:30</div> <div>2:30</div> <div>3:30</div> <div>6:30</div> <div>6:30</div>	<div>New Pet Visit with a Chiweenie ~ part Chihuahua and</div> <div>part Dachshund named April</div> <div>Morning Stretch</div> <div>QFC, Banks, Rite Aid *RSVP</div> <div>Shopping Southcenter *RSVP</div> <div>Pool with Richard</div> <div>Zumba with Maria</div> <div>Strength Training with Robert</div> <div>Bingo with Candy Lee</div> <div>Movie: Gilda, 1946, 110 mins, South American Thriller</div> <div>tarring Rita Hayworth, Glenn Ford and George Macready in a</div> <div>steamy love triangle.</div> <div>Dinner Out: Prost! Feierabend German Pub *RSVP</div> <div>Hymn Sing</div> <div>Hand & Foot Card Game</div>	<div>Gardens Lobby Bldg 3</div> <div>Gardens Lobby Bldg 3</div> <div>Meet in Your Lobby</div> <div>Meet in your Lobby</div> <div>Pool Room Bldg 2, 2nd FL</div> <div>Gardens Lobby Bldg 3</div> <div>Activity Room Bldg 2</div> <div>Gardens Lobby Bldg 3</div> <div>Activity Room Bldg 2</div> <div>Meet in Your Lobby</div> <div>Activity Room Bldg 2</div> <div>Meet in Your Lobby</div>
<div>Friday the 20th</div> <div></div>	<div>9:30</div> <div>10:00</div> <div>10:30</div> <div>11:00</div> <div>1:30</div> <div>2:30</div> <div>4:00</div>	<div>Morning Stretch</div> <div>Women’s Bible Study</div> <div>Scenic Van Ride ~ Krispy Kreme Donuts*RSVP</div> <div>Tai-Chi with Robert</div> <div>Fitness with Maria</div> <div>Movie: The Hunt for Red October 1990, 135 mins,</div> <div>an action movie about avoiding war. Sean Connery, Alec</div> <div>Baldwin, Scott Glenn and James Earl Jones.</div> <div>Book Club rescheduled</div>	<div>Gardens Lobby Bldg 3</div> <div>Meeting Room Bldg 3 2nd FL</div> <div>Meet in Your Lobby</div> <div>Activity Room Bldg 2</div> <div>Activity Room Bldg 2</div> <div>Activity Room Bldg 2</div> <div>Parlor Bldg 2</div>
<div>Saturday the 21st</div> <div></div>	<div>10:00</div> <div>10:00</div> <div>1:30</div> <div>2:00</div> <div>2:30</div>	<div>Happy Birthday, BJ Paine!</div> <div>Morning Stretch</div> <div>Toastmasters</div> <div>Strength Training with Robert ~ stretching, strengthening</div> <div>and improving your balance.</div> <div>Music and Sing Along with Amy</div> <div>Movie: Mrs. Miniver, 1942, 135 mins, Greer Carson and</div> <div>Walter Pidgeon star in this Oscar-Winning drama about an</div> <div>English family’s efforts to rise above the hardship of war.</div>	<div>Garden Lobby Bldg 3</div> <div>Dining Room Bldg 2</div> <div>Activity Room Bldg 2</div> <div>Gardens Lobby Bldg 3</div> <div>Activity Room Bldg 2</div>
<div>Sunday the 22nd</div> <div></div>	<div>9-12:30</div> <div>11:30</div> <div>2:00</div> <div>2:30</div> <div>3:00</div>	<div>Church Transportation *RSVP</div> <div>West Seattle Christian Communion Service</div> <div>Movie: Phantom of the Opera, 2004, 140 mins,</div> <div>Romantic Drama, this musical stars Gerard Butler as the</div> <div>reclusive Phantom that roams beneath the Paris Opera.</div> <div>Scenic Van Ride *RSVP</div> <div>Bingo with Candy Lee</div>	<div>Meet in Your Lobby</div> <div>Parlor Bldg 4</div> <div>Activity Room Bldg 2</div> <div>Meet in Your Lobby</div> <div>Gardens Lobby Bldg 3</div>