

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

9:15 CS Bible Lesson M-F

10:00 The Daily Chronicle  
10:30 Dr Phil Good  
11:00 Pray the Rosary  
2:00 Scenic Drive  
3:15 Sorting  
4:15 Music W/Bonnie (GL)

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Canada Day

**WEST SEATTLE APPTS. 2**

10:00 The Daily Chronicle  
10:30 Morning Stretch  
11:00 Walk About  
11:15 Hands & Nails  
11:45 CS Daily Lifts ~ Sentinel  
2:00 Fresh Flowers W/Jo (GL)  
3:15 Ca-plunk Game  
4:15 Sing Along W/Bonnie (GL)

10:00 The Daily Chronicle  
10:30 Morning Stretch  
10:45 CS Live Web Testimony  
11:00 Puzzles  
2:00 Garden Lobby Party (GL)  
3:15 Pokeno  
4:15 Music W/Bonnie (GL)

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10:15 The Daily Chronicle (GL)  
10:30 Morning Stretch (GL)  
2:00 Movie



Independence Day (US)

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10:15 The Daily Chronicle  
10:30 Morning Stretch  
11:00 Walk About  
2:00 Trivia  
4:00 Volley Ball (GL)

10:30 Morning Coffee & News (GL)  
11:15 Puzzles (GL)  
2:00 Movie (GL)

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9:00 Church Transportation  
1:00 Salvation Army

10:00 The Daily Chronicle  
10:30 Dr Phil Good  
11:00 Walk About  
11:00 Pray the Rosary  
2:00 Scenic Drive  
3:15 Pair It Up  
4:15 Music W/Bonnie (GL)

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**SOUTH END APPTS. 9**

10:00 The Daily Chronicle  
10:30 Morning Stretch  
11:00 Walk About  
11:15 Hands & Nails  
11:45 CS Daily Lifts ~ Sentinel  
2:00 Traveling to the Moon  
3:15 Bingo  
4:15 Sing Along W/Bonnie (GL)

10:00 The Daily Chronicle (GL)  
10:30 Morning Stretch  
10:45 CS Live Web Testimony  
11:00 Puzzles  
2:00 Garden Lobby Party (GL)  
3:15 Pokeno  
4:15 Music W/Bonnie (GL)

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10:15 The Daily Chronicle  
10:30 Morning Stretch  
11:15 Sensory of Smells  
2:00 U- Tube Animals  
3:15 Paired Up  
4:00 Reminiscing the Good The Good Old Days (GL)

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10:15 The Daily Chronicle  
10:30 Morning Stretch  
11:15 Walk About  
2:00 Cookies and Drink Social  
4:00 Volley Ball (GL)

10:30 Morning Coffee & News (GL)  
11:15 Puzzles (GL)  
2:00 Movie (GL)

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9:00 Church Transportation

10:00 The Daily Chronicle  
10:30 Dr Phil Good  
11:00 Walk About  
11:00 Pray the Rosary  
2:00 Scenic Drive  
3:15 Remembering Moon Songs  
4:15 Music W/Bonnie (GL)

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**DOWN TOWN APPTS. 16**

10:00 The Daily Chronicle  
10:30 Morning Stretch  
11:00 Walk About  
11:15 Hands & Nails  
11:45 CS Daily Lifts ~ Sentinel  
2:00 Baking  
3:15 Ca-plunk Game  
4:15 Sing Along W/Bonnie (GL)

10:00 The Daily Chronicle  
10:30 Morning Stretch  
10:45 CS Live Web Testimony  
11:00 Puzzles  
11:00 Walk About  
2:00 Garden Lobby Party (GL)  
3:15 Pokeno  
4:15 Music W/Bonnie (GL)

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10:15 The Daily Chronicle  
10:30 Morning Stretch  
11:15 Sensory of Smells  
2:00 Movie & Popcorn  
4:00 Reminiscing the Good The Good Old Days (GL)

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10:15 The Daily Chronicle  
10:30 Morning Stretch  
11:15 Walk About  
2:00 Short Stories  
4:00 Volley Ball (GL)

10:30 Morning Coffee & News (GL)  
11:15 Puzzles (GL)  
2:00 Movie (GL)

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9:00 Church Transportation

9:30 The Daily Chronicle  
10:30 Morning Stretch  
10:30 Dr Phil Good  
11:00 Walk About  
11:00 Pray the Rosary  
2:00 Scenic Drive  
3:15 Sorting & Folding  
4:15 Music W/Bonnie (GL)

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**DISCRETIONARY APPTS. 23**

10:00 The Daily Chronicle  
10:30 Morning Stretch  
11:00 Walk About  
11:15 Hands & Nails  
11:45 CS Daily Lifts ~ Sentinel  
2:00 Craft- Ink Art  
3:15 Bingo  
4:15 Sing Along W/Bonnie (GL)

10:00 The Daily Chronicle  
10:30 Morning Stretch  
10:45 CS Live Web Testimony  
11:00 Puzzles  
11:00 Walk About  
2:00 Garden Lobby Party (GL)  
3:15 Pokeno  
4:15 Music W/Bonnie (GL)

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10:15 The Daily Chronicle  
10:30 Morning Stretch  
11:15 Sensory of Smells  
2:00 U- Tube Babies  
3:15 Volley Ball Toss  
4:00 Reminiscing the Good The Good Old Days (GL)

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10:15 The Daily Chronicle  
10:30 Morning Stretch  
12:30 Hawaiian Luau & Music DR 3 or DR 4 (Music)  
4:00 Volley Ball (GL)

10:30 Morning Coffee & News (GL)  
11:00 Puzzles (GL)  
2:00 Movie (GL)

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9:00 Church Transportation

9:30 The Daily Chronicle  
10:30 Morning Stretch  
10:30 Dr Phil Good  
11:00 Pray the Rosary  
11:00 Walk About  
2:15 Do You Remember When?  
3:15 Sorting & Folding  
4:15 Music W/Bonnie (GL)

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10:00 The Daily Chronicle  
10:30 Morning Stretch  
11:00 Walk About  
11:45 CS Daily Lifts ~ Sentinel  
2:00 Baking  
3:15 Bingo  
4:00 Classical Piano Concert Activity Room Bldg. 2

9:30 The Daily Chronicle  
10:30 Morning Stretch  
10:45 CS Live Web Testimony  
11:00 Walk About  
11:00 Puzzles  
2:00 Garden Lobby Party (GL)  
3:15 Pokeno  
4:15 Music W/Bonnie (GL)

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# July 2019

## The Assisted Living Enhance Program