







<div>Monday April 16th</div> <div></div>	<div>9:15</div> <div>10:00</div> <div>11:00</div> <div>11:15</div> <div>1:30</div> <div>2:00</div> <div>2:30</div> <div>3:00</div> <div>3:30</div>	<div>CS Bible Lesson/Sermon Fellowship ~ Monday–Friday</div> <div>Morning Stretch with Sue</div> <div>Show and Share ~ More Flowers for April</div> <div>Pray the Rosary</div> <div>Fitness with Maria ~ Get ready for Walking Club!</div> <div>Pet Visit ~ Maggie Mae</div> <div>Word Games with Christine</div> <div>Stay Sharp ~ Positive Ways to Deal with Change</div> <div>Fun times ~ Balloon Toss with Sue</div>	<div>Study Room Bldg 3, 2nd FL</div> <div>Gardens Lobby Bldg 3</div> <div>Gardens Lobby Bldg 3</div> <div>Dining Room Bldg 2</div> <div>Activity Room Bldg 2</div> <div>Gardens Lobby Bldg 3</div> <div>Activity Room Bldg 2</div> <div>Gardens Lobby Bldg 3</div> <div>Gardens Lobby Bldg 3</div>
<div>Tuesday April 17th</div> <div><div>Downtown</div><div>Appointments</div><div>*RSVP at Front Desk</div><div>206-937-6122</div></div>	<div>10:00</div> <div>10:00</div> <div>10:30</div> <div>10:45</div> <div>11:00</div> <div>11:30</div> <div>1:00</div> <div>1:00</div> <div>1:30</div> <div>2:30</div> <div>3:30</div> <div>6:30</div>	<div>Strength and Balance with Robert</div> <div>Morning Stretch</div> <div>Coffee Social ~ serving refreshments, Please Join us and Welcome Kendra McDermott, our new Activity Assistant.</div> <div>CS Daily Lifts – Sentinel Radio</div> <div>Tai Chi with Robert</div> <div>Round Table with Jim ~ all residents welcome!</div> <div>Walking Club with Heather *RSVP</div> <div>League of Women Voters</div> <div>Strength Training with Robert</div> <div>Balloon Toss with Candy Lee</div> <div>Book Club: National Bestseller, <i>The Know It All</i></div> <div>Hand and Foot Card Game</div>	<div>Dining Room Bldg 1</div> <div>Gardens Lobby Bldg 3</div> <div>Dining Room Bldg 2</div> <div>Study Room Bldg 3, 2nd FL</div> <div>Activity Room Bldg 2</div> <div>Dining Room Bldg 2</div> <div>Meet in Your Lobby</div> <div>Meeting Room Bldg 3, 2nd FL</div> <div>Activity Room Bldg 2</div> <div>Gardens Lobby Bldg 3</div> <div>Parlor Bldg 2</div> <div>Parlor Bldg 4</div>
<div>Wed April 18th</div> <div></div>	<div>10:00</div> <div>10:00</div> <div>11:00</div> <div>11:00</div> <div>1:30</div> <div>2:30</div>	<div>Morning Stretch with Robert</div> <div>Rescheduled Van Trip: Skagit Valley Tulip Festival & Lunch at the Farmhouse and visit the beautiful RoozenGaarde Tulip Garden admission \$7.00 *RSVP</div> <div>Ambassadors Meeting Today</div> <div>TMC Live Web Testimony Meeting</div> <div>Fitness with Maria</div> <div>Movie: <i>Send Me No Flowers</i>, 1964, 100 mins, Comedy Classic. A hypochondriac mistakes another patient’s diagnosis as his own. Starring Rock Hudson, Doris Day</div>	<div>Gardens Lobby Bldg 3</div> <div>Meet in Your Lobby</div> <div>Meeting Room Bldg 3, 2nd FL</div> <div>Study Room Bldg 3, 2nd FL</div> <div>Activity Room Bldg 2</div> <div>Activity Room Bldg 2</div>
<div>Thurs April 19th</div> <div><div>Spring Tea Luncheon</div></div>	<div>10:00</div> <div>10:00</div> <div>10:00</div> <div>12:30</div> <div>1:30</div> <div>1:30</div> <div>2:30</div> <div>2:30</div> <div>3:30</div> <div>6:30</div> <div>6:30</div>	<div>Happy Birthday, John Larson!</div> <div>Strength and Balance with Robert</div> <div>Morning Stretch</div> <div>QFC, Banks, Rite Aid *RSVP</div> <div>SPRING TEA LUNCHEON ~ Only Bldg 1 and 2 Residents *RSVP ~ Bldg 4 Residents are signed-up</div> <div>Pool Lessons with Richard</div> <div>Strength Training with Robert</div> <div>Movie: <i>Ladies in Lavender</i>, 2004, 100 mins, Two sisters share a beach house in Cornwall. Starring Maggie Smith and Judi Dench.</div> <div>Cookies & Conversation with Candy Lee</div> <div>Book Club: A National Bestseller, <i>The Know It All</i></div> <div>Hymn Sing ~ All Welcome</div> <div>Hand & Foot Card Game</div>	<div>Dining Room Bldg 1</div> <div>Gardens Lobby Bldg 3</div> <div>Meet in Your Lobby</div> <div>Dining Room Bldg 4</div> <div>Pool Room 2nd Floor, Bldg 2</div> <div>Activity Room Bldg 2</div> <div>Activity Room Bldg 2</div> <div>Garden Lobby Bldg 3</div> <div>Parlor Bldg 2</div> <div>Activity Room Bldg 2</div> <div>Parlor Bldg 4</div>
<div>Friday April 20th</div> <div></div>	<div>10:00</div> <div>10:00</div> <div>10:00</div> <div>10:45</div> <div>11:00</div> <div>1:30</div> <div>4:00</div>	<div>Strength and Balance with Robert</div> <div>Morning Stretch ~ stretching makes a difference!</div> <div>Women’s Bible Study</div> <div>Van Trip: Lunch & Cherry Blossom & Japanese Cultural Festival at the Seattle Center Armory</div> <div>Note: Need to walk about a block to the entrance*RSVP</div> <div>Tai Chi with Robert</div> <div>Fitness with Maria ~ Keep Moving!</div> <div>Fun Times ~ Balloon Toss</div>	<div>Dining Room Bldg 1</div> <div>Gardens Lobby Bldg 3</div> <div>Meeting Room Bldg 3, 2nd FL</div> <div>Meet in Your Lobby</div> <div>Activity Room Bldg 2</div> <div>Gardens Lobby Bldg 3</div>
<div>Saturday April 21st</div> <div></div>	<div>10:00</div> <div>10:00</div> <div>1:30</div> <div>2:00</div>	<div>Morning Stretch with Robert</div> <div>Toastmasters</div> <div>Strength Training with Robert ~ stretching, strengthening and improving your balance. Over a matter of weeks, you will see the benefits.</div> <div>Piano Music and Sing Along with Sandra Walker</div>	<div>Gardens Lobby Bldg 3</div> <div>Activity Room Bldg 2</div> <div>Activity Room Bldg 2</div> <div>Activity Room Bldg 2</div>
<div>Sunday April 22nd</div> <div></div>	<div>9-12:30</div> <div>2:30</div> <div>2:30</div>	<div>Happy Birthday, Bonnie Moffatt!</div> <div>Church Transportation *RSVP</div> <div>Cookies and Conversation with Candy Lee</div> <div>Movie: <i>The Winning Team</i>, 1952, 96 mins, Sports Biopic of Baseball Cardinals pitching great, Grover Cleveland Alexander portrayed by Ronald Reagan. Doris Day is cast as his supportive wife.</div>	<div>Meet in Your Lobby</div> <div>Gardens Lobby Bldg 3</div> <div>Activity Room Bldg 2</div>

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