

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>Easter Sunday</p> <p>9:00 Church Transportation 11:30 West Seattle Christian Communion Service 1:30 Sing Along with the Salvation Army 2:30 Movie 2:30 Cookies & Conversation with Candy Lee</p>	<p>2</p> <p>10:00 Morning Stretch 11:00 Show and Share 11:15 Pray the Rosary 1:30 Fitness with Maria 2:00 Pet Visit Maggie Mae 2:30 Word Games 3:00 Stay Sharp 3:30 Balloon Toss 4:30 Van Trip: Dinner at Chelan Café and Music with C. C.</p>	<p>3</p> <p>West Seattle Appts</p> <p>10:00 Strength & Balance 10:00 Morning Stretch 10:30 Coffee Social 10:45 CS Daily Lifts-Sentinel Radio 11:00 Tai-Chi with Robert 1:00 Walking Club 1:30 Strength Training 2:30 Current Events with Pete 3:30 Book Club 6:30 Hand & Foot Card Game</p>	<p>4</p> <p>10:00 Talk Food with Jenifer 10:00 Morning Stretch 10:30 Huckleberry Square 11:00 TMC Live Web Meeting 1:30 Fitness with Maria 2:15 Movie 3:30 DINNER DIVE & DANCE at Yen Wor Village and Senior Center of West Seattle</p>	<p>5</p> <p>10:00 Strength & Balance 10:00 Morning Stretch 10:15 WING LUKE MUSEUM 1:30 QFC, Banks, Rite Aid 1:30 Pool Lessons 1:30 Strength Training 2:30 Bingo with Candy Lee 3:30 Book Club 4:00 Card making with Vickie 6:30 Hand & Foot Card Game 6:30 Hymn Sing</p>	<p>6</p> <p>10:00 Strength & Balance 10:00 Morning Stretch 10:00 Women's Bible Study 10:00 Crestwood Garden Club 10:45 Van Ride: Original Bakery 11:00 Tai-Chi with Robert 1:30 Fitness with Maria 1:30 Balls, Bean Bags & Balloons 2:30 Movie</p>	<p>7</p> <p>9:00 AARP Driving Class 10:00 Morning Stretch 10:00 Toastmasters 1:30 Strength Training 2:30 Movie: <i>Enchanted April</i></p> 
<p>8</p> <p>9:00 Church Transportation 2:00 Country Music with Hank and Eulaine 2:30 Movie 2:30 Cookies & Conversation with Candy Lee</p> 	<p>9</p> <p>10:00 Morning Stretch 11:00 Show and Share 11:15 Pray the Rosary 1:30 Fitness with Maria 2:00 Pet Visit with Maggie Mae 2:30 Word Games 3:00 Stay Sharp 3:30 Balloon Toss</p>	<p>10</p> <p>Burien/Highline Appts</p> <p>10:00 Strength & Balance 10:00 Morning Stretch 10:30 Coffee Social 11:00 Necklaces & Purses 10:45 CS Daily Lifts-Sentinel Radio 11:00 Tai-Chi with Robert 1:00 Walking Club 1:30 Strength Training 2:30 Bingo with Candy Lee 3:30 Book Club 6:30 Hand & Foot Card Game</p>	<p>11</p> <p>10:00 Morning Stretch 10:00 VAN TRIP: Skagit Valley Tulip Festival Lunch at the Farmhouse and Roozen Gaarde Tulip Garden 11:00 TMC Live Web Meeting 1:30 Fitness with Maria 2:15 Movie</p>	<p>12</p> <p>Birthday Celebrations</p> <p>10:00 Strength & Balance 10:00 Morning Stretch 10:15 QFC, Banks, Rite Aid 1:30 Shopping: Southcenter 1:30 Pool Lessons 1:30 Strength Training 2:00 Downsizing Seminar 2:30 Bingo with Candy Lee 3:30 Book Club 6:30 Hand & Foot Card Game 6:30 Hymn Sing</p>	<p>13</p> <p>10:00 Strength & Balance 10:00 Morning Stretch 10:00 Women's Bible Study 11:00 Tai-Chi 1:30 Fitness with Maria 1:30 Balls, Bean Bags & Balloons 2:30 Movie</p>	<p>14</p> <p>9:00 Pancake Breakfast 10:00 Morning Stretch 10:30 Resident Council Meeting 1:30 Strength Training with Robert 2:00 Sing Along with Amy 2:30 Movie</p>
<p>15</p> <p>9:00 Church Transportation 11:30 West Seattle Christian Communion Service 2:30 Movie 2:30 Cookies & Conversation with Candy Lee</p>	<p>16</p> <p>10:00 Morning Stretch 11:00 Show and Share 11:15 Pray the Rosary 1:30 Fitness with Maria 2:00 Pet Visit with Maggie Mae 2:30 Word Games 3:00 Stay Sharp 3:30 Balloon Toss</p>	<p>17</p> <p>Downtown Appts</p> <p>10:00 Strength & Balance 10:00 Morning Stretch 10:45 CS Daily Lifts-Sentinel Radio 11:00 Tai-Chi with Robert 11:30 Round Table with Jim 1:00 League of Women Voters 1:00 Walking Club 1:30 Strength Training 3:30 Book Club</p>	<p>18</p> <p>10:00 Morning Stretch 10:00 Lunch Out: IHOP 11:00 TMC Live Web Testimony Meet 1:30 Fitness with Maria 2:15 Movie 3:00 Cookie Break 3:30 Balloon Toss</p>	<p>19</p> <p>10:00 Strength & Balance 10:00 Morning Stretch 10:15 QFC, Banks, Rite Aid 12:30 RESIDENT SPRING TEA LUNCHEON 1:30 Pool Lessons 1:30 Strength Training 2:30 Bingo with Candy Lee 3:30 Book Club 6:30 Hand & Foot Card Game 6:30 Hymn Sing</p>	<p>20</p> <p>10:00 Strength & Balance 10:00 Morning Stretch 10:00 Women's Bible Study 10:45 Van Trip: Cherry Blossom & Japanese Cultural Festival 11:00 Tai-Chi with Robert 1:30 Fitness with Maria 1:30 Balls, Bean Bags & Balloons</p>	<p>21</p> <p>10:00 Morning Stretch 10:00 Toastmasters 1:30 Strength Training with Robert 2:00 Piano Music and Sing Along with Sandra Walker</p>

Sunday Church Schedule

- 9:15** Fauntleroy Church, UCC
- 9:15** 14th Church of Christ, Scientist
- 9:30** St John the Baptist Episcopal
- 10:15** Grace Church
- 10:15** Salvation Army
- 10:30** Holy Family Church

Spiritual Activities

- 9:15** CS Bible Lesson/Sermon Fellowship; Monday – Friday
- 10:00** Friday Women's Bible Study
- 11:15** Monday Pray the Rosary
- 11:30** West Seattle Christian Sunday Communion Service
- 6:30** Thursday Evening Hymn Sing
- 6:30** Evening CS Sunday Service Last Sunday of the Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22	23	24	25	26	27	28
<p>9:00 Church Transportation 2:30 Cookies & Conversation with Candy Lee 2:30 Movie</p> 	<p>10:00 Morning Stretch 11:00 Show and Share 11:15 Pray the Rosary 2:00 Pet Visit with Maggie Mae 2:30 Word Games 3:00 Stay Sharp 3:30 Balloon Toss</p>	<p>Discretionary Appointments</p> <p>10:00 Strength and Balance 10:00 Morning Stretch 10:30 Resident Activity Meeting 10:45 CS Daily Lifts-Sentinel Radio 11:00 Tai-Chi with Robert 1:00 Walking Club 1:30 Strength Training 2:00 Hot Diggity Dog! with Jim 2:30 Bingo with Candy Lee 3:30 Book Club 6:30 Hand & Foot Card Game</p>	<p>9:00 Snoqualmie Casino & Lunch Out 10:00 Morning Stretch 11:00 TMC Live Web Testimony Meeting 1:30 Fitness with Maria 2:15 Movie 3:00 Flowers Arrangements 3:30 Balloon Toss 6:45 Evening Bingo</p>	<p>10:00 Morning Stretch 10:00 Strength & Balance 10:15 QFC, Banks, Rite Aid 1:00 OPEN HOUSE Parkview 1:30 Shopping: Fred Meyer 1:30 Pool Lessons 1:30 Strength Training 2:30 Bingo with Candy Lee 3:30 Book Club 4:00 DINNER OUT at Elliott Bay Brewhouse and Pub 6:30 Hand & Foot Card Game 6:30 Hymn Sing</p>	<p>10:00 Morning Stretch 10:00 Strength & Balance with Robert 10:00 Women's Bible Study 10:00 West Seattle Garden Club Meeting 10:45 Van Trip: Krispy Kreme 11:00 Tai-Chi with Robert 1:30 Fitness with Maria 2:30 Bonus Buck Raffle and Auction</p> 	<p>10:00 Morning Stretch 1:30 Strength Training with Robert 2:30 Movie</p>
29	30					
<p>9:00 Church Transportation 2:30 Movie 2:30 Cookies & Conversation with Candy Lee 6:30 CS Sunday Service</p>	<p>10:00 Morning Stretch 11:00 Show and Share 11:15 Pray the Rosary 1:30 Integrative Foot Care Visit 2:00 Pet Visit Maggie Mae 2:30 Word Games 3:00 Stay Sharp 3:30 Balloon Toss</p>		<p>April Events</p> <p>Dinner Dive & Dance Yen Wor Village and Dance at Senior Center of West Seattle with Lauren Petrie</p> <p>Dinner Out Elliott Bay Brewhouse and Pub</p>	<p>April Events</p> <p>Van Trip: Skagit Valley Tulip Festival Lunch at Farmhouse Restaurant Roozen Gaarde Tulip Garden</p> <p>Annual Resident Spring Tea Luncheon</p>	<p>April Events</p> <p>Daystar Open House Thursday, April 26th 1:00 – 3:00 pm</p> <p>Seattle Cherry Blossom & Japanese Cultural Festival</p>	

Happy Easter

Sunday Church Schedule

9:15 Fauntleroy Church, UCC
9:15 14th Church of Christ, Scientist
9:30 St John the Baptist Episcopal
10:15 Grace Church
10:15 Salvation Army
10:30 Holy Family Church

Spiritual Activities

9:15 CS Bible Lesson/Sermon Fellowship; Monday – Friday
10:00 Friday Women's Bible Study
11:15 Monday Pray the Rosary
11:30 West Seattle Christian Sunday Communion Service
6:30 Thursday Evening Hymn Sing
6:30 Evening CS Sunday Service Last Sunday of the Month