

 $August\ 14^{th}\ to\ August\ 20^{th}$ * Signifies a Sign-Up Activity. Call the Front Desk: 937-6122 Please RSVP by 4:30 PM the Day Before a Scheduled Van Event

Monday the 14 th	9:15 10:00 11:00 11:15 2:00 3:00	CS Bible Study Fellowship ~ Monday through Friday Morning Stretch Show and Share ~ Green Pray the Rosary Word Games with Christine Stay Sharp ~ Benefits of Cucumbers	Study Room Bldg 3, 2 nd FL Gardens Lobby Bldg 3 Gardens Lobby Bldg 3 Dining Room Bldg 2 Activity Room Bldg 2 Gardens Lobby Bldg 3
Tuesday the 15 th Downtown Appointments *RSVP at Front Desk 206-937-6122	10:00 10:00 10:45 11:00 11:30 12:00 1:00 1:30 3:00 4:00 6:30	Morning Stretch Coffee Social CS Daily Lifts – Sentinel Radio Tai Chi with Robert Round Table with Jim New Resident & Ambassador Luncheon Walking Club ~ South Seattle College Arboretum *RSVP Strength Training with Robert Color Your World ~ Butterflies Book Club ~ New Comedy, "Three Men in a Boat" Hand & Food Card Game	Gardens Lobby Bldg 3 Gardens Dining Room 3, 2 nd FL Study Room Bldg 3, 2 nd FL Activity Room Bldg 2 Dining Room Bldg 2 Dining Room Bldg 1 Meet in your Lobby Activity Room Bldg 2 Gardens Lobby Bldg 3 Parlor Bldg 2 Parlor Bldg 2
Wednesday 16 th OUR NEW VESSELS Legient up a legient u	10:00 10:00 10:30 1:30 2:00 2:30	Van Trip: Water Taxi & Ivar's Fish Bar *RSVP Morning Stretch with Robert CS Testimony Meeting Strength Training with Robert Coffee Time ~ Ice Cream Sandwiches Movie: Rescheduled Seven Brides for Seven Brothers 1954, 102 minutes, Academy Award-Winning musical starring Howard Keel and Jane Powell Bingo with Candy	Meet in Your Lobby Gardens Lobby Bldg 3 Study Room Bldg 3, 2 nd FL Activity Room Bldg 2 Tea Room Bldg 3 Activity Room Bldg 2 Gardens Lobby Bldg 3
Thursday the 17 th	10:00 10:15 1:30 1:30 1:30 2:30 4:00 6:30 6:30	Morning Stretch QFC, Banks, Rite Aid *RSVP Van Trip: The Seattle Great Wheel *RSVP Pool with Richard Yoga with Rhonda Bingo with Candy Lee Book Club Hand & Food Card Game Hymn Sing	Gardens Lobby Bldg 3 Meet in Your Lobby Meet in your Lobby Pool Room Bldg 2, 2 nd FL Gardens Lobby Bldg 3 Gardens Lobby Bldg 3 Parlor Bldg 2 Parlor Bldg 2 Activity Room Bldg 2
Friday the 18 th	10:00 10:30 11:00 1:00 2:30	Happy Birthday, Evelyn Bardwell! Morning Stretch Scenic Van Ride & Krispy Kreme *RSVP Tai-Chi with Robert Walking Club ~ Lincoln Park *RSVP Movie: Guess Who's Coming to Dinner, 1967, 105 mins, Spencer Tracy and Katharine Hepburn star as couple who consider themselves progressive until their only daughter brings home her African American fiancé (Sidney Poitier) Sing Along with Sue	Gardens Lobby Bldg 3 Meet in Your Lobby Activity Room Bldg 2 Meet in Your Lobby Activity Room Bldg 2 Garden Lobby Bldg 3
Saturday the 19 th	10:00 10:00 1:30 2:00	Morning Stretch Toastmasters Picnic Strength Training with Robert ~ stretching, strengthening and improving your balance. Over a matter of weeks, you will see the benefits. Music and Sing Along with Sandra Walker	Garden Lobby Bldg 3 Off Site Activity Room Bldg 2 Activity Room Bldg 2
Sunday the 20 th	9-12:30 10:30 11:30 2:00 2:00	Church Transportation *RSVP Communion Service *RSVP West Seattle Christian Communion Service Old Time Hymn Sing Along Movie: Music Man, 1962, 150 mins, Midwestern Americana: Charming con man Harold Hill (Robert Preston) wants to steal River City citizens' money with a "boys' band" scam. Also, starring Shirley Jones Scenic Van Ride *RSVP Bingo with Candy Lee	Meet in Your Lobby RSVP Parlor Bldg 4 Garden Lobby Bldg 3 Activity Room Bldg 2 Meet in Your Lobby Gardens Lobby Bldg 3