







<p><b>Monday the 15<sup>th</sup></b></p> 	<p><b>9:15</b> <b>10:00</b> <b>11:00</b> <b>11:15</b> <b>1:30</b> <b>2:00</b> <b>2:30</b></p>	<p><b>Martin Luther King Jr. Day</b></p> <p><b>CS Bible Lesson/Sermon Fellowship</b> ~ Monday-Friday <b>Morning Stretch</b> with Sue <b>Show and Share ~ Guess Who!</b> Pray the Rosary <b>Fitness</b> with Maria ~ <i>Start Out the Year Right!</i> <b>Pet Visit</b> ~ Maggie Mae <b>Word Games</b> with Christine</p>	<p><b>Study Room Bldg 3, 2<sup>nd</sup> FL</b> <b>Gardens Lobby Bldg 3</b> <b>Gardens Lobby Bldg 3</b> Dining Room Bldg 2 <b>Activity Room Bldg 2</b> <b>Gardens Lobby Bldg 3</b> <b>Activity Room Bldg 2</b></p>
<p><b>Tuesday the 16<sup>th</sup></b></p> <p><b>Downtown Appointments</b> *RSVP at Front Desk <b>206-937-6122</b></p>	<p><b>10:00</b> <b>10:30</b> <b>10:45</b> <b>11:00</b> <b>11:30</b> <b>1:30</b> <b>2:30</b> <b>3:30</b> <b>6:30</b></p>	<p><b>Morning Stretch</b> with Heather <b>Coffee Social</b> CS Daily Lifts – Sentinel Radio <b>Tai Chi</b> with Robert <b>Round Table</b> with Jim <b>Strength Training</b> with Robert <b>Bingo</b> with Candy Lee <b>Book Club:</b> National Bestseller, <i>The Know It All, J.J. Jacobs</i> ~ Humorous and Educational at the same time. Hand &amp; Foot Card Game</p>	<p><b>Gardens Lobby Bldg 3</b> <b>Dining Room Bldg 2</b> Study Room Bldg 3 2<sup>nd</sup> FL <b>Activity Room Bldg 2</b> <b>Dining Room Bldg 2</b> <b>Activity Room Bldg 2</b> <b>Gardens Lobby Bldg 3</b> <b>Parlor Bldg 2</b></p> <p>Parlor Bldg 4</p>
<p><b>Wednesday 17<sup>th</sup></b></p> 	<p><b>10:00</b> <b>10:30</b> <b>11:00</b> <b>1:30</b> <b>2:15</b></p> <p><b>3:00</b> <b>3:30</b></p>	<p><b>Morning Stretch</b> with Robert <b>Lunch Out: Chelan Cafe</b> *RSVP TMC Live Web Testimony Meeting <b>Fitness</b> with Maria ~ <i>It's True</i> ~ "Use it, or Lose it!" <b>Movie: Swing Time</b>, 1936 104 mins, classic musical, often cited as the best of the 10 Astaire and Rogers movies, Songs include "The Way You Look Tonight." <b>Color Your World</b> with Sue <b>Balloon Volleyball</b> with Sue</p>	<p><b>Gardens Lobby Bldg 3</b> <b>Meet in your Lobby</b> Study Room Bldg 3 2<sup>nd</sup> FL <b>Activity Room Bldg 2</b> <b>Activity Room Bldg 2</b></p> <p><b>Gardens Lobby Bldg 3</b> <b>Gardens Lobby Bldg 3</b></p>
<p><b>Thursday the 18<sup>th</sup></b></p> 	<p><b>10:00</b> <b>10:15</b> <b>1:30</b> <b>1:30</b> <b>2:30</b></p> <p><b>6:30</b></p>	<p><b>Morning Stretch</b> <b>QFC, Banks, Rite Aid</b> *RSVP <b>Pool Lessons</b> with Richard <b>Strength Training</b> with Robert <b>Bingo</b> with Candy Lee</p> <p><b>Fourth Annual Black and White Gala Dinner and Live Music with Dina Blade Trio</b> <b>4:30 pm, Dining Room 4</b></p> <p>Hymn Sing ~ All Welcome</p>	<p><b>Gardens Lobby Bldg 3</b> <b>Meet in Your Lobby</b> <b>Pool Room 2<sup>nd</sup> Floor, Bldg 2</b> <b>Activity Room Bldg 2</b> <b>Gardens Lobby Bldg 3</b></p> <p>Activity Room Bldg 2</p>
<p><b>Friday the 19<sup>th</sup></b></p> 	<p><b>10:00</b> <b>10:00</b> <b>10:45</b> <b>11:00</b> <b>1:30</b> <b>2:00</b> <b>2:30</b></p>	<p><b>Happy Birthday, Bill Blankenship!</b></p> <p><b>Morning Stretch</b> Women's Bible Study <b>Van Ride: Krispy Kreme</b> *RSVP <b>Tai Chi</b> with Robert <b>Fitness</b> with Maria ~ <i>Keep Moving!</i> <b>Coffee Time</b> ~ with Hot Cocoa &amp; Marshmallows <b>Armchair Traveler: Come and Enjoy Beautiful Photos of Eastern Europe to the Black Sea</b> with Dan Lee ~ Next best thing to being there!</p>	<p><b>Gardens Lobby Bldg 3</b> Meeting Room Bldg 3 2<sup>nd</sup> FL <b>Meet in Your Lobby</b> <b>Activity Room Bldg 2</b> <b>Activity Room Bldg 2</b> <b>Tea Room Bldg 3</b> <b>Activity Room Bldg 2</b></p>
<p><b>Saturday the 20<sup>th</sup></b></p> 	<p><b>10:00</b> <b>10:00</b> <b>1:30</b></p> <p><b>2:00</b> <b>2:30</b></p>	<p><b>Happy Birthday Celice Fletcher!</b></p> <p><b>Morning Stretch</b> with Robert <b>Toastmasters</b> ~ all welcome <b>Strength Training</b> with Robert ~ stretching, strengthening and improving your balance. Over a matter of weeks, you will see the benefits. <b>Sing Along</b> with Amy <b>Movie: Home Again</b>, 2017, 97 mins, Romantic Comedy starring Reese Witherspoon as a recently divorced 40-year old woman.</p>	<p><b>Garden Lobby Bldg 3</b> <b>Dining Room Bldg 2</b> <b>Activity Room Bldg 2</b></p> <p><b>Gardens Lobby Bldg 3</b> <b>Activity Room Bldg 2</b></p>
<p><b>Sunday the 21<sup>st</sup></b></p> 	<p><b>9-12:30</b> <b>11:30</b> <b>2:00</b> <b>2:30</b></p> <p><b>2:30</b></p>	<p><b>Church Transportation</b> *RSVP West Seattle Christian Communion Service <b>Old Time Hymn Sing</b> <b>Movie: Breathe</b>, 2017, 117 minutes This spirit-lifting bio-drama tells the story of Robin Cavendish, whose charmed life suddenly darkens when he's paralyzed by polio. Rather than become imprisoned by his disability, however, Robin and his wife decide to tour the world. <b>Bingo</b> with Candy Lee</p>	<p><b>Meet in Your Lobby</b> Parlor Bldg 4 <b>Gardens Lobby Bldg 3</b> <b>Activity Room Bldg 2</b></p> <p><b>Gardens Lobby Bldg 3</b></p>